

# MAHATMA GANDHI UNIVERSITY

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**MEDICAL SCIENCES & TECHNOLOGY** SITAPURA, JAIPUR

Price: `000.00

Basic B.Sc. Nursing

### SYLLAB





# MAHATMA GANDHI UNIVERSITY

MEDICAL SCIENCES & TECHNOLOGY

SITAPURA, JAIPUR

BASIC B.SC. NURSING 4 Year degree Course including Internship)



# MAHATMA GANDHI UNIVERSITY MEDICAL SCIENCES & TECHNOLOGY JAIPUR

# Syllabus

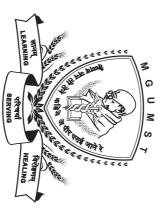
**BASIC B.SC. NURSING** 

(4 Year degree Course including Internship)

Basic B.Sc. Nursing

### NOTICE

- Amendments made by the Statutory Regulating Council i.e. Nursing Council of India in Rules/ Regulations of Graduate Nursing Courses shall automatically apply to the Rules/ Regulations of the Mahatma Gandhi University of Medical Sciences & Technology.
- The University reserves the right to make changes in the syllabus/books/ guidelines, fee-structure or any other information at any time without prior notice. The decision of the University shall be binding on all.
- The Jurisdiction of all court cases shall be Jaipur Bench of Hon'ble Rajasthan High Court only.



# PHILOSOPHY

According to "World Health Organization" (WHO), health is a state of complete physical, mental, social and spiritual wellbeing and not merely absence of disease or infirmity.

Health is a right of an individual to lead a productive life. Nurse can contribute a lot to maintain the health of an individual, family & community at large, i.e. at the bed side of the patient, in the hospital & at periphery too, being one of the health professional of Health Team.

Nurse needs to be vigilant to identify the health needs of an individual or family in question, to plan and to collaborate with other health professionals & community too i.e. to overcome the problem for the benefit of the individual, the family & the society.

Practice of nursing is based upon application & transfer of knowledge & scientific principles derived from Biological & behavioral sciences. Nurse needs to have compassion and understanding to human behavior to impart care to the individual & family with respect and dignity. Along with all this, nurse must have critical thinking, skills, competency & desired standard to practice.

Nurse teacher has to be a role model to make learning conducive for the student nurse to learn, to develop an attitude to create learning environment for their own learning and learning for the people.

Nursing education prepares its graduates to set an example to be a good citizen & nurse professionals by adhering and exhibiting code of ethics and professional conduct at all the times in achieving personal, social and professional obligation to the society.

The aim of the undergraduate nursing program is to:

(1) Prepare graduates to assume responsibilities as professionals - competent nurses and midwives to provide promotive, preventive, curative and rehabilitative services.

(2) Prepare nurses who can make independent decisions in nursing situations, protect the rights of and facilitate individuals and groups in pursuit of health, function in the hospital, community nursing services, and conduct research studies in the areas of nursing practice. They are also expected to assume the role of teacher, supervisor and manager in a clinical/public health set up.

# **OBJECTIVES:**

On completion of the four years B.Sc. Nursing program, the graduate will be able to:

- (1) Apply knowledge from physical, biological and behavioral sciences, medicine including alternative systems and nursing in providing nursing care to individuals, families and communities.
- (2) Demonstrate understanding of life style and other factors, which affect health of individuals and groups.
- (3) Provide nursing care based on steps of nursing process in collaboration with the individuals and groups.
- (4) Demonstrate critical thinking skills in making decision in all situations in order to provide quality care.
- (5) Utilize the latest trends and technology in providing health care.
- (6) Provide promotive, preventive and restorative health services in line with the national health policies and programmes.
- (7) Practice within the acceptable standards of practice as per the legal boundaries.
- (8) Communicate effectively with individuals and groups, and members of the health team in order to promote effective interpersonal relationship and teamwork.
- (9) Demonstrate skills in teaching to individuals and groups in clinical/community health set up.
- (10) Participate effectively as members of the health team in health care delivery system.

- (11) Demonstrate leadership and managerial skills in clinical/community health set up.
- (12) Conduct need based research studies in various set up and utilize the research findings to improve the quality care.
- (13)Demonstrate awareness, interest, and contribute towards advancement of self and of the profession.

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# RULES & REGULATIONS OF BASIC B.SC. NURSING (Four Years Course Including Internship)

# GENERAL RULES:

- The course of study for B.Sc. Nursing in Part-I shall be opened to both male and female candidates. The percentage of female candidates shall not fall below 50% of the total seats in all categories.
- (2) The Course of study leading to the B.Sc. Nursing Degree shall consist of four academic year incl. Internship i.e. Part-I, Part-II, Part-III and Part-IV.
- (3) Candidates must have completed the age of seventeen (17) years but not completed twenty eight (28) years in case of female and twenty five (25) years in case of male on or before thirty first (31) December of the year of admission.
- (4) Candidates must have passed the Senior Secondary School Certificate examination conducted by a statutory board at the end of 12 years study under 10+2 pattern of the Secondary subjects of the Science group (Physics, Chemistry and Biology) or any other examination recognized by the state Universities in Rajasthan as equivalent to above stated qualification on the last date of submission of application form with a minimum of fifty (50) % marks and forty five (45)% for natural born scheduled caste and scheduled tribe candidates in aggregate of English, Physics, Chemistry and biology taken together at the qualifying examination.
- (5) Selection of the candidates shall be based on the merit calculated on the basis of total marks obtained in the above stated recognized qualifying examination in the subjects English, physics, chemistry and biology only.
- (6) State Government may constitute a selection committee including a university and state nursing council. Condition of entrance examination is not mandatory asper Indian Nursing Council regulation. Admission may also be made through state government approved Federation.
- (7) 15% of the total seats will be filled up by the candidates on all India basis inclusive of Rajasthan and 16%, 12% & 21%, 1% of 15% be reserved for SC, ST, OBC and SBC respectively. The percentage of

- female candidates in general and reserve category should be as required as under ordinance.
- (8) 85% of the total seats will be filled up by the Bonafide candidates of Rajasthan. The candidates must have studied for the last three years of the qualifying examination continuously as regular candidates in recognized institution in Rajasthan.

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Natural Father/Mother of the candidates has continuously resided in Rajasthan for period of last 10 years and candidate has studied for at least 5 years in a recognized education institution in Rajasthan.

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The candidate is Son/Daughter of a serving of retired employee of (a) Government of Rajasthan including Officer of all India Service born on the state cadre of Rajasthan. (b) Undertaking officer of all India Service born on the state cadre of Rajasthan. (b) Undertaking / Corporation/Improvement Trust/Municipal board/Panchayat Samities/Co-operative bodies duly constituted by Govt. of Rajasthan by an act of law and (c) any of the University in Rajasthan or Secondary Board of Education (Rajasthan) provided that employee has put in at least three years of service in the above bodies on the last date of or submission of application in the office for admission.

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Candidates is a Son/Daughter of permanent employee of Indian defense service and the employee is either of Rajasthan origin irrespective of his place of posting at the time of last date of the application for admission. Defense personnel shall submit a certificate from his employer to the effect that his state of origin is Rajasthan at the time of his entry into service.

- (9) Reservation in seat allotment shall be as per the prevailing reservation policy of the Government.
- (10) Candidate shall be medically fit.
- (11) Curricula of self learning module in the area of biomedical waste management for nurses—and paramedical has been developed by the environment protection training and research in stitute—and reviewed by the DGHS, MOHFW. On recommendation of Rajyasabha committee, a module is to be included in the nursing curricula of B.sc (Nursing) programme by teachers. The detailed curriculum of biomedical waste management is—placed—on—the Indian nursing council website.

- (12) Environmental studies topics are incorporated in syllabus as prescribed by Indian Nursing Council.
- (13) There shall be one regular annual examinations and Supplementary examination a year.
- (14) A candidate who has completed the regular course of studied for one academic year shall be eligible for B.Sc. Nursing part-I examination.
- (15) A candidate who has passed B.Sc. Nursing Part I examination will be promoted to B.Sc. Nursing part- II course and after completion of regular course of studies for one academic year shall be eligible for B.Sc. Nursing Part II examination.
- (16) A candidate who has passed B.sc Nursing Part II examination will be promoted to B.sc Nursing Part III course and after completion of regular course of study foe one academic year shall be eligible for B.sc Nursing Part III examination.
- (17) A candidate who has passed B.sc Nursing Part III examination will be promoted to B.sc Nursing Part IV course and after completion of regular course of studies for one academic year shall be eligible for B.sc Nursing Part IV examination.
- (18) A candidate who failed in one or more subject in B.sc Nursing Part I/II/III will be promoted to next class. He can take any number of attempts with a condition that maximum period to complete the course shall not exceed eight years. However, all papers need to be cleared before appearing in B.sc Nursing Part IV examination.
- (19) The college shall not submit students average internal marks more than 75% i.e. if 40 students are admitted in the course then the average score of the 40 student shall not exceed 75%.
- (20) Required percentage of attendance for a appearing in any paper of B.Sc. Nursing Part I, Part- II, part- III and Part IV shall be 80% of the total prescribed theory. A candidate must have 100% attendance in each of the practical areas and internship before award of degree. Candidates marks sheets and degree certificates shall be withheld until completion requirements are met for the candidates who do not fulfill the above said criteria.
- (21) The examination shall be conducted by means of written paper and viva voce and practical examination. Candidates shall be required to pass separately in written and practical examination. For practical examinations, there shall be two examiners (one Internal and one External).

- (22) Minimum pass marks shall be 50% of the total prescribed marks in each of the theory and practical papers separately, except Hindi and English papers for which the minimum pass marks shall be 40% of the total prescribed marks.
- (23) Candidates who have obtained 75% or above of the maximum marks will be declared having distinction in the subject.
- (24) A candidate may improve his/her internal assessment marks whenever he/she reappears. Incase the candidate does not improve his/her earlier internal assessment marks or does not opt for improvement, his/her earlier internal assessment marks would be conveyed by the principal to the university. No change in the internal marks once conveyed to the university would be possible.
- (25)On completion of internship, internal assessment out of 100 marks should be sent to the University for Inclusion in the mark sheet.
- (26) Final year examination result shall be with held till the candidate completes required attendance for practical and internship.
- (27) Inclusion of MLHP (Middle Level Health Provider) topic and log book in community health nursing B.sc nursing Part-IV.

### Duration

Internship practical	Hours per week	Vacation	Weeks available per year	Course Duration
II	II	II	II	II
48 hours per week	36	4 weeks annual vacation	52 weeks	4 Years

# COURSE OF INSTRUCTION

### First Year

Subject	Theory (In hrs) (Class and lab)	Practical (In hrs) (Clinical)	(In Hrs)
1. Hindi (Qualifying Subject)	30	-	
1. * English (qualifying Subject)	60	-	
2. Anatomy	60	-	
3. Physiology	60	-	
4. Nutrition	60	-	
5. Biochemistry	30	-	
6. Nursing Foundations	265+200	450	
7. Psychology	60	-	
8. Microbiology	60	-	
9. Introduction to Computers	45	-	
10. Library work / Self Study			50
11. Co-curricular activities			50
Total Hours	930	450	100
Total Hours = 1480 hrs			
		7	111 .11 1

of B.Sc. (Part-I) syllabus in force. \*The course content and scheme of Examination of Paper-1 and Paper-11 will be

			Total Hours = 1480 hrs.
85	855	540	Total Hours
35	•		9. Co-curricular activities
50	•		8. Library work / Self Study
	•	00.30	Technology
		60+30	7. Communication and Educational
	135	90	6. Community Health Nursing – I
	120	210	including geriatrics) – I
	720	210	5. Medical-Surgical Nursing (Adult
	•	15	4. Genetics
	-	30	3. Pathology
	•	45	2. Pharmacology
	-	60	1. Sociology
(111 1113)	(Clinical)	(Class and lab)	Subject
(In Unc)	Practical (In hrs)	Theory (In hrs)	Sibilat
			DECOMO TEST

### Third Year

			Total Hours = 1480 hrs.
100	990	390	Total Hours
50			7. Co-curricular activities
50			6. Library work / Self Study
		45	5. Nursing Resarch
	180	45	4. Midwifery and Obstetrical nursing
	270	90	3. Mental Health Nursing
	270	90	2. Child Health Nursing
	270	120	Medical-Surgical Nursing (Adult including geriatrics) – II
(In Hrs)	Practical (In hrs) (Clinical)	Theory (In hrs) (Class and lab)	Subject

## Fourth Year

135	315	C77	
- 35		775	Total Hours
35		00.00	and education
35		60+30	3. Management of Nursing Services
	13	90	2. Community Health Nursing - II
180*	18	45	1. Midwifery and Obstetrical nursing
l (In hrs)   (In Hrs)	Practical (In hrs) (Clinical)	Theory (In hrs) (Class and lab)	Subject

<sup>\*</sup> Project work to be carried out during internship

# **Internship (Integrated Practice)**

Practical = 30 hours per week

Subject	Theory	Practical (In hrs)	In Weeks
1. Midwifery and Obstetrical nursing		240	5
2. Community Health Nursing – II		195	4
3. Medical Surgical Nursing (Adult and		027	0
Geriatric)		430	7
4. Child Health		144	3
5. Mental Health		96	2
6. Research Project		48	1
Total Hours		1152	24
Total Hours = 1692 Hours			

- Internship means 8 hours of integrated clinical duties in which 2 weeks of evening and night shift duties are included.
- Internship should be carried out as 8 hours per day @ 48 hours per week.
- Students during internship will be supervised by nursing teachers.
- Fourth year final examination to be held only after completing internship.

# SCHEME OF EXAMINATION

### irst Year

Code			Theory	,	Pr	Practical		Grand
No.	Subject	Ext.	Int.	Total	Practical	Int.	Total	Total
3010	Paper I	75	3.0	100				100
	Anatomy & Physiology	13	23	100	-	-	,	100
3020	Paper II							
	Nutrition and	75	25	100	1	1	,	100
	Biochemistry							
3030	Paper III	75	> C	100	100	001	200	005
	Nursing Foundation	13	23	100	100	100	200	500
3040	Paper IV	75	7 6	100				100
	Psychology	13	23	100	-		,	100
3050	Paper V	75	> C	100				100
	Microbiology	13	23	100	•			100
3060	Paper VIII	75	7 6	100	Non I Ind			100
	Introduction to computer	13	23	100	Non Chiversity Exam.	versity	Exam.	100
3070	Paper VI	75	3.0	100				100
	English	13	23	100	-	-	,	100
3080	Paper VII	75	> C	100				001
	Hindi	,,	23	100	•		•	100

Theory exams for introduction to computer to be conducted as College exam and marks to be sent to the University for Inclusion in the mark sheet.

## Second Year

Secound Tent	u icui							
Code	Subject		Theory	7	Pr	Practical		Grand
No.	Subject	Ext.	Int.	Total	Practical	Int.	Total	Total
3210	3210 Paper I	75	30	100				100
	Sociology	7.5	23	100	•	,		100
3220	Paper II							
	Medical Surgical Nursing	75	25	100	100	100	200	300
	- I							
3230	3230   Paper III							
	Pharmacology,	75	25	100	1			100
	Pathology, Genetics							
3240	3240 Paper IV							
	Community Health	75	25	100	1			100
	Nursing –I							
3250	Paper V							
	Communication and	75	25	100	1			100
	Educational Technology							

### Third Year

Code	Subject		Theory	7	Pr	Practical		Grand
No.		Ext.	Int.	Total	Int.   Total   Practical   Int.	Int.	Total	Total
3410	Paper I							
	Medical Surgical	75	25	100	50	50	100	200
	Nursing – II							
3420	Paper II	75	25	100	95	50		200
	Child Health Nursing	7.5	23	100	30	00	100	200
3430	Paper III	75	7	100	50	50		300
	Mental Health Nursing	7.5	23	100	30	50	100	200
3440	Paper IV							
	Nursing Research	75	25	100	ı	ı		100
	& Statistics							

## Fourth Year

Code	Salting		Theory	,	Pr	Practical		Grand
No.	Subject	Ext.	Int.	Total	Int.   Total   Practical   Int.	Int.	Total	Total
3610	3610 Paper I							
	Midwifery and	75	25	100	50	50	100	200
	Obstetrical Nursing							
3620	3620 Paper II							
	Community Health	75	25	100	50	50	100	200
	Nursing - II							
3630	3630 Paper III							
	Management of Nursing	75	25	100	1	,	'	100
	Services and Education							

### Note:

- Anatomy and Physiology-Question paper will consist of Section A Anatomy of 37 marks and B Physiology should be of 38 marks.
- Nutrition and Biochemistry: Question paper will consist of Section A Nutrition of 45 marks and Section B of Biochemistry of 30 marks.
- Pharmacology, Genetics, Pathology: Section A Pharmacology of 38 marks, Section B Pathology 25 marks and Genetics of 12 marks.
- Nursing Research & Statistics: Nursing Research should be of 50 marks and Statistics of 25 marks.
- Theory exams for Introduction to Computer to be conducted as College exam and marks to be sent to the University for Inclusion in the marks sheet.
- Minimum pass marks shall be 50% in each of the theory and practical papers separately, except Hindi and English where the pass marks shall be 40%.
- A candidate must have minimum of 80% attendance (irrespective of the kind of absence) in theory and practical in each paper for appearing for examination.
- A candidate must have 100% attendance in each of the practical areas before award of degree.
- 9. A candidate failing in either theory or practical of a paper will have to reappear in both the parts (Theory and Practical) of that paper.
- 10. The maximum period to complete the course successfully shall not exceed 8 years.
- 11. All practical examinations must be held in the respective clinical areas.
- 2. One internal and one external examiner should jointly conduct practical examination for each student.
- 3. An examiner should be a lecturer or above in a college of nursing with M.Sc. (N) in concerned subject and minimum of 3 years of teaching experience. To be an examiner for Nursing Foundations course faculty having M.Sc. (N) with any specialty shall be considered.

### (3010) ANATOMY & PHYSIOLOGY

75 Marks Theory 25 Marks

Internal Assessment **Total** 100 Marks

**Duration** 3 Hrs.

Anatomy and Physiology-Question paper will consist of Section A Anatomy of 37 marks and B Physiology should be of 38 marks.

**Section A : ANATOMY** (Max. Marks 37)

### Placement - First Year

Course Description: The course is designed to enable students to acquire knowledge of the normal structure of various human body systems and understand the alterations in anatomical structure in disease and practice of nursing.

1	Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
	I	5	Describe the anatomical terms, organization of human body and structure of cell, tissues, membranes and glands	Introduction to Anatomical terms organization of the human body  • Human Cell structure  • Tissues –Definition, types, characteristics, classification, location, functions and formation  • Membranes and glands, classification and structure  • Alterations in disease  • Applications and implications in nursing	Lecture discussion     Explain using charts, microscopic slides, skeleton & torso     Demonstrate cells, types of tissues membranes and glands     Record book	<ul> <li>Short         answers         questions</li> <li>Objective         type</li> </ul>

	Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
	II	6	Describe the structure & function of bones and joints	<ul> <li>The Skeletal System</li> <li>Bones-types, structure, Axial &amp; Appendicular Skeleton</li> <li>Bone formation and growth</li> <li>Description of bones</li> <li>Joints-classification and structure</li> <li>Alterations in disease</li> <li>Applications and Implications in nursing</li> </ul>	<ul> <li>Lecture discussion</li> <li>Explain using charts, skeleton, loose bones, and joints</li> <li>Record book</li> </ul>	<ul> <li>Short answers questions</li> <li>Objective type</li> </ul>
14	III	7	Describe the structure and function of muscles	<ul> <li>The Muscular System</li> <li>Types and structure of muscles</li> <li>Muscle groups</li> <li>Alterations in disease</li> <li>Applications and Implications in nursing 1</li> </ul>	<ul> <li>Lecture discussion</li> <li>Explain using charts, model and films</li> <li>Demonstrate muscular movements</li> <li>Record book</li> </ul>	<ul><li>Short answers questions</li><li>Objective type</li></ul>
	IV	6	Describe the structure & function of nervous system	The Nervous System  • Structure of neurologia & neurons  • Somatic Nervous system  • Structure of brain, spinal chord, cranial nerves, spinal nerves, peripheral nerves	<ul> <li>Lecture discussion</li> <li>Explain using models, charts, slides, specimens</li> <li>Record book</li> </ul>	<ul> <li>Short answers questions</li> <li>Objective type</li> </ul>

Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
			<ul> <li>Automatic nervous system-sympathetic, parasympathetic</li> <li>Structure, location</li> <li>Alterations in disease</li> <li>Applications and Implications in nursing</li> </ul>		
V	6	• Explain the structure & functions of sensory organs	<ul> <li>The Sensory Organs</li> <li>Structure of skin, eye, ear, nose, tongue, (auditory and olfactory apparatus)</li> <li>Alterations in disease</li> <li>Applications and Implications in nursing</li> </ul>	<ul> <li>Lecture discussion</li> <li>Explain using models, charts, slides, specimens</li> <li>Record book</li> </ul>	<ul><li>Short answers questions</li><li>Objective type</li></ul>
VI	7	Describe the structure & function of circulatory and lymphatic system	Circulatory and lymphatic system  • The circulatory system  • Blood – Microscopic structure  • Structure of heart  • Structure of blood vessels – arterial & Venous System  • Circulation: systematic, pulmonary, coronary  • Lymphatic system	Lecture discussion     Explain using models, charts, slides, specimens     Record book	<ul> <li>Short answers questions</li> <li>Objective type</li> </ul>

	Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
				<ul> <li>Lymphatic vessels and lymph</li> <li>Lymphatic tissues</li> <li>Thymus gland</li> <li>Lymph nodes</li> <li>Spleen</li> <li>Lymphatic nodules</li> <li>Alterations in disease</li> <li>Applications and Implications in nursing</li> </ul>		
16	VII	5	Describe the structure & function of respiratory system	<ul> <li>The Respiratory system</li> <li>Structure of the organs of respiration</li> <li>Muscles of respiration:     Intercostals and Diaphragm </li> <li>Alterations in disease</li> <li>Applications and Implications in nursing</li> </ul>	Lecture discussion     Explain using models; torso, charts, slides, specimens     Record book	Short answers questions     Objective type
	VIII	6	Describe the structure & function of digestive system	<ul> <li>The Digestive System</li> <li>Structure of Alimentary tract and accessory organs of digestion</li> <li>Alterations in disease</li> <li>Applications and Implications in nursing</li> </ul>	Lecture discussion     Explain using models; torso, charts, slides, specimens     Record book	Short answers questions     Objective type

Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
IX	4	Describe the structure & function of excretory system	The Excretory System (Urinary) • Structure of organs of urinary system: kidney, urethra, urinary bladder, urethra structure of skin • Alterations in disease • Applications and Implications in nursing	Lecture discussion     Explain using models; torso, charts, slides, specimens     Record book	<ul><li>Short answers questions</li><li>Objective type</li></ul>
X	4	Describe the structure & function of endocrine system	<ul> <li>The Endocrine System</li> <li>Structure of Pituitary, Pancreas, Thyroid, Parathyroid, Thymus and Adrenal Glands</li> <li>Alterations in disease</li> <li>Applications and Implications in nursing</li> </ul>	Lecture discussion     Explain using models; torso, charts, slides, specimens     Record book	<ul><li>Short answers questions</li><li>Objective type</li></ul>
XI	4	Describe the structure & function of reproductive system	The Reproductive system including breast: Structure of female reproductive organs • Structure of male reproductive organs • Structure of breast • Alterations in disease • Applications and Implications in nursing	<ul> <li>Lecture discussion</li> <li>Explain using models; torso, charts, slides, specimens</li> <li>Record book</li> </ul>	<ul> <li>Short answers questions</li> <li>Objective type</li> </ul>

### **Section B: PHYSIOLOGY**

(Max. Marks - 38)

### Placement-First Year

Course Description: The Course is designed to assist the students to acquire knowledge of the normal physiology of various human body systems and understand the alterations in physiology in disease and practice of nursing.

Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
Ι	4	• Describe the physiology of cell, tissues, membranes and glands	<ul> <li>Cell Physiology</li> <li>Tissue – formation, repair</li> <li>Membrane &amp; glands-functions</li> <li>Alterations in disease</li> <li>Applications and Implications in nursing</li> </ul>	Lecture discussion	<ul> <li>Short     answers     questions</li> <li>Objective     type</li> </ul>
II	4	Describe the bone formation and growth and movements of skeleton system	<ul> <li>Skeletal System</li> <li>Bone formation &amp; Growth</li> <li>Bones-functions and movements of bones of axial and appendicular skeleton, bone healing</li> <li>Joints and joint movement</li> <li>Alterations in disease</li> <li>Applications and Implications in nursing</li> </ul>	<ul> <li>Lecture discussion</li> <li>Explain using charts, models and films</li> <li>Demonstration of joint movements</li> </ul>	<ul> <li>Short         <ul> <li>answers</li> <li>questions</li> </ul> </li> <li>Objective type</li> </ul>
III	4	Describe the muscle movements and tone & demonstrate muscle contraction & tone	Muscular System     Muscle movements, muscle tone, physiology of muscle contraction, levels and maintenance of posture	Lecture discussion     Explain using charts, models and films	• Short answers questions

			Alterations in disease     Applications and Implications in nursing	Demonstration of muscle movements, tone and contraction	Objective type
IV	7	Describe the physiology of nerve stimulus, reflexes, brain, cranial and spinal nerves     Demonstrate reflex action and stimulus	Nervous System  Functions of Neurolgia & Neurons  Stimulus & nerve-impulsedefinitions and mechanism  Functions of brain, spinal cord, cranial and spinal nerves  Cerebrospinal fluid-composition, circulation and function  Reflex arc, Reflex action and Reflexes  Automatic functions-  Pain, somatic, visceral and referred.  Automatic learning and biofeedback  Alterations in disease  Applications and Implications in nursing	Lecture discussion     Explain using charts, models and films     Demonstration nerve stimulus, reflex action, reflexes	<ul> <li>Short answers questions</li> <li>Objective type</li> </ul>
V	8	Describe the physiology of blood and functions of heart	Circulatory System Blood formation, composition, blood groups, blood coagulation Hemoglobin: Structure, Synthesis and breakdown, variation of molecules, estimation	Lecture discussion     Explain using charts, models and films	<ul><li>Short answers questions</li><li>Objective type</li></ul>

		Demonstrate blood cell count, coagulation, grouping, Hb: BP and Pulse monitoring	<ul> <li>Functions of Heart, conduction, Cardiac cycle, circulation- Principles, control, factors influencing BP and pulse</li> <li>Alterations in disease</li> <li>Applications and Implications in nursing</li> </ul>	<ul> <li>Demonstration of Blood cell count, coagulation, grouping, Hemoglobin estimation, heart conduction system</li> <li>Measurement of pulse BP</li> </ul>	
VI	6	<ul> <li>Describe the physiology and mechanisms of respiration</li> <li>Demonstrates spirometry</li> </ul>	The Respiratory System  Functions of respiratory organs  Physiology of respiration  Pulmonary ventilation, volume  Mechanics of respiration  Gaseous exchange in lungs  Carriage of oxygen & carbon dioxide  Exchange of gases in tissues  Regulation of respiration  Alterations in disease  Application and Implications in nursing	Lecture discussion     Explain using charts, models and films     Demonstration of spirometry	<ul> <li>Short answers questions</li> <li>Objective type</li> </ul>
VII	6	<ul> <li>Describe the physiology of digestive system</li> <li>Demonstrates BMR</li> </ul>	The Digestive System • Functions of organs of digestive tract. Movements of alimentary tract, digestion in mouth, stomach, small intestines, large intestines, absorption of food. Functions of liver, bladder and pancreas	Lecture discussion     Explain using charts, models and films	<ul> <li>Short     answers     questions</li> <li>Objective     type</li> </ul>

				Metabolism of carbohydrates, protein and fat		
]	VIII	5	Describe the physiology of excretory system	The Excretory System  Functions of kidneys, ureters, urinary bladder & urethra  Composition of urine  Mechanism of urine formation  Functions of skin  Regulation of body temperature  Fluid and electrolyte balance  Alterations in disease  Applications and Implications in nursing	Lecture discussion     Explain using charts, models and films	<ul> <li>Short answers questions</li> <li>Objective type</li> </ul>
	IX	4	Describe the physiology of sensory organs	<ul> <li>The Sensory Organs</li> <li>Functions of skin, eye, ear, nose, tongue</li> <li>Alterations in disease</li> <li>Applications and Implications in nursing</li> </ul>	Lecture discussion     Explain using charts, models and films	• Short answers questions • Objective type
	X	5	Describe the physiology of endocrine glands	The Endocrine System  • Functions of Pituitary, pineal body, thymus, thyroid, parathyroid, parathyroid, pancreas, suprarenal, Placenta and ovaries & Testes  • Alterations in disease  • Applications and Implications in nursing	Lecture discussion     Explain using charts, models and films     Demonstration of BMR	<ul> <li>Short answers questions</li> <li>Objective type</li> </ul>

] 22	XI	5	Describe the physiology of Male and Female reproductive system	The Reproductive System  Reproduction of cells-DNA  Mitosis, Meosis, spermatogenesis, oogenesis  Functions of female reproductive organs; functions of breast, female sexual cycle  Introduction to embryology  Functions of male reproductive organs, male functions in reproduction, male fertility system  Alterations in disease  Applications and Implications in nursing	Lecture discussion     Explain using charts,     Films, models,     specimens	Short     answers     questions     Objective     type
	XII	2	Describe the physiology of Lymphatic and Immunological system	Lymphatic and Immunological system  Circulation of lymph Immunity Formation of T-Cells and B cells Types of Immune response Antigens Cytokines Antibodies	Lecture discussion     Explain using charts, models and films	<ul> <li>Short     answers     questions</li> <li>Objective     type</li> </ul>

First Basic B.Sc. (Nursing)

Anat. & Physio. - I

First Year Basic B.Sc Nursing (Main)

**Examination Month Year** 

ANATOMY AND PHYSIOLOGY

Paper I

Time: Three Hours

Maximum Marks: 75

This Question paper consists of Section A Anatomy of 37 marks and B Physiology of 38 marks

Use separate answer-book for each section

Section - A

ANATOMY

Q.No.3 Short Answer Type (6) Q.No 2 Short Essay Type (Attempt any three out of five) 5x3=15Q.No.1 Long essay Type (Attempt any one out of two) 10x1=102x6 = 12

Section – B

**PHYSIOLOGY** 

Q.No.3 Short Answer Type (4) Q.No 2 Short Essay Type (Attempt any four out of six) Q.No.1 Long essay Type (Attempt any one out of two) 10x1=105x4 = 20

MODEL PAPER

First Basic B.Sc. (Nursing)

Anat. & Physio. - I

3010

First Year Basic B.Sc Nursing (Main)

**Examination Month Year** 

ANATOMY AND PHYSIOLOGY

Paper I

Time: Three Hours

Maximum Marks: 75

This Question paper consists of Section A Anatomy of 37 marks and B Physiology of 38 marks

Use separate answer-book for each section

Section - A

ANATOMY

Q.No.1 Long essay (Attempt any One)

10x1 = 10

(a) List the organs of alimentary canal. Explain stomach in detail.

(b) Describe the various endocrine glands. Explain thyroid gland in detail

Q.No.2 Short essay (Attempt any Three)

5x3 = 15

- (a) Muscle tissue
- (b) Types of joints giving example of each
- (c) Lymph node
- (d) Mandibular nerve
- (e) Functional areas and arterial supply of Cerebrum

Q.No.3 Shortanswers

2x6 = 12

- (a) Nucleus
- (b) Brachial Plexus
- (c) Muscles supplied by Radial nerve
- (d) Abdominal aorta
- (e) Surface marking of Heart
- (f) Muscles of Mastication

# PHYSIOLOGY (a) Long essay (Attempt any One) (a) What is blood pressure? Describe effect of exercise on BP.

Section – B

Short essay (Attempt any Four

Menstrual cycle

9

Explain in detail urine formation

**50000** 

Hearing

Function of blood

Aldosterone hormone

Conducting system of heart

2x4=

**Short answers** 

Cardiac cycle

Factors affecting blood pressure

List down the functions of liver

Function of cerebrum

Mechanism of blood coagulation

### (3020) NUTRITION & BIOCHEMISTRY

Theory - 75 Marks Internal Assessment - 25 Marks

Total - 100 Marks
Duration - 3 Hrs.

Nutrition and Biochemistry Question paper will consist of Section A nutrition of 45 marks and Section B of Biochemistry of 30 marks.

### **Section A: Nutrition** Max. Marks - 45

### Placement-First Year

Course Description: The Course is designed to assist the students to acquire knowledge of nutrition for maintenance of optimum health at different stages of life and its application for practice of nursing.

]	Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
	I	4	Describe the relationship between nutrition & health	Introduction  Nutrition History Concepts Role of nutrition in maintaining health Nutritional problems in India National nutritional policy Factors affecting food and nutrition: socio-economic, cultural, tradition, production, system of distribution, life style and food habits etc. Role of food and its medicinal value	<ul> <li>Lecture discussion</li> <li>Explain using charts, microscopic slides, skeleton &amp; torso</li> <li>Demonstrate cells, types of tissues membranes and glands</li> <li>Record book</li> </ul>	<ul> <li>Short answers questions</li> <li>Objective type</li> </ul>

			Classification of foods Food standards Elements of nutrition: macro and micro Calorie, BMR		
II	2	Describe the classification, functions, sources and recommended daily allowances (RDA) of carbohydrates	Carbohydrates  Classification Caloric value Recommended daily allowances Dietary sources Functions Digestion, absorption and storage, metabolism of carbohydrates Malnutrition: Deficiencies and over consumption	Lecture discussion     Explaining using charts	<ul> <li>Short answers questions</li> <li>Objective type</li> </ul>
III	2	Describe the classification, functions, sources and recommended daily allowances (RDA) of fats	<ul> <li>Fats</li> <li>Classification</li> <li>Recommended daily allowance</li> <li>Dietary sources • Functions</li> <li>Digestion, absorption and storage, metabolism</li> <li>Malnutrition: Deficiencies and over consumption</li> </ul>	Lecture discussion     Explaining using charts	<ul> <li>Short answers questions</li> <li>Objective type</li> </ul>

	IV	2	Describe the classification, functions, sources and recommended daily allowances (RDA) of Proteins	Proteins	Lecture discussion     Explaining using charts	<ul> <li>Short     answers     questions</li> <li>Objective     type</li> </ul>
	V	3	Describe the daily calorie requirement for different categories of people	<ul> <li>Energy</li> <li>Unit of Energy – Kcal</li> <li>Energy requirements of different categories of people.</li> <li>Measurements of energy.</li> <li>Body Mass Index (BMI) and basic metabolism</li> <li>Basal Metabolic Rate (BMR) – determination and factors affecting</li> </ul>	<ul> <li>Lecture discussion</li> <li>Explaining, Using chart</li> <li>Exercise</li> <li>Demonstration</li> </ul>	<ul> <li>Short     answers     questions</li> <li>Objective     type</li> </ul>
	VI	4	Describe the classification, functions, sources and recommended daily allowances (RDA) of Vitamins	Vitamins	Lecture discussion     Explaining using charts	Short     answers     questions     Objective     type

			<ul> <li>Absorption, synthesis, metabolism storage and excretion</li> <li>Deficiencies</li> <li>Hypervitaminosis</li> </ul>		
VII	4	Describe the classification, functions, sources and recommended daily allowances (RDA) of Minerals	Minerals  Classification Recommended daily allowances Dietary sources Functions Absorption, synthesis, metabolism storage and excretion Deficiencies Over consumption and toxicity	Lecture discussion     Explaining using charts	<ul> <li>Short answers</li> <li>Objective type</li> </ul>
VIII	3	Describe the sources, functions and requirements of water & electrolytes	Water & Electrolytes  Water: Daily requirements, regulation of water metabolism, distribution of body water.  Electrolytes; types, sources, composition of body fluids  Maintenance of fluid & electrolyte balance	Lecture discussion     Explaining using charts	<ul> <li>Short answers</li> <li>Objective type</li> </ul>

			and water intoxication • Electrolyte imbalances		
IX	5	Describe the cookery rules and preservation of nutrients     Prepare and serve sample beverages and different types of foods	Cookery rules and preservation of nutrients  Principles, methods of cooking and serving Preservation of nutrients Safe food handing – toxicity Storage of food Food preservation, food additives and its principles Prevention of Food Adulteration Act (PFA) Food standards Preparation of simple beverages and different types of food	<ul> <li>Lecture discussion</li> <li>Demonstration</li> <li>Practice session</li> </ul>	Short answers     Objective type     Assessment of practice session
X	7	Describe and plan balanced diet for different categories of people	Balanced diet  • Elements  • Food groups  • Recommended daily allowance  • Nutritive value of foods  • Calculation of balanced diet for different categories of people	<ul> <li>Lecture discussion</li> <li>Explaining using charts</li> <li>Practice session</li> <li>Meal planning</li> </ul>	Short     answers     Objective     type     Exercise on     menu     planning

• Over hydration, dehydration

			<ul> <li>Planning menu</li> <li>Budgeting of food</li> <li>Introduction to therapeutic diets.</li> <li>Naturopathy-diet</li> </ul>		
XI	4	Describe various national programs related to nutrition     Describe the role of nurse in assessment of nutritional status and nutrition education	Role of nurse in nutritional programmes  National programmes related to nutrition  Vitamin A deficiency programme  National Iodine Deficiency Disorders (IDD) programme  Mid-day meal programme  Integrated Child Development Scheme (ICDS)  National and International agencies working towards food/nutrition  NIPCCD, CARE, FAO, NIN, CFTRI (Central Food Technology and Research Institute) etc.  Assessment of nutritional status  Nutrition education and role of nurse	Lecture discussion     Explaining with     Slide / film shows     Demonstration of assessment of nutritional status	<ul> <li>Short answers</li> <li>Objective type</li> </ul>

### **Section B: BIOCHEMISTRY**

(Max. Marks - 30)

 $Placement\!-\!First\,Year$ 

Course Description: The Course is designed to assist the students to acquire knowledge of the normal biochemical composition and functioning of human body understand the alterations in biochemistry in diseases for practice of nursing.

Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
I	3	<ul> <li>Describe the structure composition and functions of cell</li> <li>Differentiate between Prokaryote and Eukaryote cell</li> <li>Identify techniques of microscopy</li> </ul>	<ul> <li>Introduction</li> <li>Definition &amp; significance in nursing</li> <li>Review of structure, composition and functions of cell</li> <li>Prokaryote and Eukaryote cell organization</li> <li>Microscopy</li> </ul>	<ul> <li>Lecture discussion using charts, slides</li> <li>Demonstrate use of microscope</li> </ul>	<ul><li>Short answers</li><li>Objective type</li></ul>
II	6	Describe the structure and functions of cell membrane	Structure and function of cell membrane  • Fluid mosaic model tight junctions, cytoskeleton  • Transport mechanism – diffusion, Osmosis, filtration, active channel, sodium pump  • Acid base balance – maintenance & diagnostic tests of Ph buffers	Lecture discussion	<ul> <li>Short answers</li> <li>Objective type</li> </ul>

III	6	Explain the metabolism of carbohydrates	Composition and Metabolism of Carbohydrates  Types, structure, composition and uses o Monosaccharides, Disaccharides, Polysaccharides, Oligosaccharides Metabolism o Pathways of glucose o Glycolysis o Gluconeogenesis: Cori's cycle, o Tricarboxylic Acid (TCA) Cycle o Glycogenolysis o Pentose phosphate pathways (Hexose monophosphate) o Regulation of blood glucose levels Investigations and their interpretations	Lecture discussion     Demonstration of blood glucose monitoring	<ul> <li>Short answers</li> <li>Objective type</li> </ul>
IV	4	Explain the metabolism of lipids	Composition & Metabolism of lipids Types, structure, composition and uses of fatty acids Nomenclature, roles and prostaglandins	charts	<ul><li>Short answers</li><li>Objective type</li></ul>

			<ul> <li>Metabolism of fatty acid</li> <li>Breakdown</li> <li>Synthesis</li> <li>Metabolism of triacylglycerols</li> <li>Cholesterol metabolism</li> <li>Biosynthesis and its regulation</li> <li>Bile salts and Bilirubin</li> <li>Vitamin D</li> <li>Steroid hormones</li> <li>Lipoproteins and their functions</li> <li>VLDLs-IDLs,LDLs andHDLs</li> <li>Atherosclerosis</li> <li>Investigations and their interpretations</li> </ul>		
V	6	Explain the metabolism of Amino Acids and Proteins	Composition & metabolism of Amino Acid & Proteins  Types, structure, composition and uses of amino acids and proteins  Metabolism of amino acids and proteins  Protein synthesis, targeting and glycosylation Chromatography Electrophoresiso Sequencing	<ul> <li>Lecture discussion using charts</li> <li>Demonstration of laboratory tests</li> </ul>	Short answers

			Metabolism of nitrogen     Fixation and Assimilation     Urea cycle     Hemes and chlorophylls     Enzymes and co-enyzmes     Classification     Properties     Kinetics and inhibition     Control     Investigations and their interpretations		
VI	2	Describe types, composition and utilization of Vitamins & Minerals	Composition of Vitamins and Minerals  • Vitamins and Minerals: o Structure o Classification o Properties o Absorption o Storage & transportation o Normal concentration investigations and their interpretations	Lecture discussion using charts     Demonstration of laboratory tests	<ul> <li>Short         <ul> <li>answers</li> </ul> </li> <li>Objective         <ul> <li>type</li> <li>Deformities</li> </ul> </li> </ul>
VII	3	Describe Immunochemistry	Immunochemistry o Immune o Classification of Immunoglobins	<ul> <li>Lecture discussion using charts</li> <li>Demonstration of laboratory tests</li> </ul>	<ul><li>Short answers</li><li>Objective type</li></ul>

			o Mechanisms of antibody production o Applying o Antioxidants specialized protein; collagen, elastiva, keratin, myosin, lens proteins • Electroprotein and quantitative determination of immunoglobins o ELISA etc. • Investigation and their interpretations		
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First Basic B.Sc. (Nursing)

Nutr. & Biochem. - II

First Year Basic B.Sc Nursing (Main)

**Examination Month Year** 

**NUTRITION AND BIOCHEMISTRY** 

Paper II

Time: Three Hours

Maximum Marks: 75

This Question paper consists of Section A Nutrition of 45 marks and B Biochemistry of 30 marks

Use separate answer-book for each section

Section - A

NUTRITION

Q.No.1 Long essay Type (Attempt any one out of two) 10x1=10

Q.No 2 Short Essay Type (Attempt any five out of seven) 5x5

Q.No.3 Short Answer Type (5)

2x5 = 10

**BIOCHEMISTRY** Section – B

Q.No.1 Long essay Type (Attempt any one out of two) 10x1=10

Short Essay Type (Attempt any two out of four) 5x2=10

Q.No.3 Short Answer Type (5)

2x5 = 10

First Basic B.Sc. (Nursing)

Nutr. & Biochem. - II

NUTRITION AND BIOCHEMISTRY First Year Basic B.Sc Nursing (Main) **Examination Month Year** 

Paper II

Maximum Marks: 75 Time: Three Hours

This Question paper consists of Section A Nutrition of 45 marks and B Biochemistry of 30 marks

Use separate answer-book for each section

Section – A

NUTRITION

Long essay (Attempt any One)

(a) Define balanced diet. Discuss briefly about over nutrition.

(b) Write down source, function and deficiency of vitamin

Short essay (Attempt any Five)

5x5 = 25

(a) Methods of cooking

(b) PFA act

(c) Classification of food

(d) Vitamin D

(e) Relationship between nutrition and health

(f) Classification of carbohydrate

(g) Malnutrition

Q.No.3 Short answers

(a) Niacin

(b) RDA

(c) Calcium

(d) Fatty acid

(e) Essential Amino acid

	BIOCHEMISTRY	
Q.No.1	<ul><li>Q.No.1 Long essays (Attempt any One)</li><li>(a) Discuss urea cycle.</li><li>(b) Classification of enzyme.</li></ul>	10x1=10
Q.No.2	<ul><li>Q.No.2 Short essays (Attempt any Two)</li><li>(a) Oxidative phosphorylation</li><li>(b) Essential amino acid</li></ul>	5x2=10
Q.No.3	(d) Fatty acid  Q.No.3 Shortanswers	2x5=10

### (3030) NURSING FOUNDATION

(a) Phospholipids(b) Pyridoxine(c) Ketosis(d) Electrophoresis(e) Kwashiorkor

Theory - 75 Marks Internal Assessment - 25 Marks

Practical - 100 Marks
Internal Assessment - 50 Marks

Total - 250 Marks Duration - 3 Hrs. (Theory)

Placement-First Year

**Course Description:** The Course is designed to help the students to develop an understanding of the philosophy, objectives, theories and process of nursing in various supervised clinical settings. It is aimed at helping the students to acquire knowledge, understanding and skills in techniques of nursing and practice them in Supervised Clinical settings.

Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
I	10	Describe the concept of heath, illness and health care agencies	<ul> <li>Introduction</li> <li>Concepts of Health: Health Illness continuum</li> <li>Factors influencing health</li> <li>Causes and risk factors for developing illness</li> <li>Body defenses: Immunity and immunization</li> <li>Illness and illness Bheaviours:</li> <li>Impact of illness on patient and family</li> <li>Health care services, health promotion and prevention, primary care, diagnosis,</li> </ul>	Lecture discussion     Visit to health care agencies	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> </ul>

			treatment, Rehabilitation and continuing care  • Health care teams  • Types of health care agencies:  • Hospitals: Types, Organization and Functions  • Health promotion and levels of disease prevention  • Primary Health care and its delivery: Role of nurse		
II	16	<ul> <li>Explain concept and scope of nursing</li> <li>Describe values, code of ethics and professional conduct for nurses in India</li> </ul>	<ul> <li>Nursing as a profession</li> <li>Definitions and characteristics of a profession</li> <li>Nursing</li> <li>Definition, concepts, philosophy, objectives</li> <li>Characteristics, nature and scope of nursing practice</li> <li>Functions of nurse</li> <li>Qualities of a nurse</li> <li>Categories of nursing personnel</li> <li>Nursing as a profession</li> <li>History of nursing in India</li> <li>Values: Definition, types, values clarification and values in professional nursing: caring and advocacy</li> </ul>	<ul> <li>Lecture discussion</li> <li>Case discussion</li> <li>Role plays</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> </ul>

			<ul> <li>Ethics:</li> <li>Definitions and Ethical Principles</li> <li>Code of ethics and professional conduct for nurse</li> </ul>		
III	4	Explain the admission and discharge procedures     Perform admission and discharge procedure	Hospital admission and discharge  Admission to the hospital  Unit and its preparations admission bed  Admission procedure  Special considerations  Medico-legal issues  Roles and responsibilities of the nurse  Discharge from the hospital  Types: Planned discharge, LAMA and abscond, referrals and transfers o Discharge planning  Discharge procedure  Special considerations  Medico-legal issues  Roles and responsibilities of the nurse  Care of the unit after discharge	Lecture discussion     Demonstration     Lab practice     Supervised     Clinical practice	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assess skills with check list</li> <li>Clinical practical examination</li> </ul>
IV	10	Communicate     effectively with     patient, families and     team members and	Communication and Nurse patient relationship  Communication: Levels, Elements, Types, Modes, Process, Factors	Lecture discussion     Role play and video film on the nurses interacting with the patient	Essay type     Short     answers

o Temperature alterations:

Essay type

Short

type

answers

Objective

Essay type

Short

type

clinical

practical examination

answers

Objective

Assess with

checklist and

		<ul> <li>Hyperthermia, Heatstroke, Hypothermia</li> <li>Hot and cold applications</li> <li>Pulse: Physiology and regulation, characteristics of the pulse, factors affecting pulse Assessment of pulse: sites, location, equipments and techniques, special considerations</li> <li>Alternations in pulse:</li> <li>Respiration</li> <li>Physiology and Regulation, mechanism of breathing characteristics of the respiration, factors affecting respiration</li> <li>Assessment of respirations: technique, special considerations</li> <li>Alterations in respiration</li> <li>Blood pressure</li> <li>Physiology and regulation, characteristics of the blood pressure, factors affecting blood pressure</li> <li>Assessment of blood pressure: sites, equipments and techniques, special considerations</li> <li>Alterations in blood pressure</li> <li>Recording of vital signs</li> </ul>		
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47	VIII	30	Describe purpose and process of health assessment     Describe the health assessment of each body system     Perform health assessment of each body system	Health assessment Purpose Process of Health assessment Health history Physical examination: Methods – Inspection, Palpation, Percussion, Ausultation, Olfaction Preparation for examination: patient and unit General assessment Assessment of each body system Recording of health assessment	Lecture discussion     Demonstration     Practice on simulators     Supervised     Clinical practice	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> </ul>
	IX	5	Identifies the various machinery, equipment and linen and their care	Machinery, Equipment and linen  • Types: Disposables and reusables- Linen, rubber goods, glass ware, metal, plastics furniture, machinery  • Introduction: o Indent o Maintenance o Inventory	Lecture discussion     Demonstration	<ul> <li>Essay type</li> <li>Short         <ul> <li>answers</li> </ul> </li> <li>Objective type</li> </ul>
	X	60	Describe the basic     Physiological and     Psychosocial needs     of patient     Describe the     principles and     techniques for	Meeting needs of patient  Basic needs (activities of daily living)  Providing safe and clean environment:  Physical environment: Temperature, humidity, noise,	<ul><li>Demonstration</li><li>Practice sessions</li><li>Supervised</li><li>Clinical practice</li></ul>	<ul><li>Short answers</li><li>Objective type</li></ul>

	meeting basic, physiological and psychosocial needs.  Perform nursing assessment, plan, implement and evaluate the care for meeting basic, physiological and psychosocial needs of patient	ventilation, light, odour, pest control o Reduction of physical hazard: fire accidents o Safety devices: Restraints, side rails, airways, trapez etc o Role of nurse in providing safe and clean environment • Hygiene o Hygienic influencing hygienic practice o Hygienic care: Care of the skin, Bath and pressure points, feet and nail, Oral cavity, hair care, eyes, ear and nose o Assessment, principles, types, equipments, procedure, special considerations o Patient environment: Room equipment and linen, making patient beds o Types of beds and bed making • Comfort: o Factors influencing comfort o Comfort devices • Physiological needs • Sleep and Rest o Physiology of sleep		Assess with check list clinical practical examination
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C	_	1
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- o Factors affecting sleep
- o Promoting rest and sleep
- o Sleep disorders
- Nutrition
- o Importance
- o Factors affecting nutritional needs
- o Assessment of nutritional needs variables
- o Meeting nutritional needs: Priniciples, equipments, procedure and special considerations
- Oral
- Enteral: Naso/Orogastric, gastrostomy
- Parenteral:
- Urinary Elimination
- o Review of physiology of Urine elimination, composition and characteristics of urine
- o Factors influencing Urination
- o Alteration in Urinary Elimination
- o Types and collection of urine specimen:
- Observation, urine testing
- o Facilitating urine elimination: assessment, types, equipments procedures and special considerations

	Providing	urinal/hed	nar
•	Providing	urmai/bed	Dan

- Condom drainage
- Perineal care
- Catheterization
- · Care of urinary drainage
- Care of urinary diversions
- · Bladder irrigation
- Bowel Elimination
- o Review of physiology of Bowel Elimination, composition and Characteristics of faeces
- o Factors affecting bowel elimination
- o Alterations in Bowel elimination
- o Types and collection of specimen of faeces: Observation
- Facilitating bowel elimination;
   assessment equipments,
   procedures and special
   considerations
- Passing of Flatus tube
- Enemas
- Suppository
- · Sitz bath

•	Bowel	wash

- · Care of Ostomies
- Mobility and Immobility
- o Principles of body mechanics, Maintenance of normal body alignment and m mobility
- o Factors affecting body alignment and mobility
- o Hazards associated with immobility
- o Alteration in body alignment and mobility
- o Nursing interventions for impaired body alignment and mobility: assessment, types, devices used, method and special considerations, rehabilitation aspects
- Range of motion exercises
- Maintaining body alignment positions
- Moving
- Lifting
- Transferring
- Walking
- · Restraints

• Oxygenation

o Review of cardiovascular and

	respiratory physiology
	Factors affecting oxygenation
o	Alterations in oxygenation
o	Nursing interventions in
	oxygenation: assessment, types,
	equipment used, procedure and
	special considerations
•	Maintenance of patient airway
•	Oxygen administration
•	Suction
•	Inhalations: dry and moist
•	Chest physiotherapy and postural
	drainage
•	Care of chest drainage
•	Pulse oximetry
•	CPR – Basic life support
•	Fluid, Electrolyte, and Acid-Base
	Balances
•	Review of physiological
	regulation of fluid, Electrolyte,
	and Acid-Base balances
o	Factors affecting fluid, electrolyte,
	and acid-base balance
o	Alterations in fluid, electrolyte,

and acid-base balances o Nursing interventions in fluid,

		electrolyte, and acid-Base balances <ul> <li>Assessment, types, equipment, procedure and special considerations</li> <li>Measuring fluid intake and output</li> <li>Correcting Fluid, Electrolyte imbalance:                 <ul> <li>Replacement of fluids: oral and Parenteral-Venipuncture, regulating IV flow rates, changing IV solutions and tubing, changing IV dressing.</li> <li>Administering blood transfusion</li> <li>Restriction of fluids</li> <li>Psychosocial needs</li> <li>Concepts of cultural diversity, stress and adaptation, self-concept, sexuality, spiritual health, coping with loss, death and grieving</li> <li>Assessment of psychosocial needs</li></ul></li></ul>		
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XI	20	Describe principles and techniques for infection control and biomedical waste management in supervised clinical settings	Infection control in clinical settings Infection control Nature of infection Chain of infection transmission Defenses against infection: natural and acquired Hospital acquired infection Nosocomial infection Concept of asepsis: medical asepsis, and surgical asepsis Isolation precautions (Barrier nursing): Hand washing: simple, hand antisepsis and surgical antisepsis (scrub) Decontamination of equipment and unit Transportation of infected patients Standard safety precautions (Universal precautions) Biomedical waste management: Importance Types of hospital waste Hazards associated with hospital waste Decontamination of hospital waste Segregation and Transportation and Disposal	Lecture discussion     Demonstration     Lab Practice     Supervised Clinical practice	
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• Oral drugs administration: Oral,

XIII	10	<ul> <li>Describe the pre and post operative care of patients</li> <li>Explain the process of wound healing</li> <li>Explain the principles and techniques of wound care</li> <li>Perform care of wounds</li> </ul>	Meeting needs of Perioperative patients  Definition and concept of Preoperative nursing Preoperative Phase Preoperative Phase Preparation of patient for surgery Introperative Operation theatre set up and environment Role of nurse Postoperative phase Recovery unit Post operative unit Post operative care Wounds: types, classification, wound healing process, factors affecting wound, complications of wound healing Surgical asepsis Care of the wound: types, equipments, procedure and special considerations Dressing, suture care Application of Bandages binders Splints & Slings Heat and cold therapy	<ul> <li>Lecture discussion</li> <li>Demonstration</li> <li>Practice session</li> <li>Supervised</li> <li>Clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assess with checklist and</li> <li>Clinical practical examination</li> </ul>
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XVI	6	Explain the basic concepts of conceptual and theoretical models of nursing	Professional Nursing concepts and practices  • Conceptual and theoretical models of nursing practice: Introduction to models-holistic model, health belief model, health promotion model etc.	Lecture Discussion	Essay type     Short     answers
XV	5	Explain care of terminally ill patient	Care of Terminally ill patient o Concepts of loss, grief, grieving process o Signs of clinical death o Care of dying patient: special considerations o Advance directives: euthanasia will, dying declaration, organ donation etc. o Medico-legal issues o Care of dead body equipment, procedure and care of unit o Autopsy o Embalming	<ul> <li>Lecture discussion</li> <li>Demonstration</li> <li>Practice session</li> <li>Supervised</li> <li>Clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short     answers</li> <li>Objective     type</li> </ul>
			assessment, management o Treatments related to gastrointestinal system; naso-gastric suction, gastric irrigation, gastric analysis		

factors influencing pain, coping

		<ul> <li>Introduction to theories in nursing: Peplau's Henderson's Orem's Neuman's, Roger's and Roy's</li> <li>Linking theories with nursing</li> </ul>	
		process	

### **Nursing foundation-Practical**

Practical - 100 Marks
Internal Assessment - 100 Marks
Total - 200 Marks

Placement – First Year Time: Practical-650 hours (200 lab and 450 clinical)

Course Description: This course is designed to help the students to develop an understandings of the philosophy, objectives, theories and process of nursing in various clinical settings. It is aimed at helping the students to acquire knowledge, understanding and skills in techniques of nursing and practice them in clinical settings.

Area	Time (Hrs.)	Learning Objectives	Skills	Assignments	Assessment methods
Demonstrat ion Lab General Medical and surgery ward	200 450 minimum practice time in clinical area	Performs admission and discharge procedure	Hospital admission and discharge (III)  Admission Prepare unit for new patient Prepare admission bed Performs admission procedure New patient Transfer in Prepare patient record Discharge/Transfer out Gives discharge counseling Perform discharge procedure (planned discharge, LAMA	Practice in Unit/hospital	<ul> <li>Evaluate with checklist</li> <li>Assessment of clinical performance with rating scale</li> <li>Completion of practical record</li> </ul>

		and abscond, Referrals and transfers)  • Prepare records of discharge/transfer  • Dismantle, and disinfect unit and equipment after discharge / transfer		
	• Prepare nursing care plan as per the nursing process format	Perform assessment  • History taking, nursing diagnosis, problem list, prioritization, Goals & expected outcomes, selection of Interventions  • Write nursing care plan  • Gives care as per the plan	<ul> <li>Write nursing process records of patient</li> <li>Simulated – I</li> <li>Actual – I</li> </ul>	<ul> <li>Assessment of nursing process records with checklist</li> <li>Assessment of actual care given with rating scale</li> </ul>
	Communic ate effectively with patient, families and team members and • Maintain	Communication  • Use verbal and non verbal communication techniques Prepare a plan for patient teaching session	<ul> <li>Role-plays in simulated situations on communication</li> <li>Techniques – I</li> <li>Health talk – I</li> </ul>	Assess role plays with the checklist on communication techniques     Assess health talk with the checklist     Assessment of communications

	effective human relations			techniques by rating scale
•	<ul> <li>Prepare patient reports</li> <li>Presents reports</li> </ul>	<ul> <li>Write patient report</li> <li>Change – of shift reports, transfer reports, incident reports etc.</li> <li>Presents patient report</li> </ul>	• Write nurses notes and present the patient report of 2-3 assigned patient	Assessment of performance with rating scale
	Monitor vital signs	Vital signs • Measure, records & interpret alterations in body temperature, pulse respiration & blood pressure	Lab practice     Measure vital signs of assigned patient	Assessment of each skill with checklist Completion of activity record
	Perform     health     assessme     nt of     each     body     system	Health assessment  Health history taking Perform assessment: General Body system Use various methods of physical examination Inspection, Palpation, Percussion, Ausultation, Olfaction Identification of system wise deviations		

- Catheterization	
Care of urinary drainage	
Bladder irrigation Assisting	
bowel Elimination:	
Insertion of Flatus tube	
• Enemas	
Insertion of suppository	
• Bowel Wash Body	
Alignment and Mobility	
o Range of motion exercises	
o Positioning: recumbent,	
lateral (Rt/Lt), fowlers, sims,	
Lithotomy, Prone,	
Trendelenburg position	
o Assist patient in moving,	
lifting, transferring, walking	
o Restraints	
Oxygen administration	
Suctioning:	
Oropharyngeal,	
(Rt/Lt) nasopharyngeal	
Chest	
physiotherapy &	
postural drainage	
care of chest	
drainage	
CPR-Basic life	

• Perineal care • Catheterization

[ 88 ]	Perform infection control procedur es	Infection control Perform following procedures: Hand washing techniques Simple, hand antisepsis and surgical antisepsis (scrub) Prepare isolation unit in lab/ward Practice technique of wearing and removing Personal Protective Equipment (PPE) Practice standard safety precautions (Universal precautions) Decontamination of equipment and unit: Surgical asepsis: Sterilization Handling sterilized equipment o Calculate strengths of lotions Prepare lotions Care of articles	<ul> <li>Observation study -2</li> <li>Department of infection control &amp; CSSD</li> <li>Visits CSSD write observation report – I</li> <li>Collection of samples for culture</li> <li>Do clinical posting in infection control department and write report</li> <li>Practice in lab/ward</li> </ul>	• Assess observations study with checklist • Evaluate all procedures with checklist
	• Provide care to pre and post operative	Pre and Post operative care:  • Skin preparations for surgery: local  • Preparation of post operative unit	Department and write report.  • Practice in lab/ward	

		<ul> <li>Insertion of drug into body cavity: suppository &amp; medicated packing etc.</li> <li>Instillation of medicines and Spray into Ear, Eye, Nose and Throat</li> <li>Irrigations: Eye, Ear, Bladder, Vagina and Rectum</li> <li>Inhalations: dry and moist</li> </ul>	
	<ul> <li>Provide care to dying and dead</li> <li>Counsel and support relatives</li> </ul>	<ul> <li>Care of dying patient</li> <li>Caring and packing of dead body</li> <li>Counseling and supporting grieving relatives</li> <li>Terminal care of the unit</li> </ul>	

First Basic B.Sc. (Nursing) Nurs. Found. - III

## First Year Basic B.Sc Nursing (Main) Examination Month Year **NURSING FOUNDATION**

### Paper III

Time: Three Hours

Maximum Marks: 75

Q.No.1 Long essay type (Attempt any two out of three) 10x2=20

Q.No 2 Short Essay type (Attempt any seven out of nine)5x7=35

Q.No.3 Short Answer type (10)

2x10=20

First Basic B.Sc. (Nursing)

Nurs. Found. - III

## First Year Basic B.sc Nursing (Main) Examination Month Year NURSING FOUNDATION

### Paper III

Maximum Marks: 75 Time: Three Hours

Q.No.1 Long essays (Attempt any Two)

(a) Define Enema. Write down the classification of Enema.

(b) Define sterilization, Discuss different methods of sterilization. How rubber goods should be sterilized. Describe in detail soap and water enema.

(c) (i) Define Health and explain Health-Illness continuum.

(ii) Discuss the concept of Health Promotion and levels of disease prevention. 5x7 = 35

Short essays (Attempt any Seven)

(a) Nursing care of an unconscious patient

(b) Qualities of a good nurse

(c) Urine test for sugar.

(d) Intermittent fever. \

(e) Administration of oral medication

(f) Purposes of bed bath

(g) Principles of applying bandages

(h) Prepare a mouth care tray

**Short answers** (i) Classification of Enema

2x10=20

(a) Define body temperature

(c) Nosocomial infection (b) Communication

(d) Profession

(e) Barrier nursing

(f) Iatrogenic Infection

(g) Pulse

(h) Blood pressure

(i) Nursing Definition

Health Definition

### (3040) PSYCHOLOGY

Theory - 75 Marks
Internal Assessment - 25 Marks
Total - 100 Marks

Duration - 3 Hrs.

### Placement-First Year

Course Description: This course is designed to assist the students to acquire knowledge of fundamentals of Psychology and develop an insight into behavior of self and other. Further it is aimed at helping them to practice the principles of mental hygiene for promoting mental health in nursing practice.

U	nit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
	I	2	Describe the history, scope and methods of psychology	<ul> <li>Introduction:</li> <li>History and origin of science of Psychology</li> <li>Definitions &amp; scope of Psychology</li> <li>Relevance to nursing</li> <li>Methods of Psychology</li> </ul>	Lecture Discussion	<ul><li>Essay type</li><li>Short answers</li></ul>
	II	4	Explain the biology of human behavior	Biology of Behaviour Body mind relationship-modulation process in health and illness Genetics and behavior: Heredity and environment	Lecture Discussion	<ul><li>Essay type</li><li>Short answers</li></ul>

			<ul> <li>Brain and behavior: Nervous system, Neurons and synapse</li> <li>Association cortex, Rt and Lt hemispheres</li> <li>Psychology of Sensations</li> <li>Muscular and glandular controls of behavior</li> <li>Nature of behavior of an organisms/integrated responses</li> </ul>		
III	20	Describe various cognitive processes and their applications	Cognitive Processes  Attentions: Types, determinants, duration & degree, alterations  Perception: meaning, Principles factors affecting, errors  Learning: Nature, types, learner and learning, factors influencing laws and theories, process, transfer, study habits  Memory: Meaning, types Nature factors influencing, development theories and methods of memorizing and forgetting  Thinking: types and levels, stages of development, relationship with language	Lecture Discussion     Psychometric assessment:     Practice sessions	• Essay type • Short answers

			and communication  Intelligence: meaning, classification, uses, theories  Aptitude: concept, types individual differences and variability  Psychometric assessment's of cognitive process  Alterations in cognitive processes  Applications		
IV	8	Describe motivation, emotions, stress, attitudes and their influence on behavior	Motivation and Emotional Processes:  • Motivation: Meaning, Concepts, types theories, Motives and behavior, conflicts and frustration, conflict resolution  • Emotions & stress o Emotion; Definition, components changes in emotions, theories, emotional adjustments, emotions in health and illness  • Stress: stressors, cycle, effect adaptation & coping  • Attitude: meaning nature, development, factors	<ul> <li>Lecture discussion</li> <li>Role plays</li> <li>Case discussion</li> <li>Demonstration</li> </ul>	<ul><li>Essay type</li><li>Short answers</li></ul>

-				affecting o Behavior and attitudes • Attitudinal change • Psychometric assessments of emotions and attitudes • Alterations in emotions • Applications		
	V	7	Explain the concepts of personality and its influence on behavior	<ul> <li>Personality</li> <li>Definitions, topography, types, theories</li> <li>Psychometric assessments of personality</li> <li>Alterations in personality</li> <li>Application</li> </ul>	<ul><li>Lecture discussion</li><li>Demonstration</li></ul>	<ul><li>Essay type</li><li>Short answers</li></ul>
	VI	7	Describe psychology of people during the life cycle	<ul> <li>Developmental Psychology</li> <li>Psychology of people at different ages from infancy to old age</li> <li>Psychology of vulnerable individuals-challenged, women, sick etc.</li> <li>Psychology of groups</li> </ul>	Lecture discussion     Case discussion	<ul><li>Essay type</li><li>Short answers</li></ul>
	VII	8	Describe the characteristics of Mentally healthy person	Mental Hygiene and mental Health  Concepts of mental hygiene and mental health	<ul><li>Lecture discussion</li><li>Case discussion</li><li>Role play</li><li>Demonstration</li></ul>	Essay type     Short     answers

		Explain ego defense mechanisms	<ul> <li>Characteristics of mentally healthy person</li> <li>Warning signs of poor mental health</li> <li>Promotive &amp; Preventive mental health strategies and services</li> <li>Ego defense mechanisms and implications</li> <li>Personal and social adjustments</li> <li>Guidance and counseling</li> <li>Role of nurse</li> </ul>		
VIII	4	Explain Psychological assessments and role of nurse	Psychological assessment & tests  • Types, development characteristics, principles, Uses, Interpretations and role of nurse in psychological assessment	<ul> <li>Lecture discussion</li> <li>Demonstration</li> <li>Practice sessions</li> </ul>	Assessment of practice

Psych. - IV

**PSYCHOLOGY** Paper IV

First Year Basic B.Sc Nursing (Main) Examination Month Year

Time: Three Hours

Maximum Marks: 75

Q.No.1 Long Essay type (Attempt any two out of three) 10x2=20

Q.No 2 Short Essay type (Attempt any seven out of nine) 5x7=35

Q.No.3 Short Answer type (10)

2x10=20

## First Year Basic B.sc Nursing (Main) Examination Month Year **PSYCHOLOGY**

Maximum Marks: 75 Time: Three Hours Paper IV

Long essays (Attempt any Two)

10x2=20

(b) Define personality & (a) Define psychology, write down methods of psychology. nursing? Describe in detail value of psychology in effective discuss abnormal types of

(c) (i) Define learning & explain laws of effective learning (ii) Discuss factors affecting learning process

personality?

Short essays (Attempt any Seven)

(d) Scope of psychology.

(c) Mind-body relationship.

(b) Mental conflict.

(a) Emotion.

(e) The nervous system in health & illness.

(g) Frustration. Intelligence

(h) Characteristics of mentally healthy individual. Types of memory.

**Short answers** 

(a) Drives & motives.

2x10=20

(3050) MICROBIOLOGY

Theory 75 Marks 25 Marks Internal Assessment

**Total** 100 Marks **Duration** 3 Hrs. (Theory)

### Placement-First Year

(h) Personality (g) Motivation

Attıtude

(j) Perception

(f) Definition of Learning

(d) Nature & types of stress.

(c) Development of attitudes.

(e) Functions of sense organs.

(b) Mental health & mental hygiene

Course Description: This course is designed to enable students to acquire understanding of fundamentals of Microbiology and identification of various micro-organisms. It also provides opportunities for practicing infection control measures in hospital and community settings.

Unit	Time (Hrs.)	Pr.	Learning Objectives	Content	Teaching Learning Activities	Evaluation
I	5		Explain concepts & principles of Microbiology and their importance in nursing	<ul> <li>Introduction:</li> <li>Importance and relevance to nursing</li> <li>Historical perspective</li> <li>Concepts and terminology</li> <li>Principles of microbiology</li> </ul>	Lecture Discussion	<ul><li>Short answers</li><li>Objective type</li></ul>
II	10	5	Describe structure, classification morphology and growth of bacteria     Identify mocroorganisms	General characteristics of Microbes  • Structure & classification of microbes  • Morphological types  • Size & form of bacteria  • Motility  • Colonization	Lecture Discussion     Demonstration	<ul><li>Short answers</li><li>Objective type</li></ul>

					<ul> <li>Growth &amp; nutrition of microbes</li> <li>Temperature</li> <li>Moisture</li> <li>Blood body fluids</li> <li>Laboratory methods for identification of microorganisms</li> <li>Staining, techniques, Gram staining, Acid fast staining, hanging drop preparation</li> <li>Culture, various medias</li> </ul>		
21	III	10	2	Describe the methods of infection control     Identify the role of nurse in hospital Infection control programme	<ul> <li>Infection control</li> <li>Infection: sources, portals of entry and exit, transmission</li> <li>Asepsis</li> <li>Disinfection; types and methods</li> <li>Sterilization; types and methods</li> <li>Chemotherapy &amp; antibiotics</li> <li>Standard safety measures</li> <li>Biomedical waste management</li> <li>Role of nurse</li> <li>Hospital acquired infection</li> <li>Hospital infection control</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Demonstration</li> <li>Visits to CSSD</li> <li>Clinical practice</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> </ul>

				programme • Protocols, collection of samples, preparation of report and status of rate of infection in the unit/hospital, nurse's accountability, continuing education etc.		
IV	12	4	Describe the different disease producing organisms	Pathogenic Organisms  • Micro-organisms  o Cocci-gram positive & gram negative  o Bacilli – gram positive & gram negative  o Spirochaete  • Mycoplasma  o Rickettsiae  • Chlamydiae  • Viruses  • Fungi-superficial and deep mycoses  • Parasites  • Rodents & vectors  • Characteristics, source, portal of entry, transmission of infection  • Identification of disease	<ul> <li>Lecture Discussion</li> <li>Demonstration</li> <li>Clinical practice</li> </ul>	Short answers     Objective type

				producing micro-organism collection, handling and transportation of various specimens		
V	8	4	Explain the concept of immunity hyper sensitivity and immunization	Immunity  Immunity – types, classification  Antigen and antibody reaction  Hypersensitivity-skin test  Serological tests  Immunoprophylaxis  Vaccines & sera-types & classification, storage and handling, cold chain  Immunization for various diseases  Immunization schedule	Lecture Discussion     Demonstration     Clinical practice	<ul> <li>Short answers</li> <li>Objective type</li> </ul>

Micro. - V

First Year Basic B.Sc Nursing (Main) Examination Month Year MICROBIOLOGY

Paper V

Time: Three Hours

Maximum Marks: 75

Q.No.1 Long Essay type (Attempt any two out of three)10x2=20
Q.No 2 Short Essay type (Attempt any seven out of nine)5x7=35

Q.No.3 Short Answer type (10)

2x10=20

<u>×</u>

## First Year Basic B.sc Nursing (Main) Examination Month Year MICROBIOLOGY

Paper V

Maximum Marks: 75 Time: Three Hours

Long essays (Attempt any Two)

(b) Define sterilization. Explain moist heat method of sterilization? bacteria?

(a) Define Microbiology, Describe morphology of

Q.No.2. Short essays (Attempt any Seven) (c) Define Infection. programme? Describe infection control

(c) Standard safety measures. (b) Bio-Medical waste management. (a) Hospital acquired infection.

(d) Laboratory diagnosis of staphylococcus Laboratory diagnosis of Vibrio-cholera.

Difference between Endotoxin & Exotoxin.

(h) Hyper sensitivity skin left. (g) Growth & Nutrition curve.

Q.No.3. Short answers (1) Immunization schedule.

(b) Define immunity.

(c) List down communicable diseases.

(a) List down gram positive bacteria.

2x10=20

### (3070) ENGLISH

75 Marks Theory 25 Marks Internal Assessment Total 100 Marks Duration 3 Hrs. (Theory)

Minimum Marks

Placement - First Year

Course Description: The Course is designed as under

Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
I	10		<ul><li>Building</li><li>Phonetics</li><li>Public Speaking</li></ul>	<ul><li>Conservation</li><li>Exercise on use of Grammar</li><li>Practice in Public speaking</li></ul>	Objective     Type     Fill in the     blanks     Para phrasing
II	30	Develop ability to read, understand and express meaningfully, the prescribed text	Read and comprehend prescribed course books	<ul><li>Exercise on:</li><li>Reading</li><li>Summarizing</li><li>Comprehension</li></ul>	• Short Answers • Essay Type
III	10	Develop writing skills	<ul> <li>Various forms of composition</li> <li>Letter writing</li> <li>Note taking</li> <li>Precise writing</li> </ul>	<ul><li>Exercises on writing</li><li>Letter writing</li><li>Nurses Notes</li><li>Precise</li><li>Diary</li></ul>	Assessment of the skill based on the check list

(j) Hypersensitivity

(g) Antiseptic

Classification of Virus

Classification of immunity

(e) Define disinfection

Define colonization.

Disinfectant

Time

(Hrs.)

Unit

Learning

**Objectives** 

			<ul> <li>Nurses notes</li> <li>Anecdotal records</li> <li>Diary writing</li> <li>Reports on health problems etc.</li> <li>Resume / CV</li> </ul>	<ul> <li>Anecdote</li> <li>Health problems</li> <li>Story writing</li> <li>Resume / CV</li> <li>Essay writing</li> <li>Discussion on written reports / documents</li> </ul>	
IV	6	Develop skill in spoken English	<ul> <li>Spoken English</li> <li>Oral report</li> <li>Discussion</li> <li>Debate</li> <li>Telephonic conversation</li> </ul>	<ul> <li>Exercise on:</li> <li>Debating</li> <li>Participating in seminar, panel, symposium</li> <li>Telephonic conversation</li> </ul>	Assessment of the skills based on check list
V	4	Develop skill in listening comprehension	Listening comprehension Media, audio, video, speeches etc.	<ul> <li>Exercise on:</li> <li>Listening to audio, video tapes and identify the key points</li> </ul>	Assessment of the skill based on the check list

Content

Recommended Book - ESSENTIAL LANGUAGES SKILLS

**EXX** 

As per pre decided University pattern

**Teaching Learning** 

**Activities** 

Assessment

methods

First Basic B.Sc. (Nursing)

Maximum Marks: 75 Time: Three Hours

**ENGLISH** Paper VI

First Year Basic B.Sc Nursing (Main) Examination Month Year

To enable students to enhance their ability to comprehend spoken & written English (and use English) required for effective communication in their professional work. Students will practice their skills is verbal and written English during clinical & classroom experiences.

नोट : 40 से कम अंक आने पर छात्रों को उत्तीर्ण नहीं किया जायेगा। इस प्रश्न-पत्र में प्राप्त अंकों को श्रेणी निर्धारण हेतु नहीं जोड़ा जायेगा। अंक विभाजन – प्रश्न-पत्र में दो भाग होंगे – 1. साहित्य खण्ड 39 अंक 2. व्याकरण खण्ड 36 अंक।

- 1. साहित्य खण्ड गद्य पद्य की निर्धारित रचनाएं। • गद्य भाग – निम्नलिखित पाठ निर्धारित हैं –
  - 1. एक दुराशा बाल मुकुन्द गुप्त निबंध (व्यंग्य विनोद)
  - 2. शिरीष के फूल हजारी प्रसाद द्विवेदी ललित निबन्ध
  - 3. हरी हरी द्ब और लाचार क्रोध कु.ना. राय ललित निबन्ध
  - 4. सिस्तर का वास्ते महादेवी वर्मा रेखाचित्र
  - 5. महाराजपुर से ग्वारी घाट अमृतलाल वेगड़ यात्रा वृत्तांत
  - 6. इंस्पेक्टर मातादीन चांद पर हरिशंकर परसाई व्यंग्य
  - 7. उजाले के मुसाहिब विजयदान देथा कहानी
  - 8. मैं और मौ कन्हैया लाल मिश्र प्रभाकर रिपोर्ताज
  - 9. ब्रह्माण्ड को टटोलता ह्आ सपुर जीनियस दिनेश रावत वैज्ञानिक निबंध
  - 10. बलवान से भिडन्त गाँधी जी कीआत्मकथा से।

- पद्य भाग निम्नांकित कविताएं निर्धारित है
  - 1. मैथिलीशरण गुप्त भूलोक का गौरव.... अमल आभास में (भारत भारती से)
  - 2. सुमित्रानंदन पंत बापू तथा प्रथम रश्मि
  - 3. सूर्यकांत त्रिपाठी निराला जागो फिर एक बार तथा तोड़ती पत्थर
  - 4. रामधारी सिंह दिनकर हिमालय के प्रति तथा बेघिसत्व
  - 5. हरिवंश राय बचन पथ की पहचान तथा लेहरों में निमंत्रण
  - 6. केदारनाथ अग्रवाल जब जब मैंने उसको देखा तथा यह धरती उस किसान की
  - 7. सुभद्रा कुमार चौहान झाँसी की रानी तथा प्रभु तुम मेरे मन की जानो
  - 8. भवानी प्रसाद मिश्र गीतफरोश तथा सतपुड़ा के घने जंगल
  - 9. नागार्जुन कालिदान के प्रति तथा प्रेत का बयान
  - 10. ताराप्रकाश जोशी आ रे आ बादल तथा प्राणों में यदि पाहुन होते
- व्याकरण खण्ड निबंध, संक्षेपण, पल्लवन, पारिभाषिक शब्दावली, (मानविकी, विज्ञान और वाणिज्य से संबंधित) लोकोक्ति, मुहावरे, शुद्धीकरणा, पत्र –लेखन, प्रतिवेदन, उपसर्ग, प्रत्यय, पर्याय, विलोम, अनेकार्थी शब्द, समश्रतु और अनेक शब्दों के लिए एक शब्द।

निर्धारित पुस्तक :-

गद्य प्रवाह

– लेखक

डा. राजेश अनुपम

काव्य धारा

– लेखक डा. राजकुमार सिंह परमार

First Year Basic B.Sc Nursing (Main) Examination Month Year

# As per predecided University pattern

Maximum Marks: 75 Time: Three Hours Paper VII HINDI

### (3060) INTRODUCTION TO COMPUTERS

(Non University Exam.)

Theory and Practical exams for introduction to computer to be conducted as College exam and marks to be sent to the University for Inclusion in the mark sheet.

### Placement - First Year

Course Description: This course is designed for students to develop basic understanding of uses computer and its application in nursing.

Unit	Time (Hrs.)	Pr.	Learning Objectives	Content	Teaching Learning Activities	Evaluation
Ι	3		Identify & define various concepts used in computer     Identify application of computer in nursing	<ul> <li>Introduction:</li> <li>Concept of computers</li> <li>Hardware and software trends and technology</li> <li>Application of computers in nursing</li> </ul>	<ul><li>Lecture Discussion</li><li>Demonstration</li></ul>	<ul><li>Short answers</li><li>Objective type</li></ul>
II	6	20	Describe and use the disk operating system     Demonstrate skill in the use of MS office	• Introduction to disk-operating system o DOS • Introduction o MS – word o MS – Excel with pictorial presentation o MS – Access o MS – Power Point	<ul><li>Lecture Discussion</li><li>Demonstration</li><li>Practice session</li></ul>	<ul> <li>Short answers</li> <li>Objective type</li> <li>Practical Exam</li> </ul>

III

IV

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VI

2

1

2

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3

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2

• Demonstrate skill in

using multi-media

teaching and testing

· Identify features of

• Demonstrate use of internet and Email

· Demonstrate use of

• Describe the use of

system

hospital management

internet and Email

computer aided

• Multimedia: types & uses

• Use of Internet and E-mail

· Statistical packages: types and

• Hospital Management system:

their features

Types and uses

testing

• Computer aided teaching &

As per predecided University Pattern

• Lecture Discussion

• Lecture Discussion

• Lecture Discussion

• Lecture Discussion

• Demonstration

Demonstration

· Practice session

• Demonstration

· Practice session

Demonstration

Short

type

Short

Short

Short

answers

Objective type Practical Ex. &Viva voce

answers

Objective type Practical Exam and Viva voce

answers

Objective type Practical Exam and Viva voce

answers

Objective

Practical Exam and Viva voce

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### (3210) SOCIOLOGY

Theory 75 Marks Internal Assessment 25 Marks

**Total** 100 Marks **Duration** 3 Hrs. (Theory)

### Placement-Second Year

Course Description: This course is designed to introduce the concepts of Sociology related to community and social institutions in India its relationship with health, illness and nursing.

Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
I	1	State the importance of Sociology in Nursing	<ul> <li>Introduction:</li> <li>Definition of Sociology</li> <li>Nature &amp; scope of the discipline</li> <li>Importance and application of sociology in nursing</li> </ul>	Lecture Discussion	Lecture     Discussion
II	3	Describe the interrelationship of individual in society and community	<ul> <li>Individual &amp; Society</li> <li>Society and community</li> <li>Nature of society</li> <li>Difference between society and community</li> <li>Process of socialization and individualization</li> <li>Personal disorganization</li> </ul>	Lecture Discussion	Lecture     Discussion

III	3	Describe the influence of culture on health and disease	<ul> <li>Culture</li> <li>Nature of culture</li> <li>Evolution of culture</li> <li>Diversity and uniformity of culture</li> <li>Culture and socialization</li> <li>Transcultural society</li> <li>Influence on health and disease</li> </ul>	Lecture discussion     Panel discussion	•	Essay type Short answers
IV	4	Identify various social groups and their interactions	Social group and processes  The meaning and classification of groups  Primary & Secondary Group  In-group V/s. out-group, class, tribe, caste  Economic, political, religious groups, Mob, crowd, public and audience interaction & social processes  Co-operation, competition, conflict  Accommodation, assimilation & isolation	Lecture discussion	•	Essay type Short answers
V	6	• Explain the growth of population in India and its impact on health	<ul><li>Population</li><li>Society and population</li><li>Population distribution in India-Demographic</li></ul>	<ul><li>Lecture Discussion</li><li>Community identification</li></ul>	•	Essay type Short answers

			characteristics  • Malthusian theory of population  • Population explosion in India and Its impact on health status  • Family welfare programmes		Assessment of report on community identification
VI	5	Describe the institutions of family and marriage in India	Family and Marriage  Family-functions  Types-Joint, Nuclear, Blended and extended family characteristics  The Modern family — Changes Problems — dowry etc, welfare services  Changes & legislations on family and marriage in India — marriage acts  Marriage: forms and functions of marriage  Marriage and family problems in India  Family, marriage and their influence on health and health practices	Lecture Discussion     Family care study	Essay type     Short     answers     Assessment     of report on     community     identification

VII	7	Describe the class and caste system and their influence on health and health practice	Social Stratification  • Meaning & types of social stratification  • The Indian Caste system — origin & features  • Features of caste in India today  • Social class system and status  • Social mobility—meaning & types  • Race as a biological concept, criteria of racial classification  • Salient features of primary races, racism  • Influence of class, caste & race on health & health practices	Lecture discussion     Community survey	Essay type     Short     answers     Assessment     of report on     community     survey
VIII	6	Describe the types of communities in India, their practices and the impact on health	Types of communities in India (Rural, Urban and Regional)  • Features of village community & characteristics of Indian villages- Panchayat system, social dynamics  • Community development project & planning  • Changes in Indian Rural life  • Availability of health facilities in rural and its impact on health and health	Lecture discussion     Visits to rural and urban community     Community survey	<ul> <li>Essay type</li> <li>Short answers</li> <li>Assessment of report on community Survey</li> </ul>

			practices  • Urban-community – features  • The growth of cities:  • Urbanization and its impact on health and health practices  • Major urban problems – urban slums  • Region : Problems and impact on health		
IX	4	Explain the process of social change	Nocial change     Nature and process of social change     Factors influencing social change: cultural change, cultural lag.     Introduction to theories of social change: Linear, Cyclical, Marxian, Functional role of nurse-change agents	Lecture discussion	<ul><li>Essay type</li><li>Short answers</li></ul>
X	4	Describe the social system and inter- relationship of social organizations	Social organization and social system  • Social organization: elements types  • Democratic and authoritarian modes of participation  • Voluntary associations  • Social system: definitions and types of social system	Lecture Discussion     Observation visits	<ul> <li>Essay type</li> <li>Short         <ul> <li>answers</li> </ul> </li> <li>Assessment         of visit         reports</li> </ul>

				<ul> <li>Role and status as structural elements of social system</li> <li>Inter-relationship of institutions</li> </ul>		
]	XI	2	Explain the nature and process of social control	Social control  Nature and process of social control  Political, Legal, Religious, Educational, Economic, Industrial and Technological systems, Norms & Values-Folkways & Mores customs, Laws and fashion  Role of nurse	Lecture Discussion     Community survey	<ul> <li>Essay type</li> <li>Short         <ul> <li>Answers</li> </ul> </li> <li>Assessment         of report on         community         <ul> <li>survey</li> </ul> </li> </ul>
	XII	15	Describe the role of the nurse in dealing with social problems in India	Social Problems  Social disorganization  Control & planning poverty, housing, illiteracy, food supplies, prostitution, rights of women & children, vulnerable groups: elderly, handicapped, minority groups and other marginalized groups, child labour, child, abuse, delinquency and crime, substance abuse, HIV/AIDS.  Social welfare programmes in India • Role of nurse	Lecture discussion     Institutional visits	<ul> <li>Essay type</li> <li>Short     answers</li> <li>Assessment     of visit     reports</li> </ul>

Second Basic B.Sc. (Nursing)

Second Year Basic B.Sc Nursing (Main) Examination Month

SOCIOLOGY Year

Paper I

Time: Three Hours

Maximum Marks: 75

Q.No.1 Long Essay type (Attempt any two out of three) 10x2=20

Q.No2 Short Essay type (Attempt any seven out of nine)5x7=35

Short Answer type (10) 2x10=20

MODEL PAPER

Second Basic B.Sc. (Nursing)

Second Year Basic B.sc Nursing (Main) Examination Month

SOCIOLOGY Year

Paper I

Maximum Marks: 75 Time: Three Hours

Q.No.1. Long essays (Attempt any Two)

10x2=20

Define Sociology. Explain sociology in nursing.

<u></u> social group. Define social group and enlist the characteristics of

<u>o</u> What is poverty? Explain antipoverty programme in

Q.No.2. Short essays (Attempt any Seven)

5x7 = 35

Society

Culture

<u>c</u> Rural Community

(d) Crowd

(e) Difference between society and community

Features of urban community

Marriage

Mathurian theory of population

Criticism of optimum theory

Q.No.3. Short answers

2x10=20

Folkways Mores

(c) Custom

(d) Diversity of culture

(e) Family

Conflict

Family welfare activity

Hindu marriage act

Polygamy

Social disorganisation

### (3220) MEDICAL SURGICAL NURSING - I

(Adult including Geriatrics)

Theory - 75 Marks
Internal Assessment - 25 Marks
Practical - 100 Marks
Internal Assessment - 100 Marks

Total - 300 Marks
Duration - 3 Hrs. (Theory)

### Placement - Second Year

**Course Description:** The purpose of this course is to acquire knowledge and develop proficiency in caring for patients with medical and surgical disorders in varieties of health care setting and at home.

Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
I	15	<ul> <li>Appreciate the trends in medical and surgical nursing</li> <li>Describe the role of a nurse in caring for adult patient in hospital and community</li> <li>Describe the concept of medical surgical asepsis</li> </ul>	Introduction: Introduction to medical surgical nursing Evolution and trends of medical and surgical nursing Review of concepts of Health and illness diseases-concepts, causations, classification-international classification disease (ICD-10 or later version), Acute illness Chronic illness & Terminal illness, stages of illness	<ul><li> Practice session</li><li> Supervised</li><li> Clinical practice</li></ul>	Short answers     Objective type     Assessment of skills with checklist

			comprehensive nursing care in medical surgical conditions based on nursing process.  Role of nurse, patient and family in care of adult patient Role & responsibilities of a nurse in medical surgical setting: Outpatient department In patient unit In patient unit Home and community settings Introduction to medical surgical asepsis Inflammation and infection immunity Wound healing Care of surgical patient Pre-operative Intra operative Post operative		
II	15	Describe the common signs, symptoms, problems and their specific nursing interventions	Common signs and symptoms and management  • Fluid and electrolyte imbalance  • Vomiting	<ul><li>Lecture Discussion</li><li>Seminar</li><li>Case discussion</li></ul>	<ul><li>Short answers</li><li>Objective type</li></ul>

• Review of concepts of

			<ul> <li>Dyspnea and cough, respiratory obstruction</li> <li>Fever</li> <li>Shock</li> <li>Unconsciousness, Syncope</li> <li>Pain</li> <li>Incontinence</li> <li>Edema</li> <li>Age related problems – geriatric</li> </ul>		
III	20	Describe the etiology, patho-physiology, clinical manifestations, diagnostic measures and management of patients (adults including elderly) with disorders of respiratory systems	Nursing management of patients (adult including elderly) with respiratory problems  • Review of anatomy and physiology of respiratory system  • Nursing Assessment — History & physical assessment  • Etiology, Patho-physiology, clinical manifestation  • Diagnosis, treatment modalities and medical, surgical, dietetics & nursing management of adults including elderly with o Upper respiratory tract	<ul> <li>Lecture discussion</li> <li>Explain using charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussion</li> <li>Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book</li> <li>Presentation</li> </ul>	<ul> <li>Essay type</li> <li>Short         <ul> <li>Short</li> <li>Objective</li> <li>type</li> </ul> </li> <li>Assessment         of skills with         checklist</li> <li>Assessment         of patient         management         problem</li> </ul>

infections Bronchitis

	clinical manifestation, Diagnosis, treatment modalities and medical, surgical, dietetics & nursing management Disorders of Oral cavity- lips, gums, tongue, salivary glands and teeth Oesophagus-inflammation, stricture, obstruction, bleeding and tumours of stomach and deudenum — hiatus hernia, gastritis, peptic and deudenal ulcer, bleeding, tumours, pyloric stenosis Small intestinal disorder- inflammation and infection, enteritis, malabsorption, obstruction, tumour and perforation Large intestinal disorders- colitis, inflammation and infection. Obstruction,	problem
	tumour and lump hernias o Appendix – inflammation,	

100				o Anal & Rectum; Hemorrhoides, fissures fistulas o Peritonitis/acute abdomen o Pancreas; inflammation, cyst abscess and tumours o Liver; inflammation, cyst abscess, cirrhosis, portal, hypertension, hepatic failure, tumours o Gall Bladder ,inflammation, obstruction, stones and turmour • Special therapies, alternative therapies • Nursing procedures • Drugs used in treatment of disorders of digestive system		
	V	30	Describe the etiology, patho-physiology, clinical manifestations, diagnostic measures and management of patients (adult	Nursing management of patient (adult including elderly) with blood and cardio vascular problems  Review of anatomy and physiology of blood and cardio vascular system	<ul> <li>Lecture discussion</li> <li>Explain using charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussion</li> <li>Seminar</li> </ul>	Essay type     Short     answers     Objective     type     Assessment     of skills with

mass abscess, rupture

including elderly) with blood and cardio vascular problems • Describes the vascular conditions and its nursing management	Nursing Assessment — History and Physical assessment Etiology, pathophysiology, clinical manifestation, diagnosis, treatment modalities and medical, surgical, dietertics &nursing management of Vascular system o Hypertension, hypotension o Artieriosclerosis o Raynaud's diseases o Aneurism and Peripherial vascular disorders  Heart Coronary artery diseases o Ischemic heart diseses o Cornory atherosclerosis o Angina pectoris o Myocardial infarction Valvular disorders of the heart o Congenital and acquired o Rheumatic heart disease Endocarditis, Pericarditis Myocarditis Cardio Myopathies Cardiac dyshrythmias, heart block	Health education     Supervised clinical practice     Drug book     Presentation     Visit to blood bank     Participation in blood donation camps     Counseling	checklist • Assessment of patient management problem
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			<ul> <li>Congestive cardiac failure</li> <li>Cor-pulmonale, pulmonary, edema, cardiogenic shock, cardiac tamponade</li> <li>Cariac emergencies and arrest</li> <li>Cardio Pulmonary Resuscitation (CPR)</li> <li>Blood</li> <li>Anaemias</li> <li>Polycythemia</li> <li>Bleeding disorders; clotting factor defects and platelet defects</li> <li>Thalassemia</li> <li>Leukaemias</li> <li>Leukaemias</li> <li>Leukopenias and agranulocytosis</li> <li>Lymphomas</li> <li>Myelomas</li> <li>Special therapies</li> <li>Blood transfusion, safety checks, procedure and requirements, management of adverse transfusion reaction, records for blood transfusion.</li> <li>Management and counseling of blood donors, phlebotomy procedure, and post donation</li> </ul>		
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				management, Blood bank functioning and hospital transfusion committee. Biosafety and waste management in relation to blood transfusion  o Role of a nurse in organ donation retrieval and banking  • Alternative therapies  • Nursing procedures  • Drugs used in treatment of blood and cardio vascular disorders		
1111	VI	10	• Describe the etiology, patho-physiology, clinical manifestations, diagnostic measures and Management of patients (adults including elderly) with disorders of genitor – urinary systems	Nursing management of patient (adult including elderly) with genitor-urinary problems  • Review of anatomy and physiology of genitor-urinary system  • Nursing Assessment — History and Physical assessment  • Etiology, Pathophysiology, clinical manifestation, diagnosis, treatment modalities and medical,	<ul> <li>Lecture discussion</li> <li>Explain using charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussion</li> <li>Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book</li> <li>Presentation</li> </ul>	<ul> <li>Essay type</li> <li>Short         <ul> <li>Short</li> <li>answers</li> </ul> </li> <li>Objective         <ul> <li>type</li> </ul> </li> <li>Assessment         <ul> <li>of skills with</li> <li>checklist</li> </ul> </li> <li>Assessment         <ul> <li>of patient</li> <li>management</li> <li>problem</li> </ul> </li> </ul>

		surgical, dietetics & nursing management of  Nephritis Nephritic syndrome Nephrosis Renal calculus Tumours Acute renal failure Chronic renal failure End stage renal disease Dialysis, renal transplant Congenital disorder, urinary infections Benign prostrate hypertrophy Disorders of ureter, urinary bladder and uretherainflammation, infection, structure, obstruction, tumour prostrate Special therapies, alternative therapies Nursing procedures Drugs used in treatment of genitor — urinary disorders		
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VII 5 Describe the etiology, patho-physiology, Clinical manifestations, diagnostic measures and management of patients (adults including elderly) with disorders of male reproductive system.  **Neview of anatomy and physiology of male reproductive system.** Nursing Assessment History and physical assessment ** Etiology, pathophysiology, clinical manifestation, diagnosis, treatment modalities and medical, surgical dietetics & nursing management of disorders of male reproductive system.** Congenital malformations; crytorchidism ** Hypospadiasis, Epispadiasis.** Infections ** Testis and adjacent structures ** Penis ** Prostrate: inflammation, infection, hypertrophy, tumour ** Sexual dysfunctions ** Infertility						
	V	5	patho-physiology, Clinical manifestations, diagnostic measures and management of patients (adults including elderly) with disorders of male	disorders of male (adults including elderly) reproductive system  Review of anatomy and physiology of male reproductive system  Nursing Assessment — History and physical assessment  Etiology, pathophysiology, clinical manifestation, diagnosis, treatment modalities and medical, surgical dietetics & nursing management of disorders of male reproductive system  Congenital malformations; crytorchidism  Hypospadiasis, Epispadiasis Infections Testis and adjacent structures Penis Prostrate: inflammation, infection, hypertrophy, tumour Sexual dysfunctions	<ul> <li>Explain using Charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussion</li> <li>Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> <li>Assessment of skills with checklist</li> <li>Assessment of patient management</li> </ul>

				<ul> <li>Contraception</li> <li>Breast: gynecomastia, tumour</li> <li>Climactric changes</li> <li>Special therapies, alternative therapies</li> <li>Nursing procedures Male reproductive system</li> </ul>		
1114	VIII	10	Describe the etiology, patho-physiology, clinical manifestations, diagnostic measures and management of patients (adults including elderly) with disorders of endocrine system	Nursing management of patients (adults including elderly) with disorders of endocrine system  Review of anatomy and physiology of endocrine system  Nursing Assessment-History and Physical assessment  Etiology, Pathophysiology, clinical manifestation, diagnosis treatment modalities and medical, surgical, dietetics & nursing management of-  Disorders of Thyroid and Parathyroid Diabetes Diabetes insipidus	<ul> <li>Lecture discussion</li> <li>Explain using Charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussion</li> <li>Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book</li> <li>Presentation</li> </ul>	<ul> <li>Essay type</li> <li>Short         <ul> <li>Short</li> <li>Assessment</li> <li>of skills with checklist</li> </ul> </li> <li>Assessment of patient management problem</li> </ul>

			Adrenal tumour Pituitary disorders • Special therapies, alternative therapies • Nursing procedures • Drugs used in treatment of disorders of endocrine system		
IX	10	Describe the etiology, patho-physiology, clinical manifestations, diagnostic measures and management of patients (adults including elderly) with disorders of skin	Nursing management of patients (adult including elderly) with disorders of Integumentary system  • Review of anatomy and physiology of skin and its appendages  • Nursing Assessment-History and Physical assessment  • Etiology, Pahtophysiology, clinical manifestation, diagnosis, treatment modalities and medical, surgical, dietetics & nursing management of disorders of skin and its appendages-o Lesions and abrasions Infection and infestations, dermatitis  Dermatoses; infectious and	<ul> <li>Lecture discussion</li> <li>Explain using Charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussion</li> <li>Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book</li> <li>Presentation</li> </ul>	<ul> <li>Essay type</li> <li>Short         <ul> <li>Short</li> <li>Assessment</li> <li>of skills with checklist</li> </ul> </li> <li>Assessment of patient management problem</li> </ul>

				non infectious "Inflammatory dermatoses" o Acne Vulgaris Allergies and Eczema o Psoriasis Malignant melanoma Alopecia • Special therapies, alternative therapies • Nursing procedures • Drugs used in treatment of disorders of integumentary system		
116]	X	15	Describe the etiology, patho-physiology, clinical manifestations, diagnostic measures and management of patients (adults including elderly) with disorders of musculo-skeletal system	Nursing management of patients (adults including elderly) with musculoskeletal problems  • Review of anatomy and physiology of musculoskeletal system  • Nursing Assessment-History and Physiology assessment  • Etiology, Pathophysiology, clinical manifestation, diagnosis, treatment modalities and medical,	<ul> <li>Lecture discussion</li> <li>Explain using Charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussion</li> <li>Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book</li> <li>Presentation</li> </ul>	<ul> <li>Essay type</li> <li>Short         <ul> <li>Short</li> <li>answers</li> </ul> </li> <li>Objective type</li> <li>Assessment of skills with checklist</li> <li>Assessment of patient management problem</li> </ul>

117		surgical, dietetics & nursing management of  • Disorders of:  • Muscles, Ligaments & joints-inflammation, infection, trauma  • Bones – inflammation, infection, dislocation, fracture, tumor and trauma  • Osteomalacia and osteoporosis  • Arthritis  Congenital deformities  Spinal column – defects and deformities, tumor, prolapsed inter vertebral disc, pott's spine  Paget's disease  • Amputation  • Prosthesis  • Transplant & replacement surgeries  • Rehabilitation  • Special therapies, alternative therapies  • Nursing procedures  • Drugs used in treatment of discorders of musculockeletal	

XI	10	Describe the etiology, pathophysiology, clinical manifestations diagnostic measures and management of patients (adults including elderly) with disorders of immunological system	Nursing management of patients (adults including elderly) with Immunological problems  Review of immune system  Nursing Assessment-History and Physical assessment  Etiology, Pathophysiology, clinical manifestation, diagnosis, treatment modalities and medical, surgical, dietetics & nursing management of —  Immunodeficiency disorders  Primary immune deficiency  Phagocytic dysfunction  B-Cell and T-Cell deficiencies  Secondary Immunodeficiency  Acquired Immunodeficiency  Acquired Immunodeficiency  Syndrome (AIDS)  Incidence of HIV & AIDS  Epidemiology  Transmission-Prevention of Transmission  Standard safety precautions  Role of Nurse; counseling  Health education and home care consideration	Lecture discussion     Explain using Charts, graphs     Models, films, slides     Demonstration     Practice session     Case discussion     Seminar     Health education	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessment of skills with checklist</li> </ul>
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				National AIDS Control     Program-NACO various     national and international     agencies     Infection control program     Rehabilitation     Special therapies, alternative     therapies     Nursing procedure     Drugs used in treatment of     disorders of immunological     system	<ul> <li>Supervised clinical practice</li> <li>Drug book</li> <li>Presentation</li> <li>Orientation visit to hospital infection</li> </ul>	Assessment of patient management problem
1119	XII	20	Describe the etiology, pathophysiology clinical manifestations, diagnostic measures and management of Patients (adults including elderly) with communicable disease	Nursing management of patients (adults including elderly) with Communicable diseases  • Overview of infectious disease, the infectious process  • Nursing Assessment – History and Physical assessment  • Epidemiology, infectious process, clinical Manfifestation, dietetics, treatment, prevention and Dietetics, control and eradication of common communicable diseases	<ul> <li>Lecture discussion</li> <li>Explain using charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice Session</li> <li>Case discussions</li> <li>Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book/presentation</li> </ul>	<ul> <li>Essay type</li> <li>Short         <ul> <li>Short</li> <li>Objective</li> <li>type</li> </ul> </li> <li>Assessment         of skills with         checklist</li> <li>Assessment         of patient         management         problem</li> </ul>

			Diarrhoeal diseases, Hepatitis A-E, Herpes, Chickenpox Small Pox, Typhoid o Meningitis, Gas gangrene Leprosy, Dengue o Plague, Malaria, Diphtheria Pertussis, Poliomyelitis o Measles Mumps, Influenza, Tetanus Yellow fever Filariasis -HIV, AIDS • Reproductive Tract Infections • Special infection control measures: Quarantine, Immunization, infectious disease Hospitals • Special Therapies, alternative therapies • Nursing procedures • Drugs used in treatment of communicable diseases		
XIII	25	Describe the organization and physical set up of operation theatre	Peri operative nursing  Organisation and physical set up of the operation theatre (OT): classification	<ul> <li>Lecture Discussion</li> <li>Explain using charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> </ul>	<ul><li>Essay type</li><li>Short answers</li><li>Objective</li></ul>

o Tuberculosis

	Identify the various instruments and equipments used for common surgical procedures     Describe the infection control measures in the operation theatre     Describe the role of the nurse in the Peri Operative nursing care	<ul> <li>O.T. DESIGN</li> <li>Staffing</li> <li>Members of the OT team</li> <li>Duties and responsibilities of nurse in O.T.</li> <li>Principles of Health and operating room attire.</li> <li>Instruments</li> <li>Sutures and suture materials</li> <li>Equipments</li> <li>O.T. tables and sets for common surgical procedures</li> <li>Positions and draping for common surgical procedures</li> <li>Scrubbing procedures</li> <li>Gowning and gloving</li> <li>Preparation of O.T. sets</li> <li>Monitoring the patient during surgical procedures</li> <li>Maintenance of therapeutic environment in O.T.</li> <li>Standard safety measures</li> <li>Infection control; fumigation, disinfection and sterlisation</li> <li>B i o m e d i c a l w a s t e management Prevention of accidents and hazards in O.T.</li> <li>Anaesthesia • Types -</li> </ul>	Supervised clinical practice     Drug book / presentation	type • Assessment of skills with checklist
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	Methods of administration- Effects and stages-	
	Equipments- Drugs	
	<ul> <li>Cardio Pulmonary</li> </ul>	
	Resuscitation (CPR)	
	<ul> <li>Pain management techniques</li> </ul>	
	<ul> <li>Legal aspects</li> </ul>	

### MEDICAL SURGICAL NURSING - I (PRACTICAL)

(Adult including Geriatrics)

Practical - 100 Marks
Internal Assessment - 100 Marks
Total - 200 Marks

### **Placement- Second Year**

**Course Description:** The purpose of this course is to acquire knowledge and develop proficiency in caring for patients with medical and surgical disorer in varieties of health care setting and at home.

Area	Duration (in week)	Objectives	Skills	Assignments	Assessment methods
General Medical Ward (* Respirator, GI, Endocrine, Renal, Hemotolog y)	6	<ul> <li>Provide nursing care to adult patients with medical disorders</li> <li>Counsel and educate patients and families</li> </ul>	Assessment of the patient     Taking history perform general & specific physical examination. Identify alterations & deviations     Practice medical surgical asepsis-standard safety measures     Adminster medications: Oral, IV, IM, Subcutaneous     IV therapy     IV canulation     Maintenance & motoring	<ul> <li>Plan and give care to 3-4 assigned patients</li> <li>Nursing care plan-2</li> <li>Nursing case study / presentation-1</li> <li>Drug presentation-1</li> <li>Maintain drug book</li> <li>Maintain practical record book</li> </ul>	<ul> <li>Assess         performance         with rating         scale</li> <li>Assess each         skill with         ckecklist</li> <li>Evaluation of         case study /         presentation</li> <li>Completion         of activity         record</li> </ul>

			Oxygen therapy by different methods     Nebulization     Chest physio therapy     Naso gastric feeding     Assist in common diagnostic procedures     Perform / assist in the therapeutic procedures     Blood & component therapy     Throat suctioning     Collect specimens for common investigations     Maintain elimination     Catheterisation     Bowel wash     Enema         Urinary drainage     Maintain intake, output and documentation     Counsel and teaching related to specific disease conditions		
General Surgical ward (GI, Urinary, CTVS)	6	• Provide pre & post operative nursing care to adult	Practice medical surgical asepsis-standard safety measures     Pre operative preparation of patients	<ul> <li>Plan and give care to 3-4 assigned patients</li> <li>Nursing care plan-2</li> <li>Nursing case study / presentation-1</li> <li>Maintain drug book</li> </ul>	Assess     performance     with rating     scale

		patients with surgical disorders • Counsel and educate patients and families	Post operative care-receiving pt, assessment, monitoring, care • Care of wounds & drainage • Suture removal     Ambulation & exercise     Naso gastric aspiration     Care of chest drainage     Ostomy care     Gastrostomy     Colostomy, Enterostomy     Blood and component therapy     Practice universal precautions		•	Assess each skill with ckecklist Evaluation of case study / presentation Completion of activity record
Cardiolog y ward	2	<ul> <li>Provide nursing care to patients with cardiac disorders</li> <li>Counsel and educate patients and families</li> </ul>	<ul> <li>Physical examination of the cardio vascular system recording and interpreting ECG</li> <li>Monitoring of patients</li> <li>Preparation and assisting in non-invasive &amp; invasive diagnostic procedures.</li> <li>Administer cardiac drugs</li> <li>Cardio Pulmonary Resuscitation</li> <li>Teach patients &amp; families</li> <li>Practice medical and surgical asepsis standard safety measures</li> </ul>	<ul> <li>Plan and give care to 3-4 assigned patients</li> <li>Nursing care plan-2</li> <li>Nursing case study / presentation-1</li> <li>Maintain drug book</li> </ul>		Assess performance with rating scale Assess each skill with ckecklist Evaluation of case study / presentation Completion of activity record

Skin & Communic able diseases ward	I	Identify skin problems     Provide nursing care to patients with skin disorders & communica ble disease     Counsel and educate patients and families	<ul> <li>Assessment of patient with skin disorders</li> <li>Assist in diagnostic &amp; therapeutic procedures</li> <li>Administer topical medication</li> <li>Practice medical surgical asepsis-standard safety measures</li> <li>Use of Personal Protective Equipment (PPE)</li> <li>Give medicated baths</li> <li>Counseling HIV positive patients</li> <li>Teach prevention of infectious diseases.</li> </ul>	<ul> <li>Plan &amp; give care to 2-3         assigned patients</li> <li>Health talk / counseling HIV         positive patients and families         -1</li> <li>Maintain drug book</li> </ul>	Assess performance with rating scale     Evaluation of health talk / counseling session     Completion of activity record.
Orthopaed ic ward	2	Provide nursing care to patients with musculoskl etal disorders     Counsel and	<ul> <li>Assessment of orthopaedic patients</li> <li>Assist in application of plaster cast and removal of cast.</li> <li>Apply skin tractionbuck's extension traction.</li> <li>Assist in application &amp; removal of prosthesis</li> <li>Physiotherapy –Range of motion exercises (ROM),</li> </ul>	<ul> <li>Plan &amp; give care to 2-3 assigned patients</li> <li>Nursing care plan-1</li> <li>Nursing case study / presentation-1</li> <li>Maintain drug book</li> </ul>	Assess performance with rating scale     Evaluation of nursing care plan and nursing case / study / present-action

			educate patients and families	muscle strengthening exercises  Crutch maneuvering technique.  Activities of daily living  Ambulation  Teach and counsel patients and families	
[ 127 ]	Operation Theatre	6	• Identify instruments used in common operations • Participate in infection control practices in the operation theatre • Set-up the table/trolle y for common operative procedures	<ul> <li>Scrubbing, gowning gloving</li> <li>Identify instruments, suturing materials for common operations</li> <li>Disinfection, carbolization, fumigation</li> <li>Preparation of instruments sets for common operations</li> <li>Sterlization of sharps and other instruments</li> <li>Prepare the OT table depending upon the operation</li> <li>Positioning and monitoring of patients</li> <li>Endotracheal intubation</li> <li>Assisting in minor and major operations</li> <li>Handling specimens</li> <li>Disposal of waste as per the guideline</li> </ul>	<ul> <li>Assist as a circulatory nurse in</li> <li>Major case-10</li> <li>Minor cases-5</li> <li>Assist as a scrub nurse in</li> <li>Major cases – 10</li> <li>Minor cases – 5</li> <li>Maintain drug book</li> </ul>

Completion of activity record

• Assess

Assess
 performance
 with rating
 scale
 Completion
 of activity
 record

<ul> <li>Assist in giving anesthesia</li> <li>Assist in the operative procedures</li> <li>Provide peri operative nursing</li> </ul>	
care	

### Internship

Area	Duration (in week)	Objectives	Skills	Assignments	Assessment methods
ICU, CCU, CARDIAC OT.	2	To gain proficiency in ICU nursing     Develop advance skill in Special procedures used in critical care unit.     Identify potential problems and provide accordingly.     Skill in setting and handeling ventilator.	<ul> <li>Assist in arterial puncture for blood gas analysis</li> <li>Perform ECG and interpret accordingly.</li> <li>Conduct and analyse pulse oximetry.</li> <li>Care with artificial airway.</li> <li>Assist in endotracheal intubation</li> <li>Setting up ventilator</li> <li>Giving care in ventilator</li> <li>Drug sheet.</li> <li>Observation of special procedure in O.T.</li> </ul>	<ul> <li>Arterial puncture-5</li> <li>Taking out ECG stripe – 5</li> <li>Tracheal suction-5</li> <li>For all assigned patients</li> <li>Oxygen administration by CPAP mask and use Ambu bag.</li> <li>Assessment for all assigned patients.</li> <li>Nursing care in ventilator</li> <li>Drug sheet</li> </ul>	Record book     Checking     With     supervisor

### Internship

Area	Duration (in week)	Objectives	Skills	Assignments	Assessment methods
		Administer injection in infusion pump.     Record accurately findings and medications     Develop IPR with family members.     Acquaint with OT technique			
Neuro ICU, ITU, OT	2	• Develop skill in neurolo gical assessment, • Give care to the	<ul> <li>Assess neurological status</li> <li>Implement care to head injury, spinal injury patients.</li> <li>Drug sheet.</li> <li>Pre and postoperative care with neuro surgery patients.</li> </ul>	Assessment for all assigned patients.     Nursing care plan-2     Drug sheet	Record book     Observation     Checklist

### Internship

Area	Duration (in week)	Objectives	Skills	Assignments	Assessment methods
		pt with head injury and spinal Injury. • Care with chest surgery and cranial surgery			
Burns and plastic Reconstru ctive surgery	2	Assess the severity of burns.     Admi nister rehydration therapy     Observe reconstructive surgery     Care with chest surgery and cranial surgery	Nursing care		

OT Lapro scopic Orthop aedic EYE ENT	3	Identify instruments     Assist in OT set up     Supervise sterlization     Assist in OT table lay out.     Observe immediatel y after operation control.		• Assist-5 cases	Record book	
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Second Basic B.Sc. (Nursing)

MED. SUR. NUR. I-II

Second Year Basic B.Sc Nursing (Main) **Examination Month Year** 

MEDICAL SURGICAL NURSING-I

Paper II

Time: Three Hours

**Maximum Marks: 75** 

Q.No.1 Long Essay type (Attempt any two out of thre)10x2=20

Q.No2 Short Essay type (Attempt any seven out of nin)5x7=35

Q.No.3 Short Answer type (10)

2x10=20

MODEL PAPER

Second Basic B.Sc. (Nursing)

MED. SUR. NUR. I-II

Second Year Basic B.sc Nursing (Main) **MEDICAL SURGICAL NURSING - I Examination Month Year** 

**Maximum Marks: 75** Time: Three Hours Paper II

Q.No.1. Long essays (Attempt any Two)

Define congestive heart failure. Describe Pathophysiology, clinical manifestation of right side heart failure and nursing management.

**(** and medical management. Prepare nursing care plan. What is pancreatitis? Discuss clinical manifestation

<u>c</u> responsibilities. tuberculosis. Discuss about DOTS and nursing Write down Pathophysiology of pulmonary

# Q.No.2. Short essays (Attempt any Seven)

5x7 = 35

- Peptic ulcer
- $\bigcirc$ Nursing management of burn patient
- Reconstructive surgery
- (A)(C) Mayotable
- <u>@</u> Hernia
- Emergency management of myocardial infarction
- Diabetes mellitus
- Hypertension

Aplastic anaemia

2x10=20

## Q.No.3. Short answers

- Anemia
- Chemotherapy
- <u>ত</u> Stomatitis
- Scabies
- <u>@</u> Fracture
- $\bigcirc$ Pagets Disease
- **E**60 Iraction
- Osteomyelitis
- AIDS
- Rheumatic fever

### (3230) PHARMACOLOGY, PATHOLOGY, GENETICS

Theory - 75 Marks
Internal Assessment - 25 Marks
Total - 100 Marks

Total - 100 Marks
Duration - 3 Hrs. (Theory)

Pharmacology, Genetics, Pathology: Section A of Pharmacology with 38 marks, Section B of Pathology of 25 and Section C Genetics with 12 marks.

Placement – Second Year

### Section A - Pharmacology

(Max. Marks - 38)

**Course Description:** This course is designed to enable students to acquire understanding to pharmaco-dynamics, pharmacokinetics, principles of therapeutics and nursing implications.

Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
I	1	Describe pharmaco- dynamics, pharmaco- kinetics, classification and the principles of drug administration	Introduction to pharmacology  Definitions  Sources  Terminology used  Types: Classification  Pharmacodynamics: action, therapeutic  Adverse, toxic  Pharmacokinetics: absorption, distribution, metabolism, interaction, excretion  Review: Routes and principles of administration of drugs	Lecture Discussion	<ul> <li>Short answers</li> <li>Objective type</li> </ul>

			Indian pharmacopoeia: legal issues     Rational use of drugs     Principles of therapeutics		
II	6	Explain chemotherapy of specific infections and infestations and nurse's responsibilities	Chemotherapy Pharmacology of commonly used Penicillin - Cephalosporins Macrolide & broad spectrum antibiotics Sulfonamides Quinolones Antiamoebic Antimalarials Anthelmintics Antiscabies agents Antiviral & anti-fungal agents Antitubercular drugs Anti leprosy drugs Anticancer drugs Immune - suppressants Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse	Lecture Discussion     Drug study / presentation	Short answers     Objective type

III	2	Describe Antispetics, disinfectants, insecticides and nurse's responsibilities	Pharmacology of commonly used antiseptics, disinfectant and insecticides  • Antiseptics  • Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse  • Disinfectants  • Insecticides	Lecture discussion     Drug study / presentation	<ul> <li>Short answers</li> <li>Objective type</li> </ul>
IV	2	Describe drugs acting on gastrointestinal system & nurse's responsibilities	Prugs acting on G.I. system Pharmacology of commonly used - Antiemetics, Emetics o Purgatives o Antacids o Cholinergic o Anticholinergies o Fluid & electrolyte therapy o Anti diarrhoeals o Histamines Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse	Lecture discussion     Drug study / presentation	<ul> <li>Short         <ul> <li>answers</li> </ul> </li> <li>Objective         <ul> <li>type</li> </ul> </li> </ul>

138	V	2	Describe drugs used on respiratory systems & nurse's responsibilities	Drugs used on respiratory systems  • Pharmacology of commonly used o Antiasthmatics o Mucolytics o Decongestants o Expectorants o Bronchodilatiors o Antihistamines • Composition action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse	<ul> <li>Lecture discussion</li> <li>Drug study / presentation</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> </ul>
	VI	2	Describe drugs used on urinary systems & nurse's responsibilities	Drugs used on urinary system • Pharmacology of commonly used -Diuretics & antidiuretics -Urinary antiseptics -Cholinergic & anticholinergics -Acidifiers and alkalanizers • Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse	Lecture discussion     Drug study / presentation	<ul> <li>Short answers</li> <li>Objective type</li> </ul>

VII	4	Describe drugs used in de-addiction, emergency, deficiency of vitamins & minerals, poisoning, for immunization and immune-suppression and nurse's responsibilities	Miscellaneous  Drugs used in de-addition  Drugs used in CPR and emergency  Vitamins and minerals  Immunosuppresants  Antidotes  Antivenom  Vaccines and sera	<ul> <li>Lecture discussion</li> <li>Drug study / presentation</li> </ul>	Short answers     Objective type
VIII	1	Describe drugs used on skin & mucous membrances & nurse's responsibilities	<ul> <li>Drugs used on skin and mucous membrances</li> <li>Topical applications for skin, eye, ear, nose and buccal cavity antipruritics</li> <li>Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse</li> </ul>	Lecture discussion     Drug study / presentation	<ul> <li>Short answers</li> <li>Objective type</li> </ul>
IX	8	Describe drugs used on nervous system and nurse's responsibilities	Drugs acting on nervous system •Basic & applied pharmacology of commonly used: • Analgesics & Anaesthetics - Analgesics - Non Steroidal Anti Inflammatory (NSAID) Drug, - Antipyretics	Lecture discussion     Drug study / presentation	Short answers     Objective type

			<ul> <li>Hynotics &amp; Sedatives    -Opioids</li> <li>Non-Opioids         <ul> <li>Tranquilizers</li> <li>General &amp; local anesthetics</li> <li>Gases: oxygen, nitrous oxide, carbon-dioxide</li> <li>Cholinergic &amp; anticholinergics:</li> <li>Muscle relaxants</li> <li>Major transquilizers</li> <li>Anti-psychotics</li> <li>Antidepressants</li> <li>Adrenergics</li> <li>Noradregenics</li> <li>Mood stabilizers</li> <li>Acetylcholine</li> <li>Stimulants</li> <li>Composition, action, dosage, route, indication, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse</li> </ul> </li> </ul>		
X	5	Describe drugs used on cardiovascular system & nurse responsibilities	Cardiovascular drugs	Lecture discussion     Drug study / presentation	<ul><li>Short answers</li><li>Objective type</li></ul>

141				<ul> <li>Anti hypertensives &amp; Vasodilators</li> <li>Anti-arrhythmics</li> <li>Plasma expanders</li> <li>Coagulants &amp; anticoagulants</li> <li>Antiplatelets &amp; thrombolytics</li> <li>Hypolipidemics</li> <li>Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse</li> </ul>		
141	XI	4	Describe drugs used for hormonal disorders and supplementation, contraception and medical termination of pregnancy & nurse's responsibilities	Drugs used for hormonal disorders and supplementation, contraception and medical termination of pregnancy Insulin's & oral hypoglycemic Thyroid supplements and suppressants Steroids, anabolic Uterine stimulants and relaxants Oral contraceptives Other estrogen-progesterone preparations	Lecture discussion     Drug study / presentation	<ul> <li>Short     answers</li> <li>Objective     type</li> </ul>

				<ul> <li>Corticotrophine &amp; Gonadotropines</li> <li>Adrenaline</li> <li>Prostaglandins</li> <li>Calcitonins</li> <li>Calcium salts</li> <li>Calcium regulators</li> <li>Composition, action, dosage, route, indications, contraindications, drug interactions, side effects, adverse effects, toxicity and role of nurse</li> </ul>		
XI	6	6	Demonstrate awareness of the common drugs used in alternative system of medicine	Introduction to drugs used in alternative systems of medicine:  • Ayurveda, Homeopathy, Unani and Siddha etc.	<ul><li>Lecture discussion</li><li>Drug study / presentation</li></ul>	Lecture discussion     Drug study / presentation

### Section - B : PATHOLOGY

(Pathology - Max. Marks - 25)

### Placement - Second Year

Course Description: This course is designed to enable students to acquire knowledge of pathology of various disease conditions and

apply this knowledge in practice of nursing.

Unit	Time (Hrs.)	Pr.	Learning Objectives	Content	Teaching Learning Activities	Evaluation
I	3		Define the common terms used in Pathology.     Appreciate the deviations from normal to abnormal structure and functions of the body system	Introduction: Importance of the study of Pathology Definition of terms Methods & Techniques Cellular & Tissue changes Infiltration and regeneration Inflammations & infections Wound healing Vascular changes Cellular growth, neoplasms Normal & Cancer cell Benign & Malignant growths In situ carcinoma Disturbances of fluid & electrolyte imbalance	Lecture Discussion	<ul> <li>Short answers</li> <li>Objective type</li> </ul>
II	10	5	Explain pathological changes in disease conditions of various	• Pathological changes in disease conditions of various	Lecture discussion     Explain using charts, slides, specimen, X-	<ul><li>Short answers</li><li>Objective</li></ul>
			systems	systems:	rays and scans	type

	<ul> <li>Respiratory tract</li> <li>Tuberculosis, Bronchitis, pleural effusion and pneumonia</li> <li>Lung abscess, emphysema, bronchiectasis</li> <li>Bronchi-1 asthma, chronic obstructive pulmonary disease &amp; tumors</li> <li>Cardio-vascular system</li> <li>Pericardial effusion</li> <li>Rheumatic heart disease</li> <li>Infective endocarditis atherosclerosis</li> <li>Ischemia, infarction and Aneurysm</li> <li>Gastro intestinal tract</li> <li>Peptic ulcer, typhoid, carcinoma of GI-tract Buccal, Easophageal, Gastric &amp; Intestinal</li> <li>Liver, Gall bladder &amp; Pancreas</li> <li>Hepatitis, chronic liver abscess, cirrhosis, tumors of liver, gall bladder and pancreas, Cholecystitis</li> </ul>	Visit to pathology lab, endoscopy unit and OT	
	liver, gall bladder and		

					o Glomerulonephritis pyelonephritis Calculi, renal failure, renal carcinoma & cystitis  • Male genital systems o Cryptorchidism, testicular atrophy o Prostatic hyperplasia, carcinoma penis & prostate  • Female genital system o Fibroids • Carcinoma cervix and Endometrium o Vesicular mole, choricocarcinoma o Ectopic gestation o Ovarian cyst & tumors • Cancer Breast • Central nervous system o Hydrocephalus, Meningitis, encephalitis o Vascular disorders- thrombosis, embolism o Stroke, paraplegia, quadriplegia- tumours, meningiomas-gliomas • Metastatic tumour • Skeletal system o Bone healing, osteoporosis, osteomyelitis • Arthritis & tumours		
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III	4	3	Describe various laboratory tests in assessment and monitoring of disease conditions	Clinical Pathology  Various blood & bone marrow tests in assessment & monitoring of diseases conditions hemoglobin  RBC, white cell & platelet counts  Bleeding time, clotting time & prothrombine time  Blood grouping & cross matching  Blood chemistry  Blood culture  Serological and immunological tests  Cher blood tests  Examination of bone marrow  Methods of collection of blood specimen for various clinical pathology, biochemistry, microbiology tests, inference and normal values	Lecture discussion     Demonstration     Visit to clinical pathology & biochemistry lab and blood bank	Short answers     Objective type
IV	2	1	Describe the laboratory tests for examination of body cavity fluids, transudates & exudates	Examination of body cavity fluids, transudated and exudates  • The laboratory tests used in CSF analysis	Lecture discussion     Demonstration	• Short answers • Objective type

[ 147 ]					<ul> <li>Examination of other body cavity fluids, transudates and exudates-sputum, wound discharge etc.</li> <li>Analysis of gastric and duodenal contents</li> <li>Analysis of semen-sperm count, motility * morphology and their importance in infertility</li> <li>Methods of collection of CSF and other cavity fluids specimen for various clinical pathology, biochemistry, microbiology tests, inference and normal values</li> </ul>		
	V	1	1	Describe the laboratory tests for examination of urine and faeces	<ul> <li>Urine &amp; Faeces</li> <li>Urine: <ul> <li>Physical characteristics</li> <li>Analysis</li> <li>Culture and sensitivity</li> <li>Faeces - Characteristics</li> <li>Stool examination: occult blood, ova, parasite and cyst, reducing substance etc.</li> <li>Methods of collection for various tests inference and normal values</li> </ul> </li> </ul>	<ul> <li>Lecture discussion</li> <li>Demonstration</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> </ul>

### Section C - GENETICS (Max. Marks - 12)

### Placement - Second Year

Course Description: This course is designed to enable students to acquire understanding of genetics, its role in causation and management of defects and diseases.

Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
I	3	• Explain nature principles & perspectives of heredity	<ul> <li>Introduction:</li> <li>Practical application of genetics in nursing</li> <li>Impact of genetic condition on families</li> <li>Review of cellular division mitosis &amp; meiosis.</li> <li>Characteristics &amp; structure of genes</li> <li>Chromosomes – sex determination</li> <li>Chromosomal aberrations</li> <li>Patterns of inheritance</li> <li>Mendalian theory of inheritance</li> <li>Multiple allots and blood groups</li> <li>Sex linked inheritance</li> <li>Mechanism of inheritance</li> <li>Errors in transmission (Mutation)</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Explain using charts, slides</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> </ul>

IV	2	Identify genetic disorders in adolescents and adults	Genetic condition of adolescents and adults o Cancer genetics – familial cancer o Inborn errors of metabolism o Blood group alleles and haemotological disorder o Genetic haemochromatosis Huntington's disease o Mental illness	Lecture Discussion     Explain using charts, slides	<ul> <li>Short answers</li> <li>Objective type</li> </ul>
V	5	Describe the role of nurse in genetic services and counseling	Services related to Genetics     Genetic testing     Human genome project     Gene therapy     The Eugenics movement     Genetics Counselling     Legal and ethical issues role of nurse	Lecture Discussion	• Short answers • Objective type

Second Basic B.Sc. (Nursing)

PHAR. PATH. GEN.-III

PHARMACOLOGY, PATHOLOGY, GENETICS Second Year Basic B.Sc Nursing (Main) **Examination Month Year** 

Paper III

**Maximum Marks: 75** Time: Three Hours

Use separate answer-book for each section. and B Pathology & Genetics of 37 marks. This Question paper consist of Section A Pharmacology of 38 marks

**PHARMACOLOGY** Section – A

Q.No.1 Long essay Type (Attempt any one out of two)10x1=10

Q.No2 Short Essay Type (Attempt any four out of six) 5x4=20

Q.No.3 Short Answer Type (4)

2x4 = 8

### PATHOLOGY & GENETICS Section – B

Q.No.1 Long essay Type (Attempt any one out of two) 10x1=10

Q.No2 Short Essay Type (Attempt any three out of five) 5x3=15

Q.No.3 Short Answer Type (6)

2x6 = 12

# MODEL PAPER

Second Basic B.Sc. (Nursing) PHAR. PATH. GEN. - III

Second Year Basic B.sc Nursing (Main) Examination Month

Paper III

PHARMACOLOGY, PATHOLOGY, GENETICS

**Maximum Marks: 75** Time: Three Hours

Use separate answer-book for each section

This Question paper consist of Section A Pharmacology of 38 marks

and B Pathology & Genetics of 37 marks.

### **PHARMACOLOGY** Section – A

# Q.No.1. Long essays (Attempt any One)

10x1=10

- (a) What is pharmacodynamics? Explain route and principles of drug administration.
- (b) Write down classification of Non steroidal antiinflammatory drugs. Explain Aspirin

# Q.No.2. Short essays (Attempt any four)

5x4 = 20

- (a) Anticancer drugs
- (b) Pharmacokinetic
- (c) Opoid analgesics
- (d) Diuretics
- (e) Bronchodilators Antiseptic

### Q.No.3. Short answers

2x4 = 8

(a) Disinfectant

- (b) Antacid
- (c) Cardiotonics
- (d) Anaesthesia

# PATHOLOGY & GENETICS

### Long essays (Attempt any One) Define tumor. Differentiate between benign and What is inflammation? Explain wound healing. malignant tumor.

Short essays (Attempt any Three

<u>(a)</u> Myocardial infarction Metastasis

**FNAC** Pulmonary tuberculosis

@ @ @

Peptic ulcer

Short answers

### (3240) COMMUNITY HEALTH NURSING - I

500000

Trisomy

Mitosis

Triploidy

Mongolism

Down's syndrome

Gene mapping

75 Marks Theory Internal Assessment 25 Marks

100 Marks **Total Duration** 3 Hrs. (Theory)

Placement - Second Year

Course Description: This Course is designed for students to appreciate the principles of promotion and maintenance of health.

Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
I	2	Describe concepts and dimension of health	<ul> <li>Introduction</li> <li>Community health nursing</li> <li>Definition, concept and dimensions of health</li> <li>Promotion of health</li> <li>Maintenance of health</li> </ul>	Lecture Discussion	Short answers
II	20	Describe determinants of health	Determinants of health	<ul> <li>Lecture discussion</li> <li>Explain using charts, graphs, models, films, slides</li> <li>Visits to water supply, sewage disposal, milk plants, slaughter house etc.</li> </ul>	<ul><li>Essay type</li><li>Short answer</li><li>Objective type</li></ul>

			<ul> <li>Infrastructure facilities and linkages</li> <li>Acts regulating the environment: national pollution control board</li> <li>Bacterial &amp; viral: Agents, host carriers and immunity</li> <li>Food hygiene: Production, Preservation, Purchase, Preparation, Consumption</li> <li>Acts regulating food hygiene-prevention of food adulteration act, drugs and cosmetic act.</li> <li>Socio-cultural</li> <li>Customs, taboos</li> <li>Marriage system</li> <li>Family structure</li> <li>Status of special groups; females, children, elderly, challenged groups and sick persons</li> <li>Life style</li> <li>Hygiene</li> <li>Physical activity</li> <li>Recreation and sleep</li> <li>Sexual life</li> <li>Spiritual life philosophy</li> </ul>		
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			- Self reliance - Dietary pattern - Education - Occupation - Financial management - Income - Budget - Purchasing power - Security		
III	10	Describe concepts scope, uses methods and approaches of epidemiology	Epidemiology  Defination, concept aims, scope, uses and terminology used in epidemiology  Dynamics of disease transmission: epidemiological triad  Morbidity and mortality: measurements  Levels of prevention  Methods of epidemiology Descriptive Analytical: Epidemic investigation Experimental	<ul> <li>Lecture discussion</li> <li>Explain using charts, graphs</li> <li>Models, films, slides</li> </ul>	Essay type     Short answer
IV	25	Describe epidemiology and nursing management	Epidemiology and nursing management of common communicable disease	<ul><li>Lecture discussion</li><li>Explain using charts, graphs</li><li>Models, films slides</li></ul>	<ul><li>Essay type</li><li>Short answer</li></ul>

] 158 ]			Viral Rabies Yellow fever Japanese encephalitis Kyasnur Forest Disease Bacterial Brucellosis Plague Human Salmonellosis Anthrax Leptospirosis Rickettsial diseases Rickettsial Zoonoses Scrub typhus Murine typhus Tick typhus Q fever Parasitic Zoonoses Taeniasis Hydatid disease Leishmaniasis Surface infection Trachoma Tetanus Leprosy STD & RTI Yaws, HIV / AIDS Any other		
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VII	17	<ul> <li>Identify the impact of Population explosion in India</li> <li>Population explosion in India</li> <li>Describe methods of population control</li> </ul>	<ul> <li>Population and its Control</li> <li>Population explosion and its impact on Social, Economic development of individual, society and country</li> <li>Population, control:         <ul> <li>overall development: women empowerment, social, economic and educational development</li> <li>Limiting family size: Promotion of small family norms</li></ul></li></ul>	<ul> <li>Lecture discussion</li> <li>Population survey</li> <li>Counseling</li> <li>Demonstration</li> <li>Practice session</li> <li>Supervised field practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answer</li> <li>Objective type</li> <li>Assessment of survey report</li> </ul>
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### **COMMUNITY HEALTH - NURSING - I (Practical)**

### **Placement-Second Year**

 $\textbf{Course Description:} This \ Course \ is \ desinged \ for \ students \ to \ appreciate \ the \ principles \ of \ promotion \ and \ maintenance \ of \ health.$ 

Area	Duration (in week)	Objectives	Skills	Assignments	Assessment methods
Community Health nursing	2	Build & maintain rapport     Identify demogra phic Characteris tics, Health Determinat s and community health resources     Diagnosis health needs of	Use technique of interpersonal relationship     Identification of Health determinats of community     History taking     Physical examination     Collect Specimens sputam, malariasmear     Perform simple lab tests at center blood for haemoglobin and albumin and sugar     Administer vaccines and medications to adult     Counsel vaccines and medications to adult     -Nutrition     -Hygiene	To work with 2 assigned families each in urban and rural  • Family study-1  • Observation report of community -1	<ul> <li>Assess clinical perfomance with rating scale</li> <li>Assess each skills with checklist</li> <li>Evaluation of family study, observation report and health talk</li> <li>Completion of activity record</li> </ul>

	individuals and families • Provide primary care in health center • Councils and educate Individual, family and community	-Self health Monitoring Seeking health services - Healthy Life Style - Family Welfare Methods - Health promotion		
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# Second Basic B.Sc. (Nursing) COMM. HEAL. NURS.I-IV 3240

Second Year Basic B.Sc Nursing (Main)
Examination Month Year
COMMUNITY HEALTH NURSING - I

Paper IV

Time: Three Hours

Maximum Marks: 75

Q.No.1 Long Essay type (Attempt any two out of three) 10x2=20

Q.No 2 Short Essay type (Attempt any seven out of nine)5x7=35

Q.No.3 Short Answer type (10) 2x10=20

# MODEL PAPER

Second Basic B.Sc. (Nursing) COMM. HEAL. NURS.1 - IV 3240

Second Year B.sc Basic Nursing (Main)
Examination Month Year
COMMUNITY HEALTH NURSING - I
Paper IV

Time: Three Hours Maximum Marks: 75

Q.No.1. Long essays (Attempt any Two)

(a) Define health, discuss dimension of health.

(b) Describe determinants of health in detail.(c) Define epidemiology, explain descriptive method of

Q.No.2. Short essays (Attempt any Seven)

epidemiology

(a) Levels of prevention

(b) Dynamics of disease

(c) Measurement of mortality

(d) Chicken pox

(e) Typhoid Fever

(f) Malaria

g) SARSh) Whooping cough

) Dengue

Q.No.3. Short answers

2x10=20

(a) Concept of promotion of health

(b) Life style

(c) Hygiene

(d) Taboos

(e) Food fact(f) Marriage

(g) Education

h) Morbidity

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### (3250) COMMUNICATION & EDUCATIONAL TECHNOLOGY

Theory - 75 Marks
Internal Assessment - 25 Marks
Total - 100 Marks
Duration - 3 Hrs. (Theory)

### Placement - Second Year

**Course Description:** This course is designed to help the students acquire an understanding of the principles and methods of communitation and teaching. it helps to devlop skills in communicating effectively, maintaining effective interpersonal relationship, teaching individuals and groups in clinical community health and educational setting.

1	Unit	Time (Hrs.)	Pr.	Learning Objectives	Content	Teaching Learning Activities	Evaluation
	Ι	5		<ul> <li>Describe the Communication process</li> <li>Identify techniques of effective communication</li> </ul>	Review of communication Process  Process; elements and chance Facilitors Barriers and methods of overcoming. Techniques	<ul><li>Lecture Discussion</li><li>Role Plays</li><li>Excerise with audio/video tapes</li></ul>	<ul> <li>Respond critical</li> <li>Incidents</li> <li>Short</li> <li>Answers</li> <li>Objective type</li> </ul>
	II	5		• Establish effective inter-personal Relations with Patients, Families & Co-workers	Interpersonal relations  • Purpose & types  • Phase  • Barriers & methods of overcoming  • Johri window	<ul> <li>Lecture Discussion</li> <li>Role plays</li> <li>Exercise with audio/video tapes</li> <li>Process recording</li> </ul>	<ul><li>Short answer</li><li>Objective type</li></ul>

III	5	hu	Develop effective iman relations in intext of nursing	<ul> <li>Human relations</li> <li>Understanding self</li> <li>Social behaviour, motivation, social attidues</li> <li>Individuals and group</li> <li>Human relations in context of nursing</li> <li>Group dynamics</li> <li>Team work</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Sociometry</li> <li>Group games</li> <li>Psychometris</li> <li>Excerise followed by discussion</li> </ul>	
IV	10		Devleop basic skill of counseling and guidance	Guidance & Counseling  • Definition, •Purpose, scope and need  • Basic principles  • Organization of counseling service• Types of counseling approaches • Role and preparation of counselor  • Issues for counseling in nursing: students and practitioners  • Counseling process-Steps & techniques, tools of counselor  • Managing disciplinary problems  • Management of crisis & referral	Lecture discussion     Role paly on counseling in different situations followed by discussion .	Short answer     Objective type     Assess performance in role plays situations .

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-	V	5		Describe the philosophy & principles of education     Explain the teaching learning process	Principles of education & teaching learning process  • Education: meaning, Philosophy, aims, functions & principles  • Nature and Characteristics of learning  • Principles and maxims of teaching  • Formulating objectives; general and specific  • Lesson planning  • Classroom management	Lecture discussion     Prepare lesson plan     Micro teaching     Exercise on writing objectives	<ul> <li>Short answer</li> <li>Objective type</li> <li>Assess lesson plans &amp; teaching session</li> </ul>
177	VI	10	10	Demonstrate     Teaching skill using     various teaching     methods in clinical,     classroom and     community setting	Methods of teaching  • Lecture, demonstration, group discussion, seminar, symposium, panel discussion, role play, project, field trip, workshop, exhibition, programmed instruction, computer assisted, learning, micro teaching problem based learning, self instructional module and simulation etc.  • Clinical teaching Methods: case method, Nursing round & reports, Beside clinic,	Lecture discussion     Conduct 5 teaching sessions using Different methods & media	<ul> <li>Short</li></ul>

				group) process recording		
VII	10	8	Prepare and use Different types of media effectively	Educational media Purpose & types of A.V. Aids, principles and source etc. Graphic aids: chalk board, chart, graph, poster, flash cards, flannelgraph, bulletin,cartoon Three dimension aids: Objects, specimens, models, puppets Printed aids: pamphlets & leaflets Projected aids: slides, overhead projector, films, TV, VCR/VCD/, camera, microscope, LCD Audio aids; tape recorder, public address system Computer	Lecture discussion     Demonstration     Prepare different     teaching aids     Projected & non     projected	Short     Answer     Objective     type     Assess the     teaching aids     prepared
VIII	5	7	Prepare different types of questions for assessment of knowledge, skills and attitudes	Assessment     Purpose & scope of evaluation & assessment     Criteria for selection of assessment techniques and methods	Lecture Discussion     Exercise on writing different types of assessment tools	• Short Answer • Objective type

Conference (individual &

			<ul> <li>Assessment of Knowledge: essay type question, short answer question (SAQ), multiple choice questions (MCQ)</li> <li>Assessment of skills: Observation checklist, Practical exam, viva voce Objective structured Clinical examination (OSCE)</li> <li>Assessment of attidues: attitude scales</li> </ul>		Assess the     Strategies used     in Practice     teaching     Sessions     and exercise     session
IX	5	Teach individuals, Groups and Communities about Health with active participation	Information Education & communication for health (IEC)  • Health behavior & health education  • Planning for health education  • Health education with individuals, groups & communities  • Communicating health message  • Methods & media for communicating health message  • Using mass media	Lecture discussion Plan & conduct Health education Sessions for Individuals group & communities	Short answer     Objective type     Assess the planning & educational Session

3250 Second Basic B.Sc. (Nursing) COMMU. & EDU.TECH.-V

Second Year Basic B.Sc Nursing (Main) **Examination Month Year** 

COMMUNICATION AND EDUCATIONAL TECHNOLOGY Paper V

Time: Three Hours

**Maximum Marks: 75** 

Q.No.1  $Long\,Essay\,type\,(Attempt\,any\,two\,out\,of\,three)\\ 10x2=20$ 

Q.No2 Short Essay type (Attempt any seven out of nine) 5x7=35

Q.No.3 Short Answer type (10)

2x10=20

### MODEL PAPER

Second Basic B.Sc. (Nursing) COMMU. & EDU. TECH.-V

# Second Year Basic B.sc Nursing (Main) **Examination Month Year**

Time: Three Hours Paper V COMMUNICATION AND EDUCATIONAL TECHNOLOGY

**Maximum Marks: 75** 

# Long essays (Attempt any Two (a) Define communication, list out the techniques of

Define therapeutic IPR. Write how to establish effective communication.

Describe philosophy of education and maxims of effective IPR with patient in your clinical setting. teaching.

<u>c</u>

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# Micro teaching

Short essays (Attempt any Seven)

<u>O</u> 9 Seminar

Lecturer Method

Scope of evaluation Audio visual aids

**a** 

Criteria for selection of assessment

Principles of health education

Types of counselling

Johan window

**Short answers** 

<u>(a)</u>

Aims of education Human relation

Symposium

Checklist

Process recording Bedside clinic

2x10=20

### (3410) MEDICAL SURGICAL NURSING - II

(Adult including Geriatrics)

75 Marks Theory Internal Assessment 25 Marks Practical 50 Marks

Internal Assessment 50 Marks **Total** 200 Marks **Duration** 3 Hrs. (Theory)

Placement- Third year

Course Description: The purpose of this course is to acquire knowledge and develop proficiency in caring for patients with

1	Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
	I	15	• Describe the Physiology clinical Manifestations, Diagnostic Measure and Management of Patients with Disorders of Ear Nose and Throat	Nursing Management of patients with disorders of Ear, Nose and Throat  • Review of Anatomy & physiology of the Ear Nose & Throat-  • Nursing Assessment — History & Physical assessment  • Etiology, Pathophysiology, clinical manifestation, diagnosis treatment modalities and medical & surgical nursing management	<ul> <li>Lecture Discussion</li> <li>Explain using charts, graphs</li> <li>Models, films slides,</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussion</li> <li>Seminar</li> <li>Health education</li> <li>Supervised Clinical practice</li> <li>Drug book / presentation</li> </ul>	<ul> <li>Essay type</li> <li>Short answer</li> <li>Objective type</li> <li>Assessment of skills with checklist</li> <li>Assessment of patient Management problem</li> </ul>

Barrier to communication

Nursing care conference

Panel discussion

Advantage of group discussion

		of Ear Nose and Throat disorder: - External ear: deformities otalgia, foreign bodies, and tumours - Middle Ear-Impacted wax, tympanic membrane		
		perforation, otitis media, otosclerosis,		
		mastoiditis, tumours		
		- Inner ear-Meniere's disease		
		- labyrinthitis, ototoxicity, tumours		
1		- Upper airway- infections		
173		Common cold, sinusitis,		
]		ethintis, rhintis, pharyngitis,		
		tonsillitis and adenoiditis,		
		peritonsilar abscess, laryngitis		
		Upper respiratory airway- epistaxis		
		Nasal observation, laryngeal		
		Obstruction, cancer of the		
		larynx		
		• Cancer of the oral cavity		
		Speech defects and speech		
		therapy • Deafness		
		Prevention control and		
		rehabilitation		
	 ı	I .	I .	

			<ul> <li>Hearing Aids, implanted hearing devices</li> <li>Special therapies</li> <li>Nursing procedures</li> <li>Drugs used in treatment of disorders of Ear Nose and Throat</li> <li>Role of Nurse communicating with hearing impaired and muteness</li> </ul>		
П	15	Describe the etiology, patho- physiology, clinical manifestations, diagnostic measures and management of patients with disorders of Eye	Nursing management of patients with disorders of Eye • Review of Anatomy and physiology of the Eye • Nursing assessment – history and physical assessment • Etiology, pathophysiology, clinical, manifestation, diagnosis, treatment modalities and medical and surgical nursing management of Eye disorders: • Refractive errors • Eyelids – infections, tumours and deformities • Conjunctiva – inflammation and infection bleeding	<ul> <li>Lecture Discussion</li> <li>Explain using charts, graphs,</li> <li>Models, films, slides</li> <li>Demonstrations</li> <li>Practice session</li> <li>Case discussion</li> <li>Seminar</li> <li>Health Education</li> <li>Supervised clinical practice</li> <li>Drug book / Presentation</li> <li>Visit to Eye bank</li> <li>Participation in eye-camps</li> </ul>	<ul> <li>Essay type</li> <li>Short         <ul> <li>Short</li> <li>answers</li> </ul> </li> <li>Objective         <ul> <li>type</li> </ul> </li> <li>Assessment         <ul> <li>of skills with</li></ul></li></ul>

175		<ul> <li>Cornea – inflammation and infection</li> <li>Lens – Cataracts</li> <li>Glaucoma</li> <li>Disorder of the uveal tract</li> <li>Ocular Tumours</li> <li>Disorder of posterior chamber and retina: retinal and vitreous problems</li> <li>Retinal detachment ocular emergencies &amp; their prevention</li> <li>Blindness</li> <li>National blindness control program Eye Banking Eye prosthess and Rehabilitation </li> <li>Role of a nurse-communication with visually impaired patient, Eye camps</li> <li>Special therapies</li> <li>Nursing procedures</li> <li>Drugs used in treatment of disorders of eye</li> </ul>	
75		Eye Banking Eye prosthess and Rehabilitation Role of a nurse- communication with visually impaired patient, Eye camps Special therapies Nursing procedures Drugs used in treatment of	

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III	16	Describe the etiology, pathophysiology, clinical manifestations, measures and management of patients with neurological disorders	Nursing Management of patients with neurological disorders  Review of anatomy & physiology of the neurological system  Nursing Assessment — History & Physical and neurological Assessment and Glasgow coma Assessment and Glasgow coma scale  Etiology, Pathophysiology, clinical manifestation, diagnosis, treatment modalities and medical & surgical nursing management of neurological disorder  Congenital malformation  Headache  Head Injuries  Spinal Injuries: Paraplegia Hemiplegia Quadraplegia  Spinal cord compression herniation of intervertebral disc	<ul> <li>Demonstration</li> <li>Practice session</li> <li>Case discussion</li> <li>Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book/presentation</li> <li>Visit to rehabilitation centre</li> </ul>	Assessment of patient management problem
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				<ul> <li>Rehabiliation of patients with neurological deficit</li> <li>Role of nurse in long stay home</li> <li>Special therapies</li> <li>Nursing procedures</li> <li>Drugs used in treatment of neurological disorders</li> </ul>		
178	IV	16	Describe the etiology, pathophysiology, clinical manifestations, diagnostics measures and management of patients with disorders of female reproductive system     Describe concepts of reproductive health and family welfare programme	Nursing management of patients with disorders of female reproductive system  Review of anatomy & physiology of the female reproductive system  Nursing Assessment – History & Physical assessment Breast self examination Etiology, Pathophysiology, clinical manifestation, diagnosis, treatment modalities and medical & surgical nursing management of disorder of female reproductive system  Congenital abnormalities of	<ul> <li>Lecture Discussion</li> <li>Explain using charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussion</li> <li>Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book/presentation</li> </ul>	<ul> <li>Essay type</li> <li>Short         <ul> <li>Short</li> <li>Objective</li> <li>type</li> </ul> </li> <li>Assessment         of skills with         checklist</li> <li>Assessment         of             <ul> <li>Patient</li> <li>Management</li> <li>problem</li> </ul> </li> </ul>

	female reproductive system
	Sexuality and reproductive
	health
	Sexual health assessment
	Menstrual Disorders,
	Dysmenorrhea, Amenorrhea,
	Premenstrual Syndrome
	Abdominal Uterine Bleeding;
	Menorrhagia, Metrohagia
	Pelvic Inflammatory disease
	Ovarian and fallopian
	Disorders; infections, cysts,
	Tumours
<u>-                                     </u>	Ulterine and cervical
179	disorders, Endometriosis,
<u>-</u> 1	polyps, fibroids, Cervical and
	uterine tumours, uterine
	displacement,
	Cystocele/Urethrocele/Rectoc
	ele
	Vaginal disorders, infections
	and discharges, fistulas
	Vulvur disorders, infections ,
	cysts tumours
	Disease of Breast:
	Deformities, infections, cysts
	and tumours
	Menopause and Hormonal

<ul> <li>Infertility</li> <li>Contraception, types Methods, risk and effectiveness</li> <li>Spacing methods Barrier methods, Intra Uterine Devices, Hormonal, Post Conceptional Methods etc.</li> <li>Terminal methods</li> <li>Sterilization</li> <li>Emergency contraception methods</li> <li>Abortion- Natural, Medical and surgical abortion-MTP Act</li> <li>Toxic shock syndrome</li> <li>Injuries and Trauma: Sexual Violence</li> <li>Special Therapies</li> <li>Nursing procedures</li> <li>Drugs used in treatment of gynecological disorders National family welfare Programme</li> </ul>	

Replacement Therapy

	V	10	Describe the etiology, pathophysiology, clinical manifestations, diagnostic measure and management of patients with burns, reconstructive and cosmetic surgery	Nursing management of patients with Burns, reconstructive and cosmetic surgery  Review of anatomy & physiology of the skin and connective tissues and various deformities  Nursing Assessment — History and Physical assessment of burns and fluid and electrolyte loss  Etiology, classification pathophysiology, clinical manifestation, diagnosis, treatment modalities and medical & surgical nursing management of Burns and Re-constructive and cosmetic surgery  Types of Re-constructive and Cosmetic surgery; for burns, congenital deformities, injuries and cosmetic purpose.  Role of Nurse  Legal aspects  Rehabilitation	<ul> <li>Lecture Discussion</li> <li>Explain using charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussion</li> <li>Seminar</li> <li>Health education</li> <li>Supervised</li> <li>Clinical practice</li> <li>Drug book/ presentation</li> </ul>	Essay type     Short     answers     Objective     type     Assessment     of skills with     checklist     Assessment     of Patient     Management     problem
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			<ul> <li>Special therapies</li> <li>Psycho social aspects</li> <li>Nursing procedures</li> <li>Drugs used in Treatment of burns reconstructive and cosmetic surgery</li> </ul>		
VI	10	Describe the etiology, pathophysiology, clinical ,manifestations, diagnostic measure and nursing management of patients with oncology	Nursing management of patients with oncological conditions  • Structure & Characteristics of normal & cancer cells  • Nursing Assessment – History and Physical assessment  • Prevention, screening, early detection, warning signs of cancer  • Epidemiology Etiology, classification Pathaphysiology, Staging, clinical manifestation, diagnosis, treatment modalities and medical & surgical nursing management of oncological conditions  • Common malignancies of various body systems, oral,	<ul> <li>Lecture Discussion</li> <li>Explain using charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussion/</li> <li>Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book/</li> <li>presentation</li> </ul>	Essay type     Shortanswers     Objective type     Assessment of skills with checklist     Assessment of Patient Management problem

VII	10	Describe organization of emergency and disaster care service     Describe the role of nurse in disaster     Describe the role of nurse in management of common emergencies	Nursing management of patient in EMERGENCY & DISASTER Situation Disaster Nursing:	<ul> <li>Lecture Discussion</li> <li>Explain using charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussion</li> <li>Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Disaster Management Drills</li> <li>Drug book/ presentation</li> </ul>	Essay type     Short     answers     Objective     type     Assessment     of skills with     checklist     Assessment     of     Patient     Management     problem
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•	Principles of emergency
	management
•	Common emergencies
	D

- Respiratory emergencies
- · Cardiac emergencies
- Shock and Haemorrhage
- · Poly-Trauma, road accidents, crush injuries, wound
- Poisoning: Food, Gas, Drugs & chemicals poisoning
- Seizures
- Thermal Emergencies, heat stroke & cold injuries
- Pediatrics emergencies
- Psychiatric emergencies
- Obstetrical emergencies
- · Violence, Abuse, Sexual assault
- · Cardio Pulmonary Resuscitation
- Crisis Intervention
- Role of the nurse: communication and inter personal relations
- Medico-Legal aspects

		Explain the concept and problems of aging     Describe nursing care of the elderly	Nursing care of the elderly  Nursing Assessment — History and Physical assessment  Ageing  Demography; Myths and realities  Concepts and theories of ageing  Cognitive aspects of ageing  Normal biological ageing  Age related body system changes  Psychological aspects of aging  Medications and elderly  Stress & Coping in older adults common health problems & nursing management  Cardiovascular, respiratory, musculokeletal  Endocrine, genitor-urinary, gastrointestinal  Neurological, skin and other sensory organs  Psychosocial and sexual abuse of elderly	<ul> <li>Lecture Discussion</li> <li>Explain using charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussion</li> <li>Seminar</li> <li>Health education</li> <li>Supervised clinical practice</li> <li>Drug book/ presentation</li> <li>Visit to old age home</li> </ul>	Essay type     Short answers     Objective type     Assessment of skills with checklist     Assessment of Patient Management problem
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188				<ul> <li>Role of nurse for care of elderly: ambulation, nutritional, communicational, psychosocial and spiritual</li> <li>Role of nurse for Caregivers of elderly</li> <li>Role of family and formal and non formal caregivers use of aids and prosthesis (hearing aids, dentures)</li> <li>Legal &amp; Ethical issues</li> <li>Provisions &amp; programmes for elderly, privilegers, community programs and health services</li> <li>Home and institutional care</li> </ul>		
	IX	10	<ul> <li>Describe organization of critical care units</li> <li>Describe the role of nurse in management of patients critical care units</li> </ul>	Nursing management of patient in critical care units  Nursing Assessment — History and Physical assessment  Classification Principles of critical care nursing Organization; Physical setup, policies, staffing norms. Protocols, equipment and	<ul> <li>Lecture Discussion</li> <li>Explain using charts, graphs</li> <li>Models, films, slides</li> <li>Demonstration</li> <li>Role plays</li> <li>Counseling</li> </ul>	Essay type     Short answers     Objective type     Assessment of Skill with checklist

	patients with occupational and industrial health disorder	<ul> <li>Etiology, Pathophysiology, clinical manifestation, diagnosis, treatment modalities and medical &amp; surgical nursing management of occupational and industrial health disorders.</li> <li>Role of nurse</li> <li>Special therapies, alternative therapies</li> <li>Nursing procedures</li> <li>Drugs used in treatment of occupational and industrial disorders</li> </ul>	Health education     Supervised clinical practice     Drug book / presentation	Assessment of patient management problem
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### MEDICAL SURGICAL NURSING - II (PRACTICAL) (Adult including Geriatrics)

50 Marks Practical -50 Marks Internal Assessment -100 Marks Total -

### **Placement - Third Year**

Area	Duration (in week)	Objectives of Posting	Skills to be developed	Assignments	Assessment methods
ENT	1	<ul> <li>Provide nursing care to adult patients with medical disorders</li> <li>Counsel and educate patients and families</li> </ul>	<ul> <li>Perform examination of ear, nose and throat</li> <li>Assist with diagnostic procedures</li> <li>Assist with therapeutic procedures</li> <li>Instillation of drops</li> <li>Perform / assist with irrigations.</li> <li>Apply ear bandage</li> <li>Perform tracheostomy care</li> <li>Teach patients and families</li> </ul>	<ul> <li>Provide care to 2-3 assigned patients</li> <li>Nursing care plan-1</li> <li>Observation reports of OPD</li> <li>Maintain drug book</li> </ul>	Assess each skill with checklist     Assess performance with rating scale     Evaluation of observation report of OPD     Completion of activity record
Opthalmol ogy	1	• Provide care to	Perform examination of eye	• Provide care to 2-3 assigned patients	Assess each skill with

		patients with eye disorders • Counsel and educate patient and families	<ul> <li>Assist with diagnostic procedures</li> <li>Assist with therapeutic procedures</li> <li>Perform / assist with irrigations.</li> <li>Apply eye bandage</li> <li>Apply eye drops / ointments</li> <li>Assist with foreign body removal</li> <li>Teach patients and families</li> </ul>	Nursing care plan-1     Observation reports of OPD & eye bank     Maintain drug book	checklist  Assess performance with rating scale  Evaluation of observation report of OPD / Eye bank  Completion of activity record
Neurology	2	<ul> <li>Provide care to patients with neurologica I disorders</li> <li>Counsel and educate patient and families</li> </ul>	<ul> <li>Perform neurological examination</li> <li>Use Glasgow coma scale</li> <li>Assist with diagnostic procedures</li> <li>Assist with therapeutic procedures</li> <li>Teach patients and families</li> <li>Participate in rehabilitation program</li> </ul>	<ul> <li>Provide care to 2-3 assigned patients with neurological disorders.</li> <li>Case study / case presentation-1</li> <li>Maintains drug book</li> <li>Health teaching -1</li> </ul>	Assess each skill with checklist     Assess performance with rating scale     Evaluation of case study & health teaching     Completion of activity record.

			<ul><li>Counsel &amp; Teach patients and families</li><li>Participate in rehabilitation program</li></ul>		
Oncology unit	1	Provide care to patients with cancer     Counsel and educate patient and families	Screen for common cancers- TNM classification Assist with diagnostic procedures Biopsies PAP smear Bone-marrow aspiration Breast examination Assist with therapeutic procedures Participates in various modalities of treatment Chemotherapy Radiotherapy Pain management Stomaltherapy Hormonal therapy Immuno therapy Gene therapy Alternative therapy Participate in palliative care Counsel and teach patients families	<ul> <li>Provide care to 2-3 assigned patients</li> <li>Nursing care plan-1</li> <li>Observation report of cancer unit</li> </ul>	Assess each skill with checklist     Assess performance with rating scale     Evaluation of care plan and observation report     Completion of activity record

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			<ul><li>Self Breast Examination</li><li>Warning signs</li><li>Participate in rehabilitation program</li></ul>		
Critical care unit	2	Provide care to critically ill patients     Counsel patient and families for grief and bereavement	<ul> <li>Monitoring of patients in ICU</li> <li>Maintain flow sheet</li> <li>Care of patients on ventilators</li> <li>Perform Endotracheal suction</li> <li>Demonstrate use of ventilators, cardiac monitors etc.</li> <li>Collect specimens and interpret ABG analysis</li> <li>Assist with arterial puncture</li> <li>Maintain CVP line</li> <li>Pulse oximetry</li> <li>CPR – ALS Defibrillators</li> <li>Pace makers</li> <li>Bag-mask ventilation</li> <li>Emergency tray / trolly – crash cart</li> <li>Admission of drugs</li> <li>Infusion pump</li> <li>Epidural Intra thecal Intracardiac</li> </ul>	<ul> <li>Provide care to 1 assigned patient</li> <li>Observation report of critical care unit</li> <li>Drugs book</li> </ul>	<ul> <li>Assess each skill with checklist</li> <li>Assess performance with rating scale</li> <li>Evaluation of observation report</li> <li>Completion of activity record</li> </ul>

			<ul> <li>Total parenteral therapy</li> <li>Chest physiotherapy</li> <li>Perform active &amp; passive exercises</li> <li>Counsel the patient and family in dealing with grieving and bereavement</li> </ul>		
Casualty / Emergency	1	<ul> <li>Provide care to patients in emergency and disaster situation</li> <li>Counsel patient and families for grief and bereavement</li> </ul>	<ul> <li>Practice 'triage'</li> <li>Assist with assessment, examination, investigations &amp; their interpretations in emergency and disaster situations.</li> <li>Assist in documentations</li> <li>Assist in legal procedures in emergency unit</li> <li>Participate in managing crowd</li> <li>Counsel patient and families in grief and bereavement</li> </ul>	Observation report of emergency unit	<ul> <li>Assess performance with rating scale</li> <li>Evaluation of observation report</li> <li>Completion of activity record</li> </ul>

### Placement: Internship

Area	Duration (in week)	Objectives	Skills	Assignments
Medical Ward	2	Provide comprehensive care to patients with medical and surgical conditions including emergencies	Integrated Practice	Assess clinical performance with rating scale
Surgical ward	2			
Critical care unit / ICCU	1	Assist with common operations		
Casualty / Emergency	2			
Operation Theatre (Eye, ENT, Neuro)	2			

3410 Third Basic B.Sc. (Nursing)

MED. SUR. NUR.II-I

Paper I

**MEDICAL SURGICAL NURSING - II** 

Third Year Basic B.Sc Nursing (Main) **Examination Month Year** 

**Maximum Marks: 75** Time: Three Hours

Long Essay type (Attempt any two out of three) 10x2=20

Q.No.1

Q.No.3 Short Answer type (10)

2x10=20

Q.No. 2

Short Essay type (Attempt any seven out of nine) 5x7=35

### MODEL PAPER

**Fhird Basic B.Sc. (Nursing)** 

MED. SUR. NUR.II - I

MEDICAL SURGICAL NURSING-II Third Year Basic B.sc Nursing (Main) **Examination Month Year** Paper I

**Maximum Marks: 75** Time: Three Hours

Long essays (Attempt any Two)

(b) BWhat is Glaucoma? Describe the types and (a) Define CVA? Write the Pathophysiology and clinical manifestation of CVA. Write the Medical Management of Glaucoma management of unconscious patient with stroke Pathophysiology. Write down the Nursing and

stages and clinical manifestation of breast cancer Write down the nursing and medical management of breast cancer.

(c) C What is breast self examination? Describe the

Short essays (Attempt any Seven)

(a) Otitis Media

Palliative care

Short answers

(a) Menstrual cycle

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Myocardial intarction

Disaster

AMD

MTP

Sinusitis

Deafness

Brain abscess

Warning signs of cancer

(g) Chemotherapy
(h) CPR (Cardin B)

CPR (Cardio Pulmonary Resuscitation)

Nursing Management of Critically ill Patient

Triage

Head injury

Rules of Nine in burn

Retinal detachment

### (3420) CHILD HEALTH NURSING

75 Marks Theory Internal Assessment 25 Marks Practical 50 Marks

Internal Assessment 50 Marks **Total** 200 Marks

**Duration** 3 Hrs. (Theory) Placement - Third Year

Course Description: This course is designed for developing and understanding of the modern approach to child-care, identification, prevention and nursing management of common health problems of neonates and children.

Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
I	15	<ul> <li>Explain the modern concept of child care &amp; principles of child health nursing</li> <li>Describe national policy programs and legislation in relation to child health and to child health and welfare.</li> <li>List major causes of death during infancy, early &amp; late childhood</li> <li>Describe the major</li> </ul>	Introduction to Modern concepts of childcare  Internationally accepted rights of the child  National policy and legislations in relation to child health and welfare  National programmes related to child health and welfare  Agencies related to welfare services to the children  Changing trends in hospital care, preventive, promotive and curative aspects of child health.	Lecture Discussion     Demonstration of common paediatric procedures	Short answers     Objective type     Assessment of skills with checklist

Care of older adult patients.

		different ages and ways of meeting the needs  • Appreciate the role of play for normal & sick children  • Appreciate the preventive measures and strategies for children	guidance  Nutritional needs of children & infants: breast feeding exclusive breast feeding, supplementary / artifical feeding and waning.  Baby friendly hospital concept.  Accidents: causes and prevention  Value of play and selection of play material  Preventive immunization, immunization programme and cold chain  Care of under five & under five clinics / well baby clinics		
III	15	<ul> <li>Provide care to normal &amp; high risk neonates</li> <li>Perform neonatal resuscitation</li> <li>Recognize and manage common neonatal problems</li> </ul>	<ul> <li>Nursing care of a neonate</li> <li>Nursing care of a normal new born / essential new born care</li> <li>Neonatal resuscitation</li> <li>Nursing management of a low birth weight baby.</li> <li>Kangaroo mother care</li> <li>Nursing management of common neonatal disorders</li> </ul>	<ul> <li>Lecture discussion</li> <li>Workshop on neonatal resuscitation</li> <li>Demonstration</li> <li>Practice session</li> <li>Clinical practice</li> </ul>	Short answer     Objective type     Assessment of skill with checklist

developmental and parental

needs of children at

			<ul> <li>Neurological infection and disorders: convulsions, epilepsy, meningitis, hydrocephalus, spinal-bifida.</li> <li>Hematological disorders: Anemias, thalassemia, ITP, Leukemia, hemophalia.</li> <li>Endocrine disorders: Juvenile diabetes mellitus</li> <li>Orthopedic disorders: club feet, hip dislocation and fracture.</li> <li>Disorders of skin, eye and ears</li> <li>Common communicable disease in children, their identification, nursing management in hospital and home and prevention.</li> <li>Child health emergencies: poisoning, foreign bodies, hemorrhage, burns and drowning</li> <li>Nursing care of infant and children with HIV / AIDS.</li> </ul>		
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VI	10	<ul> <li>Manage the child with behavioural &amp; social problems</li> <li>Identify the social &amp; welfare service for challenged children</li> </ul>	Management of behavioural & social problems in children  • Management of common behavioural disorders  • Management of common psychiatric problems.  • Management of challenged children: mentally, physically, & socially challenged  • Welfare services for challenged children in India.  • Child guidance clinics	Lecture discussion     Field visits to child guidance clinics, school for mentally & physically, socially challenged	<ul> <li>Short answers</li> <li>Objective type</li> <li>Assessment of field reports</li> </ul>
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CHILD HEALTH NURSING (PRACTICAL)
Practical - 50 Marks
Internal Assessment - 50 Marks
Total - 100 Marks

### **Placement -** Third Year

Area	Duration (in week)	Objectives of Posting	Skills	Assignments	Assessment methods
Pediatric Medicine Ward	3	Provide nursing care to children with various medical disorders     Counsel & educate parents.	<ul> <li>Taking paediatric history</li> <li>Physical examination and assessment of children</li> <li>Administer of oral, I/M &amp; IV medicine / fluids</li> <li>Calculation of fluid requirements</li> <li>Prepare different strengths of I.V. fluids</li> <li>Apply restraints</li> <li>Administer O2 inhalation by different methods</li> <li>Give baby bath</li> <li>Feed children by katori spoon, etc.</li> <li>Collect specimens for common investigations</li> <li>Assist with common diagnostic procedures</li> <li>Teach mothers / parents</li> </ul>	<ul> <li>Give care to three assigned paediatrics patients</li> <li>Nursing care plan – 1</li> <li>Case study / presentaion – 1</li> <li>Health Talk – 1</li> </ul>	<ul> <li>Asses clinical performance with rating scale</li> <li>Assess each skill with checklist OSCE/OSPE</li> <li>Evaluation of case study/ presentaion and health education session</li> <li>Completion of activity record</li> </ul>

			- Malnutrition, Oral rehydration therapy, Feeding & Weaning Immunization schedule Play therapy: -Specific Disease conditions.		
Pediatric Surgery ward	3	•Recognize different pediatric surgical conditions / malformations • Provide pre and post operative care to children with common paediatric surgical conditions / malformation • Counsel and educate parents	Calculate, prepare and administer I/V fluids. Do bowel wash Care for ostomies: Colostomy Irrigation Ureterostomy Gastrostomy Enterostomy Urinary catheterization and drainage Feeding Naso-gastric Gastrostomy Jejunostomy Care of surgical wounds Dressing Suture removal	<ul> <li>Give care to three assigned paediatrics surgical patients</li> <li>Nursing care plan – 1</li> <li>Case study / presentation – 1</li> </ul>	Assess clinical performance with rating scale     Assess each skill with checklist OSCE/ OSPE     Evaluation of case study / presentaion     Completion of activity record.

Pediatric OPD / Immunizati on room	1	<ul> <li>Perform assessment of children healthy, developmental and anthropometric</li> <li>Perform immunization</li> <li>Give health education / Nutritional education</li> </ul>	Assessment of children     Health assessment     Developmental assessment     Anthropometric assessment     Immunization     Health / Nutritional Education  -	•Development al study – 1	<ul> <li>Assess clinical performance with rating scale</li> <li>Completion of activity record</li> </ul>
Paediatric medicine and surgery ICU	1+1	Provide nursing care to critically ill children	<ul> <li>Care of a baby in incubator / warmer</li> <li>Care of a child on ventilator</li> <li>Endotracheal suction</li> <li>Chest physiotherapy</li> <li>Administer fluids with infusion pump</li> <li>Total parenterial nutrition</li> <li>Phototherapy</li> <li>Monitoring of babies</li> <li>Cardio pulmonary resuscitation</li> </ul>	<ul> <li>Nursing care plan 1</li> <li>Observation report 1</li> </ul>	<ul> <li>Assess clinical performance with rating scale</li> <li>Complection of activity record</li> <li>Evaluation of observation repot</li> </ul>

### INTERNSHIP

Area	Duration (in week)	Objectives	Skills	Assignments
Pediatric Medicine Ward / ICU	1	Provide comprehensive care to children with medical conditions	Integrated Practice	Assess clinical performance with rating scale
Pediatric Surgery Ward / ICU	1	Provide comprehensive care to children with medical conditions	Integrated Practice	Assess clinical performance with rating scale
NICU	1	Provide intensive care to neonates	Integrated Practice	Assess clinical performance with rating scale

3420 Third Basic B.Sc. (Nursing)

CH. HEAL. NUR. - II

## CHILD HEALTH NURSING **Examination Month Year**

Third Year Basic B.Sc Nursing (Main)

Time: Three Hours Paper II

**Maximum Marks: 75** 

Q.No2 Short Essay type (Attempt any seven out of nine)5x7=35

Q.No.1

Long Essay type (Attempt any two out of three) 10x2=20

Q.No.3 Short Answer type (10)

2x10=20

### MODEL PAPER

Third Basic B.Sc. (Nursing)

CH. HEAL. NUR. - II

Third Year Basic B.sc Nursing (Main) CHILD HEALTH NURSING **Examination Month Year** Paper II

**Maximum Marks: 75** Time: Three Hours

# Long essays (Attempt any Two)

3 Define Growth & Development, factors affecting growth & Development and Write down hanging trends in hospital principles of growth & Development.

<u>C</u> septic meningitis. Prepare nursing care plan child Define meningitis. Explain clinical manifestation of aspects of child health. care, preventive, promotive and curative with meningitis.

Short essays (Attempt any Seven)

Essential new born care

Nursing management of a low birth weight baby

Kangaroo mother care

malformations (d) Nursing management of common congenital

Wills tumors

Birth Asphaxia Tetrology of Fallot

Rheumatic heart disease

Hirchsprung disease

**Short answers** 

<u>G</u>2 <u>ි</u>

Intussusceptions

Breast feeding techniques

(O 

APGAR score

Fetal circulation.

Nephrotic syndrome definition

Sucking reflex

Define jaundice

### (3430) MENTAL HEALTH NURSING

5x7 = 35

75 Marks Theory Internal Assessment 25 Marks 50 Marks Practical Internal Assessment 50 Marks **Total** 200 Marks

**Duration** 

### Placement-Third Year

Course Description: This course is designed for developing and understanding of the modern approach to mental health, identification, prevention and nursing management of common health problems with special emphasis on therapeutic interventions

3 Hrs. (Theory)

Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
I	5	<ul> <li>Describe the historical development &amp; current trends in mental health nursing</li> <li>Describe the epidemiology of mental health problems</li> <li>Describe the National Mental Health Act, programmes and mental health policy</li> </ul>	Introduction • Perspectives of mental health and mental health nursing: evolution of mental health services, treatments and nursing practices • Prevalence and incidence of mental health problems and disorders • Mental Health Act • National Mental Health Policy vis a vis National Health Policy	Lecture Discussion	Objective type     Short answe     Assessment of the field visit reports

Cleft lip and plate Hemophilia

			Discusses the scope of mental health nursing     Describe the concept of normal & abnormal behaviour	National Mental Health     Programme     Mental Health team     Nature and scope of mental health nursing     Role and functions of mental health nurse in various settings and factors affecting the level of nursing practice     Concepts of normal and abnormal behaviour		
213	II	5	Define the various terms used in mental health nursing     Explain the classification of mental disorders     Explain psycho dynamics of maladaptive behaviour     Discuss the etiological factors, psychopathology of mental disorders     Explain the principles and standards of	Principles and concepts of Mental Health Nursing Definition: mental health nursing and terminology used Classification of mental disorders: ICD Review of personality development, defense mechanisms Maladaptive behaviour of individuals and groups: stress, crisis and disaster(s) Etiology: bio-psycho-social factors Psychopathology of mental disorders: review of structure	Lecture discussion     Explain using charts     Review of personality development	<ul> <li>Essay type</li> <li>Short answer</li> <li>Objective type</li> </ul>

314			mental health nursing  • Describe the conceptual models of mental health nursing	and function of brain, limbic system and abnormal neuro transmission  • Principles of Mental Health nursing  • Standards of Mental Health nursing practice  • Conceptual models and the role of nurse: Existential Model Psycho-analytical models Behavioral model  - Interpersonal model		
	III	8	Describe nature, purpose and process of assessment of mental health status	Assessment of mental health status  History taking  Mental status examination  Mini mental status examination  Neurological examinations: Review  Investigations: Related Blood chemistry, EEG, CT & MRI  Psychological tests  Role and responsibilities of nurse	<ul> <li>Lecture discussion</li> <li>Demonstration</li> <li>Practical session</li> <li>Clinical practice</li> </ul>	<ul> <li>Short answer</li> <li>Objective type</li> <li>Assessment of skills with check list</li> </ul>

[ 215 ]	IV	6	Identify therapeutic communication techniques     Describe therapeutic relationship     Describe therapeutic Impasse and its Intervention	Therapeutic communication and nurse-patient relationship Therapeutic communication: types, techniques, characteristics Types of relationship Ethics and responsibilities Elements of nurse patient contract Review of technique of IPR- Johari window Goals, phases, tasks, therapeutic techniques Therapeutic impasse and its intervention	<ul> <li>Lecture discussion</li> <li>Demonstration</li> <li>Role play</li> <li>Process recording</li> </ul>	Short answer     Objective type
	V	14	Explain treatment modalities and therapies used in mental disorders and role of the nurse	Treatment modalities and therapies used in mental disorders  • Psycho Pharmacology  • Psychology therapies: therapeutic community, psycho therapy-individual, Psycho-analytical, cognitive and supportive, family, group, Behavioral, Play, Psychodrama, Music, Dance, Recreational and Light	<ul> <li>Lecture discussion</li> <li>Case discussion</li> <li>Case Presentation</li> <li>Clinical practice</li> </ul>	<ul><li>Essay type</li><li>Short answer</li><li>Objective type</li></ul>

				therapy, Relaxation therapies, Yoga, Meditation, bio feedback  • Alternative systems of medicine  • Occupational therapy  • Physical therapy: electro convulsive therapy  • Geriatric consideration  • Role of nurse in therapies		
216	VI	5	Describe the etiology, psycho-pathology, clinical manifestations, diagnostic criteria and management of patients with Schizophrenia, and other psychotic disorders	Nursing management of patient with Schizophrenia, and other psychotic disorders  Classification: ICD  Etiology, psycho-pathology, types, clinical manifestations, diagnosis  Nursing assessment-History, Physical and mental assessment  Treatment modalities and nursing management of patients with Schizophrenia and other psychotic disorders  Geriatric considerations  Follow-up and home care and rehabilitation	<ul> <li>Lecture discussion</li> <li>Case discussion</li> <li>Case Presentation</li> <li>Clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answer</li> <li>Assessment of patient</li> <li>management problems</li> </ul>

217	VII	5	Describe the etiology, psycho-pathology, clinical manifestations, diagnostic criteria and management of patients with mood disorders	Nursing management of patient with mood disorders  • Mood disorders: Bipolar affective disorder, Mania depression and dysthamia etc  • Etiology, psycho-pathology, clinical manifestation diagnosis.  • Nursing Assessment- history, physical and mental assessment  • treatment modalities and nursing management of patients with mood disorders  • geriatric considerations  • Follow- up and home care and rehabilitation	<ul> <li>Lecture discussion</li> <li>Case discussion</li> <li>Case Presentation</li> <li>Clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answer</li> <li>Assessment of patient</li> <li>management problems</li> </ul>
	VIII	8	Describe the etiology, psycho-pathology, clinical manifestations, diagnostic criteria and management of patients with neurotic, stress related and somatization disorders	Nursing management of patient with neurotic, stress related and somatization disorders  • Anxiety disorder, Phobias, Dissociation and Conversion disorder, Obsessive Compusive disorder, somatoform disorders, Post traumatic stress disorder	<ul> <li>Lecture discussion</li> <li>Case discussion</li> <li>Case Presentation</li> <li>Clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answer</li> <li>Assessment of patient</li> <li>management problems</li> </ul>

				<ul> <li>Etiology, psycho-pathology, clinical manifestations, diagnosis</li> <li>Treatment modalities and nursing management of patients with neurotic, stress related with somatization disorders</li> <li>Geriatric considerations</li> <li>Follow-up and home care and rehabilitation</li> </ul>		
218	IX	5	Describe the etiology, psycho-pathology, clinical manifestation, diagnostic criteria and management of patients with substance use disorders	Nursing management of patient with substances use disorders  • Community used psychotropic substance: Classification, forms, routs, action, intoxication withdrawal  • Etiology of dependence: tolerance, psychological and physical dependence, withdrawal syndrome, diagnosis.  • Nursing Assessment-History, Physical, mental assessment and drug assay	<ul> <li>Lecture discussion</li> <li>Case discussion</li> <li>Case Presentation</li> <li>Clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answer</li> <li>Assessment of patient</li> <li>management problems</li> </ul>

				Treatment (detoxification, antabuse and narcotic antagonist therapy and harm reduction) and nursing management of patients with substance use disorders     Geriatric considerations follow-up and home care and rehabilitation		
[ 219 [	X	4	Describe the etiology, psycho-pathology, clinical manifestations, diagnostic criteria and management Of patients with personality, sexual and eating disorders	<ul> <li>Nursing management of patient with personality, sexual and eating disorders</li> <li>Classification of disorders</li> <li>Etiology, paycho-pathology, characteristics, diagnosis</li> <li>Nursing Assessment-History, Physical and mental assessment</li> <li>Treatment modalities and nursing management of patients with personality, sexual and eating disorders.</li> <li>Geriatric considerations</li> <li>Follow-up and home care and rehabilitation</li> </ul>	<ul> <li>Lecture discussion</li> <li>Case discussion</li> <li>Case Presentation</li> <li>Clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answer</li> <li>Assessment of patient</li> <li>management problems</li> </ul>

<u> </u>	XI	6	Describe the etiology, psycho-pathology, clinical manifestations, diagnostic criteria and management of childhood and adolescent disorders including mental deficiency	Nursing management of childhood and adolescent disorders including mental deficiency  Classification Etiology, psycho-pathology, characteristics, diagnosis nursing Assessment-History, Physical, mental and IQ assessment Treatment modalities and nursing management of childhood disorders including mental deficiency Follow-up and home care and rehabilitation	<ul> <li>Lecture discussion</li> <li>Case discussion</li> <li>Case Presentation</li> <li>Clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answer</li> <li>Assessment of patient</li> <li>management problems</li> </ul>
	XII	5	Describe the etiology, psycho-pathology, clinical Manifestations, diagnostic criteria and management of organic disoders	Nursing management of organic brain disorders  Classification: ICD  Etiology, Psycho-Pathology, Clinical Features, Diagnosis Nad Differential Diagnosis (Parkinsons and alzheimers)  Nursing Assessment-History, Physical, mental and neurological assessment  Treatment modalities and	<ul> <li>Lecture discussion</li> <li>Case discussion</li> <li>Case Presentation</li> <li>Clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answer</li> <li>Assessment of patient</li> <li>management problems</li> </ul>

				nursing management of organic brain disorders • Geriatric consideration • Follow-up and home care and rehabilitation		
221	XIII	6	Identify psychiatric emergencies and carry out crisis intervention	Psychiatric emergencies and crisis intervention  Types of psychiatric emergencies and their management  Stress Adaptation Model: stress and stressor, coping, resources and mechanism  Grief: Theories of grieving process, principles, techniques of counseling  Types of crisis  Crisis intervention  Principles, Techniques and Process  Geriatric considerations  Role and responsibilities of nurse	<ul> <li>Lecture discussion</li> <li>Demonstration</li> <li>Practice session</li> <li>Clinical practice</li> </ul>	Short answer     Objective type
	XIV	4	Explain legal aspects applied in mental health settings and role of the nurse	Legal issues in Mental health Nursing • The Mental Health Act 1987: Act, Sections, Articles and	<ul><li>Lecture discussion</li><li>Case discussion</li></ul>	<ul><li>Short answer</li><li>Objective type</li></ul>

			their implications etc.  Indian Lunacy Act 1912 Rights of mentally ill clients Forensic psychiatry Acts related to narcotic and psychotropic substances and illegal drug trafficking Admission and discharge procedures Roles and responsibilities of nurse		
XV	4	Describe the model of preventive psychiatry     Describe community mental health services and role of nurse	Community Mental health nursing  Development of Community Mental Health Services:  National Mental Health Programme  Institutionalization versus Deinstitutionalization  Model of Preventive psychiatry: Levels of Prevention  Mental Health Services available at the primary secondary, tertiary levels: including rehabilitation and role of nurse	Lecture discussion     Clinical/field practice     Field visits to mental health service agencies	Short answer     Objective type     Assessment of the field visit reports

	Mental health Agencies:     Government and Voluntary,     National and International	
	• Mental health nursing issues for special population; children, adolescence women, Elderly victims of violence and abuse, handicapped, HIV / AIDS etc	

### MENTAL HEALTH NURSING (PRACTICAL)

Practical - 50 Marks
Internal Assessment - 50 Marks
Total - 100 Marks

### Placement - Third Year

Area	Duration (in week)	Objectives of Posting	Skills	Assignments	Assessment methods
Psychia tric OPD	1	Assess patients with mental health problems	<ul> <li>History taking</li> <li>Perform mental status examination (MSE)</li> <li>Assist in psychometric assessment</li> <li>Perform Neurological examination</li> <li>Observe and assist in therapies</li> <li>Teach patients and family members</li> </ul>	<ul> <li>History taking and mental status examination-2</li> <li>Health education1</li> <li>Observation report of OPD</li> </ul>	<ul> <li>Assess         performance with         rating scale</li> <li>Assess each skill         with checklist</li> <li>Evaluation of         health education</li> <li>Assessment of         observation report</li> <li>Completion of         activity record.</li> </ul>
Child Guidance clinic	1	Assessment of children with various mental health problems     Counsel and educate children, families and significant others	<ul> <li>History taking</li> <li>Assist in psychometric assessment</li> <li>Observe and assist in various therapies</li> <li>Teach family and significant others</li> </ul>	<ul> <li>Case work-1</li> <li>Observation report of different therapies-1</li> </ul>	<ul> <li>Assess         performance with         rating scale</li> <li>Assess each with         checklist</li> <li>Evaluation of the         observation report</li> </ul>

Inpatient ward	6	Assess patients with mental health problems     To provide nursing care for patients with various mental health problems     Assist in various therapies     Counsel and educate patients, families and significant others	<ul> <li>History taking</li> <li>Perform mental status examination (MSE)</li> <li>Perform Neurological examination</li> <li>Assist in psychometric assessment</li> <li>Record therapeutic communication</li> <li>Administer medications</li> <li>Assist in Electroconvulsive therapy (ECT)</li> <li>Participate in all therapis</li> <li>Prepare patients for activities of daily living (ADL)</li> <li>Conduct admission and discharge counseling</li> <li>Counsel and teach patients and families</li> </ul>	<ul> <li>Give care to 2-3 patients with various mental disorders</li> <li>Case study-1</li> <li>Care plan-2</li> <li>Clinical presentation 1</li> <li>Process recording 2</li> <li>Maintain drug book</li> </ul>	Assess performance with scale     Assess each skill with checklist     Evaluation of the case study care plan, Clinical presentation process recording     Completion of activity record
Comm unity psychiatry	1	<ul> <li>To identify patients with various mental disorders</li> <li>To motivate patients for early treatment</li> <li>To assist in follow up clinic</li> <li>Counsel and educate patient, family and community</li> </ul>	<ul> <li>Conduct case work</li> <li>Identify individuals with mental health problems</li> <li>Assists in mental health camps and clinics</li> <li>Counsel and teach family members, patients and community</li> </ul>	Case work-1     Observation report on field visits	<ul> <li>Assess         performance with         rating scale.</li> <li>Evaluation of case         work and         observation report</li> <li>Completion of         activity record.</li> </ul>

### INTERNSHIP

Area	Duration (in week)	Objectives	Skills	Assignments
Psychiatry ward	2 weeks	Provide comprehensive care to patients with mental health problems	Integrated Practice	Assess clinical performance with rating scale

Third Basic B.Sc. (Nursing) MEN. HEAL. NUR. - III

Third Year Basic B.Sc Nursing (Main) MENTAL HEALTH NURSING **Examination Month Year** 

Paper III

**Maximum Marks: 75** Time: Three Hours

Q.No2 Q.No.1 Q.No.3 Short Answer type (10) Short Essay type (Attempt any seven out of nine)5x7=35Long Essay type (Attempt any two out of three) 10x2=20 2x10=20

**Third Basic B.Sc. (Nursing)** MEN. HEAL. NUR. - III

MODEL PAPER

Third Year Basic B.sc Nursing (Main) MENTAL HEALTH NURSING **Examination Month Year** Paper III

**Maximum Marks: 75** Time: Three Hours

Long essays (Attempt any Two) 10x2=20

of mental health nursing.
(b) What is mood disorder? Enumerate types of (a) Define mental health nursing. Explain principles

bipolar disorder. mania; describe nursing management of

(c) What is withdrawal? Write down classification, route and action of psychotropic substance abuse.

Q.No.2.

Short essays (Attempt any Seven)
(a) OCD

(b) Conversion reaction

Existential Model

Johari Window

Schizophrenia

ECT

(g) PTSD

Types of crisis

Rights of mentally ill client

Institutionalisation V/S Deinstitutionalisation

Q.No.3. **Short answers** 

2x10=20

(a) Stress

(b) Phobia

(c) Personality

(d) Grief Waxy-flexibility

Alzheimer Disease

Tolerance

Anxiety

Therapeutic communication

Catatonic Schizophrenia

### MIDWIFERY AND OBSTETRICAL NURSING

### Placement - Third Year & Fourth Year

**Course Description:** This course is designed for students to appreciate the concept and principles of midwifery and obstetrical nursing. It helps them to acquire knowledge and skills in rendering nursing care to normal and high risk pregnancy managing normal and high risk neonates and participate in family welfare programmes.

Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
I	3	Recognize the trends and issues in midwifery and obstetrical nursing	Introduction to midwifery and obstetrical nursing • Introduction to concepts of midwifery and obstetrical nursing	Lecture discussion     Explain using charts and graphs	<ul> <li>Objective type</li> <li>Short answer</li> <li>Assessment of the field visit reports</li> </ul>

]				Trends in midwifery and obstetrical nursing     Historical perspectives and current trends     Legal and ethical aspects Perconception care and preparing for parenthood     National policy and legislation in relation to maternal health and welfare.     Maternal, morbidity, mortality and fertility rates     prenatal, morbidity and mortality rates		
]	II	8	Describe the anatomy and physiology of female reproductive	Review of anatomy and physiology of female reproductive system and	Lecture discussion     Review with charts and     Models	<ul><li>Short answers</li><li>Objective</li></ul>
			system	foetal development	Wiodels	type
						type
				Female pelvis-general		урс
				Female pelvis-general description of the bones joints, ligaments, planes of		type
				Female pelvis-general description of the bones joints, ligaments, planes of the pelvis diameters of the		цурс
				Female pelvis-general description of the bones joints, ligaments, planes of the pelvis diameters of the true pelvis, important landmarks, variations in		цурс
				• Female pelvis-general description of the bones joints, ligaments, planes of the pelvis diameters of the true pelvis, important landmarks, variations in pelvis shape.		цурс
				Female pelvis-general description of the bones joints, ligaments, planes of the pelvis diameters of the true pelvis, important landmarks, variations in		цурс

			Organs and their anatomical relations, musculature bloodsupply, nerves, lymphatics, pelvic cellular tissue, pelvic peritoneum.  • Physiology of menstrual cycle  • Human sexuality  • Foetal development  - Conception  - Review of fertilization, Implantation (embedding of term-functions, abnormalities, the foetal sac, amniotic fluid, the umbilical cord.  - Foetal circulation, foetal skull, bones, sutures and measurements.  • Review of Genetics		
III	8	Describe the diagnosis and management of women during antenatal period	Assessment and management of pregnancy (Antenatal)  Normal pregnancy Physiological changes during pregnancy Reproductive system Cardio vascular system Respiratory system Urinary system	<ul> <li>Lecture Discussion</li> <li>Demonstration</li> <li>Case Discussion/ Presentation</li> <li>Health talk</li> <li>Practice session</li> <li>Counseling session</li> <li>Suppressed clinical practice</li> </ul>	<ul> <li>Short answers</li> <li>Objective type</li> <li>Assessment of skills with check list</li> <li>Assessment of patient management problems</li> </ul>

	Gastero intestinal system Metabolic changes Skeletal changes Skin changes Endocrine system Psychological changes -Discomforts of pregnancy • Diagnosis of pregnancy • Diagnosis of pregnancy - Signs Differential diagnosis Confirmatory tests • Ante-natal care - Objectives Assessment - History and physical examination - Antenatal Examination Signs of previous child-birth, Relationship of foetus to uterus and pelvis: Lie, Attitude, Presentation, Position Per vaginal examination • Screening and assessment for high risk. • Risk approach • History and Physical Examination • Modalities of diagnosis:	
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		Signs and symptoms of onset of labour: normal and abnormal Duration Preparation of:  • Labour room  • Woman  • assessment and observation of women in labour; partogram- maternal and foetal monitoring Active management of labour, induction of labour  • Pain relief and comfort in labour  • second stage  • signs and symptoms; normal and abnormal Duration  • Conduction of delivery; Principles and techniques Episiotomy (only if required)  • Receiving the new born Neonatal resuscitation; initial steps and subsequent resuscitation Care of umbilical cord Immediate assessment including screening for		Assessment of patient management problems
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235				congenital anomalies - identification - bonding Initiate feeding Screening and transportation of the neonate • third stage Signs and symptoms; normal and abnormal - duration - method of placental expulsion - management; Principles and techniques - examination of the placenta - examination of perineum • Maintaining records and reports • Fourth stage		
	V	5	<ul> <li>Describe the physiology of puerperium</li> <li>Describe the management of woment during postnatal period.</li> </ul>	Assessment and management of women during post natal period • Normal puerperium; Physiology duration • Postnatal assessment and management Promoting physical and emotional well-being	<ul> <li>Lecture discussion</li> <li>Demonstration</li> <li>Health talk</li> <li>Practice session</li> <li>Supervised clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessment of skills with check list</li> <li>Assessment of patient management problems</li> </ul>

			Lactation management Immunization Family dynamics after child- birth Family welfare services, methods, conselling Follow –up - Records and reports		
VI	6	Describe the assessment and management of normal neonate	Assessment and management of normal neonates  Normal Neonate Physiological adaptation Initial & Daily assessment Essential newborn care; thermal control Breast feeding, prevention of infections Immunization Minor disorders of newborn and its management Levels of Neonatal care (Level I, II & III). At primary, secondary and tertiary levels Maintenance of reports and records	<ul> <li>Lecture discussion</li> <li>Demonstration</li> <li>Health talk</li> <li>Practice session</li> <li>Supervised clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessment of skills with check list</li> <li>Assessment of patient Management problems</li> <li>Assessment of patient management problems</li> </ul>

### MIDWIFERY AND OBSTETRICAL NURSING - PRACTICAL

### Placement - Third Year & Fourth Year

**Course Description:** This course is designed for students to appreciate the concept and principles of midwifery and obstetrical nursing. It helps them to acquire knowledge and skills in rendering nursing care to normal and high risk pregnant managing normal and high risk neonates and participate in family welfare programmes.

Area	Duration (in week)	J	Skills	Assignments	Assessment methods
Antenatal clinic/OPD	2	Assessment of pregnant women	<ul> <li>Antenatal history taking</li> <li>Physical examination</li> <li>Recording of Weight &amp; B.P.</li> <li>Hb &amp; Urine testing for sugar and albumin</li> <li>Antenatal examination abdomen and breast</li> <li>Immunization</li> <li>Assessment of risk status</li> <li>Teaching antenatal mothers</li> <li>Maintenance of Antenatal records</li> </ul>	<ul> <li>Conduct     Antenatal</li> <li>Examinations     30</li> <li>Health talk-1</li> <li>Case book     recordings</li> </ul>	<ul> <li>Verification of findings of Antenatal</li> <li>Completion of case book recordings</li> </ul>

		<ul> <li>Carry out pervaginal examinations</li> <li>Conduct normal deliveries</li> <li>Perform episiotomy and suture it</li> <li>Resuscitate new borns</li> <li>Assist with Caesarean sections, MTP and other surgical procedures</li> </ul>	<ul> <li>Monitoring and caring of woman in labour</li> <li>Maintenance of partograph</li> <li>Conduct normal delivery</li> <li>Newborn assessment and immediate care</li> <li>Resuscitation of newborns</li> <li>Assessment of risk status of newborn</li> <li>Episiotomy and suturing</li> <li>Maintenance of labour and birth records</li> <li>Arrange for and assist with Caesarean section and care for woman &amp; baby during Caesarean</li> <li>Arrange for and assist with MTP and other surgical procedures</li> </ul>	deliveries-20 Pevaginal examinations-5 Peform and Suture the episiotomies-5 Resuscitate newborns-5 Assist with caesarean Section-2 Witness abnormal deliveries-5 Assist with MTP and other surgical Procedure-I Case book recordings	performance with rating scale  • Assessment of each skill with checklists  • Completion of case book recordings
Post-natal ward	4	<ul> <li>Provide nursing care to post natal mother and baby</li> <li>Counsel and teach mother and family for parent hood</li> </ul>	<ul> <li>Examination and assessment of mother and baby</li> <li>Identification of deviations</li> <li>Care of postnatal mother and baby</li> <li>Perineal care</li> </ul>	Give care to post natal mothers – 20     Health talks-1     Case study-1	<ul> <li>Assessment of clinical performance</li> <li>Assessment of each skill with checklists</li> </ul>

Pervaginal examinations and

Assess woman in

Conduct

Assessment of

237

Labour

Phototherapy

• Infection control protocols in

			the nursery  • Teaching and counseling of parents  • Maintenance of neonatal records		
Family Planning clinic	• Provide nursing care to newborn at risk	Counsel for and provide family welfare services	<ul> <li>Counseling technique</li> <li>Insertion of IUD's</li> <li>Teaching on use of family planning methods</li> <li>Arrange for and Assist with family planning operations</li> <li>Maintenance of records and reports</li> </ul>	<ul> <li>IUD insertion-</li> <li>Observation study – 1</li> <li>Counseling-2</li> <li>Simulation exercise on recording and reporting-1</li> </ul>	Assessment of each skill with checklists     Evaluation of and observation study

- Essential Requirements for registration as midwife
- Antenatal examination- 30
- Conducting normal deliveries in hospital/home/health centre- 20
- Vaginal examination-5
- Episiotomy and suturing-5
- Neonatal resuscitation-5
- Assist with Caesarean Section-2
- Withness/Assist abnormal deliveries- 5
- Postnatal cases nursed in hospital home / health center-20
- Insertion of IUD-5

Note: All casebooks must be certified by teacher on completion of essential requirements

### INTERNSHIP OBSTETRICAL NURSING

**Internship duration - 5** Week

Area	Duration (in week)	- · · J · · · · · · · ·	Skills	Assignments	Assessment methods
Labour ward	2	• Provide comprehensive care to mothers and neonates	Integrated practice	Completion of other essential requirements     Case book recordings	Assess clinical performance with rating scale     Completion of case book recordings
Neonatal intensive care unit NICU	1				
ANTENATAL	2				

### (3440) NURSING RESEARCH AND STATISTICS

Theory - 75 Marks Internal Assessment - 25 Marks

Total - 100 Marks Duration - 3 Hrs.

Nursing Research & Statistics-Nursing Research should be of 50 marks and Statistics of 25 marks.

Placement: Third Year

**Course Description:** The course is designed to enable students to develop an understanding of basic concepts of research, research process and statistics. It is further, structured to conduct / participate in need based research studies in various settings and utilize the research findings to provide quality nursing care. The hour for practical will be utilized for conducting individual / group research project.

Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
I	4	• Describe the concept of research, terms, need and areas of research in nursing.	Research and research process  Introduction and need for nursing research	<ul> <li>Lecture Discussion</li> <li>Narrate steps of research process followed from examples of published studies</li> </ul>	<ul><li>Short answer</li><li>Objective type</li></ul>

		Explain the steps of research process.	<ul> <li>Definition of research &amp; Nursing research</li> <li>Steps of scientific method</li> <li>Characteristics of good research</li> <li>Steps of research process overview</li> </ul>		
II	3	Identify and state the research problem and objectives	Research Problem / Question     Identification of problem area     Problem statement     Criteria of a good research problem.     Writing objectives	Lecture discussion     Exercise on writing statement of problem and objectives	<ul><li>Short answer</li><li>Objective type</li></ul>
III	3	Review the related literature	Review of Literature  • Location  • Sources  • Online search  • CINHAL, COCHRANE etc.  • Purposes  • Method of review	<ul> <li>Lecture discussion</li> <li>Exercise on reviewing one research report / article for a selected research problem</li> <li>Prepare annotated bibliography</li> </ul>	<ul><li>Short answer</li><li>Objective type</li></ul>
IV	4	Describe the research approaches and designs	Research approaches and designs  • Historical, survey and experimental  • Qualitative and Quantitative designs	Lecture discussion     Explain types of research approaches used from examples of published and unpublished research studies with rationale	<ul><li>Short answer</li><li>Objective type</li></ul>

V	8	Explain the sampling process     Describe the methods of data collection	Sampling and data collection  Definition of population, sample, sampling criteria, factors influencing sampling process, types of sampling techniques  Data-why, what, from whom, when and where to collect.  Data collection methods and instruments  Methods of data collection  Questioning, interviewing  Observations, record analysis and measurement  Types of instruments  Validity & Reliability of the instrument  Pilot study  Data collection procedure	Lecture discussion     Reading assignment on examples of data collection tools.     Presentation of sample data collection tool.     Conduct group research project	Short answer     Objective type
VI	4	Analyze, Interpret and summarize the research data	Analysis of data  • Compilation, Tabulation, classification, summarization, presentation, interpretation of data	Lecture Discussion     Preparation of sample tables	Short answer     Objective type
VII	15	Explain the use of statistics, scales of measurement and	Introduction of Statistics  • Definition, use of statistics, scale of measurement	Lecture Discussion     Practice on graphical presentations	Short answer     Objective     type

		graphical presentation of data.  • Describe the measures of central tendency and variability and methods of correlation	<ul> <li>Frequency distribution and graphical presentation of data</li> <li>Mean, Median, Mode, Standard deviation</li> <li>Normal Probability and tests of significance</li> <li>Co-efficient of correlation</li> <li>Statistical packages and its application</li> </ul>	Practice on computation of measures of central tendency, variability & correlation	
VIII	4	Communicate and utilize the research findings	Communication and utilization of Research  Communication of research findings  Verbal report  Writing research report  Writing scientific article / paper  Critical review of published research  Utilization of research findings	<ul> <li>Lecture Discussion</li> <li>Read / Presentation of a sample published / unpublished research report.</li> <li>Writing group research project</li> </ul>	<ul> <li>Short answer</li> <li>Objective type</li> <li>Oral presentation assessment of group research project.</li> </ul>

Fourth Basic B.Sc. (Nursing) **NURS. RES. STATS.-III** 

Third Year Basic B.Sc Nursing (Main)
Examination Month Year
NURSING RESEARCH AND STATISTICS

Time: Three Hours Paper IV

**Maximum Marks: 75** 

Q.No2 Q.No.1 Short Essay type (Attempt any seven out of nine) 5x7=35Long Essay type (Attempt any two out of three) 10x2=202x10=20

Q.No.3 Short Answer type (10)

Fourth Basic B.Sc. (Nursing) 3440 Third Year Bas

NUR. RES. STATS. - III

Third Year Basic B.sc Nursing (Main)
Examination Month Year
NURSING RESEARCH AND STATISTICS

Paper IVI Time: Three Hours Maximum Marks: 75

C is compulsory)

(a) Define nursing research, Explain steps of scientific method.

ong essays (Attempt any Two.

(b) What is population? Enlist types of sampling techniques and describe data collection method(c) Calculate mean, mode and median.

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Short essays (Attempt any Seven)

Qualitative and quantitative designs

Scale of measurement

Validity and reliability of the Instruments

Graphical presentation of data

Criteria of good research problem

Writing Research report

labulation

**Short answer** 

### MIDWIFERY AND OBSTETRICAL NURSING - PRACTICAL

Theory - 75 Marks Internal Assessment - 25 Marks

Practical - 50 Marks Internal Assessment - 50 Marks

Total - 200 Marks
Duration - 3 Hrs. (Theory)

Placement - Fourth Year

Standard deviation

Abstract

Source of review Random sampling Open ended

Correlation
Nursing Research
Verbal report
Questioning

**Course Description:** This course is designed for students to appreciate the concept and principles of midwifery and obstetrical nursing. It helps them to acquire knowledge and skills in rendering nursing care to normal and high risk pregnant managing normal and high risk neonates and participate in family welfare programmes.

I	10	Describe the Identification and management of women with high risk pregnancy	High-risk pregnancy- assessment & management • Screening & assessment - ultrasonics, cardiotomography.  NST, CST, non- invasive & invasive.  Newer modalities of diagnosis • high-risk approach • levels of care; primary, secondary and tertiary levels • disorders of pregnancy - hyper-emesis gravidarum,	<ul> <li>Lecture discussion</li> <li>Demonstration using video films, scan reports, pantograph etc.</li> <li>Case discussion/ presentation on</li> <li>Health talk</li> <li>Practice session</li> <li>Counseling session</li> <li>Supervised Clinical practice</li> </ul>	Essay type     Short answers     Objective type     Assessment of skills with check list     Assessment of patient management problems

		Ante-partum haemorrage • Uterine abnormality and displacement	
		<ul> <li>Diseases compication</li> </ul>	
		pregnancy	
		Medical complication	
		pregnancy	
		<ul> <li>infection, RTI (STD), UTI, HIV, TORCH</li> </ul>	
		- Gynecological diseases	
		Pregnancy induced	
		Hypertension & diabetes;	
		Toxemia of pregnancy,	
		hydramnios	
249		Rh incompatibility	
9		Mental disorders	
		<ul> <li>Adolescent pregnancy,</li> </ul>	
		Elderly primi and grand	
		multipara	
		Multiple pregnancy	
		Abnormalities of placenta &	
		cord	
		• Intra-uterine growth-	
		retardation	
		<ul> <li>Nursing management of</li> </ul>	
		mothers with high-risk	
		pregnancy	
		<ul> <li>Maintenance of records and</li> </ul>	
		report	

	II	10	Describe management of abnormal labour, and obstetrical emergencies	Abnormal Labour-     Assessment & Management     Disorders in labour     CPD and contracted pelvis     Malpositions and     malpresentations     premature labour,     disorders of uterine actions-     precipitate labour, prolonged     labour, Complications of third     stage: injuries to birth canal     Obstetrical emergencies and     their management     Presentation and prolepses of     cord, vasa praevia, amniotic     fluid embolism, rupture of     uterus, shoulder dystocia,     obstetrical shock     Obstetrical procedures and     operatios. Induction of     labour, forceps, vacuum     version, manual removal of     placenta, caesarean section,     destructive operations     Nursing management of     women undergoing     Obstetrical operations and     procedures	<ul> <li>Lecture discussion</li> <li>Demonstration</li> <li>Case discussion / presentation</li> <li>Practice session</li> <li>Supervised Clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessment of skills with check list</li> <li>Assessment of patient management problems</li> </ul>
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251	III	4	Describe management of post natal complications	Abnormalities during Postnatal periods  • Assessment and management of woman with postnatal complications  • Puerperial infections; breast engorgement & infections, UTI, Thrombo-Embolic disorders, post-partum haemorrage, Eclampsia and subinvolution Psychological complications: Post partum Depression  - post partum Psychosis  - post partum Blues	<ul> <li>Lecture discussion</li> <li>Demonstration</li> <li>Case discussion/ presentation</li> <li>Supervised clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessment of skills with check list</li> <li>Assessment of patient management problems</li> </ul>
	IV	10	Identify the high risk neonates and their nursing management	<ul> <li>Assessment and management of High risk newborn</li> <li>Admission of neonates in the neonatal intensive care units-protocols</li> <li>Nursing management of:         Low birth weight babies         Infections         Respiratory problems         Haemolytic disorders     </li> </ul>	<ul> <li>Lecture discussion</li> <li>Demonstration</li> <li>Practice session</li> <li>Case discussion/ presentation</li> <li>Supervised Clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessment of skills with check list</li> <li>Assessment of patient management problems</li> </ul>

				Birth injuries Malformations  • Monitoring of high risk neonates  • Feeding of high risk neonates  • Organization and management of neonatal intensive care units  • Infection control in neonatal intensive care units  • Maintenance of reports and records		
[ 252 ]	V	4	Describe indication, dosage action, side effects and nurses responsibilities in the administration of drugs used for mothers	<ul> <li>Pharmaco-therapeutics in obstetricds</li> <li>Indication, dosage, action, contra indication and side effects of drugs</li> <li>Effect of drugs on pregnancy, labour &amp; puerrperium</li> <li>Nursing responsibilities in the administration of drug in obstetrics</li> <li>oxyctocins, antitypertensives, diuretics, tocolytic agents, anti- convulsants.</li> <li>Analgesics and anesthetics in obstetrics</li> </ul>	<ul> <li>Lecture discussion</li> <li>Drug book</li> <li>Drug presentation</li> </ul>	Short answers     Objective type

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				Effects of maternal medication on foetus and neonate		
753	VI	10	Appreciate the importance of Family Welfare Programme     Describe the methods of contraception and role of nurse in family welfare programmes	Family Welfare Programmes  Population trends and problems in India  Concepts, aims, importance and history of family welfare programme  National population dynamics, policy and education  National family welfare programme; RCH, ICDS, MCH safe motherhood  Organization and administration at national, state, district, block and village levels  Methods of contraception spacing, temporay and permanent, Emergency contraception  Infertility and its management  Counseling for family welfare  Latest research in contraception	<ul> <li>Lecture discussion</li> <li>Demonstration</li> <li>Practice session</li> <li>Supervised practice</li> <li>Group project</li> <li>Counseling session</li> <li>Field visits</li> </ul>	Essay type     Short answers     Objective type     Assessment of skills with check list, project and field visits reports

Maintenance of vital statistics     Role of national, international and voluntary organizations     Role of a nurse in family welfare programme     Training / Supervision / Collaboration with other functionaries in community like ANMs, LHVs.     Anganwadi workers, TBAs (Traditional birth attendant-Dai)		
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Fourth Basic B.Sc. (Nursing)

MID. OBS. NURS.-I

Fourth Year Basic B.Sc Nursing (Main)

MIDWIFERY AND OBSTETRICAL NURSING **Examination Month Year** 

Paper I

Time: Three Hours

**Maximum Marks: 75** 

Q.No.1 Long Essay type (Attempt any two out of three) 10x2=20

Q.No2 Short Essay type (Attempt any seven out of nine)5x7=35

Q.No.3 Short Answer type (10)

2x10=20

MODEL PAPER

Fourth Basic B.Sc. (Nursing)

MID. OBS. NURS.-I

MIDWIFERY AND OBSTETRICAL NURSING Fourth Year Basic B.sc Nursing (Main) **Examination Month Year** 

Paper I

**Maximum Marks: 75** Time: Three Hours

Long essays (Attempt any Two)

(a) Enlist the physiological changes during pregnancy.

(b) Define abortion. Enlist type of abortion and explain habitual abortion.

(c) Define puerperium, list out the complication of puerperium. Explain about post partum psychosis.

## Q.No.2. Short essays (Attempt any Seven)

5x7 = 35

- (a) Abruptio placenta
- (b) NST
- (c) Female pelvis
- (d) Adoption
- (e) Puerperal sepsis
- (g) Retained placenta Cord prolapse
- (h) Pre conceptional counselling
- (i) High risk pregnancy

## **Short answers**

2x10=20

- (a) Polyhydramnios
- (b) Involution
- (c) After pain
- (d) Amniocentesis
- (e) Preeclampsia
- (g) Quickening (f) Lightening
- Retraction
- Ectopic pregnancy
- Exclusive breast feeding

### (3620) COMMUNITY HEALTH NURSING - II

Theory - 75 Marks Internal Assessment - 25 Marks Practical - 50 Marks

Internal Assessment - 50 Marks

Total - 200 Marks
Duration - 3 Hrs. (Theory)

### Placement-Fourth Year

**Course Description:** This course is designed for students to practice community health nursing for the individual, family and groups at both urban and rural settings by using concept and principles of health and community health nursing.

Unit	Time (Hrs.)	Learning Objectives	Content	Teaching Learning Activities	Assessment methods
I	4	<ul> <li>Define concept, Scope, principles and historical development of community health and community health nursing</li> <li>Historical development of community health nursing</li> <li>Historical development of community health nursing</li> <li>Community health nursing</li> <li>Pre- independence</li> <li>Post-independence</li> </ul>		Lecture discussion	<ul><li>Essay type</li><li>short Answer</li></ul>
II	Describe health plans     Health planning and policies		<ul><li>Lecture Discussion</li><li>Panel Discussion</li></ul>	<ul><li>Essay type</li><li>Short</li></ul>	

			commissions on health and family welfare Central Council for Health and Family Welfare (CCH and FW) National Population Policy Health problems in India National Health Policy (1983-2002)		
III	15	Describe the system of delivery of community health services in rural and urban areas     List the functions of various levels and their staffing pattern     Explain the components of health services     Describe alternative systems of health promotion and health maintenance     Describe the chain of referral system	Delivery of community health services  • Planning, budgeting and material management of SCs, PHC and CHC  • Rural: Organization, staffing and functions of rural health services provided by government at village  - Subcentre  - Primary health centre  - Community health center/ sub divisional-  - Hospital  - District  - State  - Centre	Lecture discussion     Visits to various health delivery systems     Supervised field practice     Panel discussion	Essay type     Short     answers

				<ul> <li>Allopathy</li> <li>Indian system of Medicine and Homeopathy</li> <li>Alternative health care systems like yoga, meditation, social and spiritual healing etc.</li> <li>Referral system</li> </ul>		
1 260	IV	25	Describe community     Health Nursing     approaches and     concepts     Describe the roles and     responsibilities of     Community health     nursing personnel	Community health nursing approaches, concepts and roles and responsibilities of nursing personnel  Approaches  Nursing theories and nursing process  Epidemiological approach Problem solving approach Evidence based approach Empowering people to care for themselves  Concepts of Primary Health care: Equitable distribution Community participation Focus on prevention Use of appropriate technology Mutli-sectoral approach	<ul> <li>Lecture discussion</li> <li>Demonstration</li> <li>Case discussion/ presentation</li> <li>Simulated practice</li> <li>Supervised Clinical practice</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Objective type</li> <li>Assessment of skills with check list</li> <li>Assessment of patient management problems</li> </ul>

health care

R	oles and Responsibilities of
	Community health nursing
	personnel in
-	Family health services
-	Information Education
	Communication (IEC)
-	Management Information
	System (MIS): Maintenance
	of Records & reports
-	Training and supervision of
	various categories of health
	workers.
-	National Health Programmes
	Environmental sanitation
-	Maternal and child health and
	Family welfare
-	Treatment of Minor ailments
-	School health services
	Occupational health
	Organization of clinics,
	camps: Types, preparation,
	planning, conduct and
	evaluation
-	Waste management in the
	center, clinics etc.
	Home visit: Concept,
	principles, Process,
	Techniques: Bag technique
	home visit

			<ul> <li>Qualities of Community         Health Nurse</li> <li>Job description of         Community health nursing         personnel</li> </ul>		
V	15	Describe and appreciate the activities of community health nurse in assisting individuals and groups to promote and maintain their health	Assisting individuals and groups to promote and maintain their health  • Empowerment for self care of individuals, families and groups in-  A. Assessment of self and family  - Monitoring growth and development  - Mile stones  - Weight measurement  - Social development  - Temperature and Blood pressure monitoring  - Menstrual cycle  - Breast self examination and testicles  - Warning signs of various diseases  - Tests: Urine for sugar and albumin, blood sugar	<ul> <li>Lecture discussion</li> <li>Demonstration</li> <li>Practice session</li> <li>Supervised field practice</li> <li>Individual / group/family</li> <li>Community health education</li> </ul>	• Essay type • Short answers

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	В.	Seek health services for	
	-	Routing check up	
	-	Immunization	
	-	Counseling	
	-	Diagnosis	
	-	Treatment	
	-	Follow up	
	C.	Maintenance of health	
		records for self and	
		family	
	D.	Continue medical care	
		and follow up in	
		community for various	
1		diseases and disabilities	
262	E.	Carry out therapeutic	
		procedures as prescribed	
		/ required for self and	
		family	
	F.	Waste Management	
		Collection and disposing of	
		waste at home and	
		community	
	G.	Sensitize and handle	
		social issues affecting	
		health and development	
		for self and family	
	•	Women Empowerment	
	•	Women and child abuse	
	•	Abuse of elders	

2/1				Female Foeticide     Commercial sex workers     Food adulteration     Substance abuse     H. Utilize community     resources for self and     family     Trauma services     Old age homes     Orphanage     Homes for physically and     mentally challenged     individuals     Homes for destitute		
	VI	20	<ul> <li>Describe community         Health Nursing         approaches and         concepts</li> <li>Describe the roles and         responsibilities of         Community health         nursing personnel</li> </ul>	National health and family welfare programmes and the role of a nurse     National ARI programme     Revised National Tuberculosis Control Programme (RNTCP)     National Anti-Malaria Programme     National Filaria Control Programme     National Guinea Worm Eradication Programme	Lecture discussion     Participation in national health programmes     Field visits	Essay type     Short answers

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1365		6) National Leprosy Eradication Programme 7) National AIDS ControlProgramme 8) STD Control Programme 9) National Programme for Control of Blindness 10) Iodine Deficiency Disorder Programme 11) Expanded Programme on Immunization 12) National Family Welfare Programme - RCH Programme, Historical Development, Organization, Administration, Research Constraints 13) National water supply and sanitation programme 14) Minimum Need Programme 15) National Diabetics Control Programme 16) Polio Eradication: Pulse Polio Programme 17) National Cancer Control Programme	

			(18) Yaws Eradication Programme 19) National Nutritional Anemia Prophylaxis Programme 20) 20 Point Programme 21) ICDS Programme 22) Mid-day meal applied nutritional programme 23) National Mental Health Programme  Health schemes ESI CGHS Health Insurance		
VII	5	Explain the roles and functions of various national and international health agencies	Health Agencies     International – WHO, UNFPA, UNDP, World Bank, FAO, UNICEF, DANIDA, European Commission (EC), Red Cross, USAID, UNESCO, Colombo Plan, ILO, CARE etc.	Lecture discussion     Field visits	Essay type     Short answers

		• National – Indian Red Cross, Indian Council for Child Welfare, Family Planning Association of India (FPAI), Tuberculosis Association of India, Hindu Kusht Nivaran Sangh, Central Social Welfare Board, All India Women's Conference, Blind Association of India ect.		
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### **COMMUNITY HEALTH NURSING – II (PRACTICAL)**

Practical - 50 Marks
Internal Assessment - 50 Marks
Total - 100 Marks

### **Placement-Fourth Year**

**Course Description:** This course is designed for students to practice community health nursing for the individual, family and groups at both urban and rural settings by using concept and principles of health and community health nursing.

Area	Duration (in week)	J	Skills	Assignments	Assessment methods
Communit y Health Nursing	1 wk for urban 4 wk for rural	Identify community profile     Identify prevalent communicable and non-communicable diseases     Diagnosis health needs of individual, families and community     Plan provide and evaluate care	Community health survey     Community diagnosis     Family care: Home adaptation of common procedures     Home visit: Bag technique     Organize and conduct clinics-antenatal, postnatal, well baby clinic camps etc.     Screen manage and referrals for: High risk mother and neonates Accidents and emergencies Illnesses: Physical and Mental Disabilities	<ul> <li>Community survey report-1</li> <li>Family care study -1</li> <li>Project - 1</li> <li>Health talk - 1</li> <li>Case book recording</li> </ul>	Assess clinical performance with rating scale     Evaluation of community survey report, family care study, project and health talk     Completion of activity record.     Completion of case book recording.

• Participate in school Conduct delivery at center / health program home: episiotomy and suturing • Participate in • Resuscitate new born • School Health Programme national health (EA Screen, manage, refer programs Organize group for children) self help and · Collaborate with health and involve clients in allied agencies their own health Train and supervise health activities. workers Provide family • Provide family welfare services welfare services insertion of IUD Counsel and educate • Counsel and teach individual, individual, family family and community about: and community HIV, TB, Diabetes, • Collect vital health Hypertension, Mental Health Adolescents, Elderly's Health, statistics Maintain records & physically and mentally challenged individuals etc. reports • Collect and calculate vital health statistics · Document and maintain Individual, family and administrative records. Write reports- center, disease, national, health programme /

### INTERNSHIP

project

Area	Duration (in week)	Objectives	Skills	Assignments
Urban	4 weeks	Provide comprehensive care to individual, family and community	Integrated Practice and group project — 1 in each rural and urban	performance with rating

**Note:** During the rural posting they should stay in health centers under the supervision of teachers.

# Fourth Basic B.Sc. (Nursing) COMM. HEAL. NURS.II-II

COMMUNITY HEALTH NURSING-II Fourth Year Basic B.Sc Nursing (Main) **Examination Month Year** 

**Maximum Marks: 75** Time: Three Hours Paper II

Q.No2 Q.No.1 Short Essay type (Attempt any seven out of nine)5x7=35Long Essay type (Attempt any two out of three) 10x2=20

Q.No.3

Short Answer type (10)

### MODEL PAPER

Fourth Basic B.Sc. (Nursing COMM. HEAL. NURS. II - II

COMMUNITY HEALTH NURSING - II Fourth Year Basic B.sc Nursing (Main) **Examination Month Year** 

**Maximum Marks: 75** Time: Three Hours Paper II

### Q.No.1. Long essays (Attempt any Two)

(a) Define community health nursing, Discuss historical 10x2 = 20

development of community health nursing.

health, explain Mudliar committee in detail. (b) Enumerate various committees and commissions on

(c) Describe health care delivery system in India.

## Q.No.2. Short essays (Attempt any Seven)

5x7 = 35

- (a) Primary health centre
- (b) MTPact
- (c) Health education
- (d) Female foeticide
- (e) Occupational health hazards
- AYUSH
- (g) Components of health services.
- (h) School health services
- RNTCP

## **Short answers**

2x10=20

- (a) Define health
- (b) Define occupational health
- (c) Name of the drugs under RNTCP
- (d) Concept of home visit
- Warning sign of various disease
- Measurement of BMI
- (g) Function of subcentre
- (h) Phase of home visit
- Define vital statistics
- Population under CHC

### (3630) MANAGEMENT OF NURSING SERVICES AND EDUCATION

Theory - 75 Marks
Internal Assessment - 25 Marks
Total - 100 Marks
Duration - 3 Hrs.

Placement: Fourth Year

**Course Description:** The course is designed to enable students to acquire knowledge of management of clinical and community health nursing services, nursing educational programmes. This is also designed to enable students to acquire understanding of the professional responsibilities, prospects and contribution to the growth of the profession.

Unit	Time (Hrs.)	Pr.	Learning Objectives	Content	Teaching Learning Activities	Evaluation
I	4		Explain the principles and functions of management	<ul> <li>Introduction to management in nursing</li> <li>Definition, concepts and theories</li> <li>Functions of management</li> <li>Principles of management</li> <li>Role of Nurse as a manager</li> </ul>	Lecture Discussion     Explain using     organization chart	Short answer
II	5		Describe the elements and process of management	<ul> <li>Management process</li> <li>Planning; mission, philosophy, objectives, operational plan</li> <li>Staffing: philosophy, staffing study, norms, activities,</li> </ul>	<ul><li>Lecture Discussion</li><li>Simulated Exercises</li><li>Case studies</li></ul>	<ul><li>Essay type</li><li>Short answer</li></ul>

				patients classification systems, scheduling  Human resource management; recruiting, selecting, deployment, retaining, promoting, super annuation etc.  Budgeting: concept, principles, types, cost benefit analysis, audit  Material management: equipment and supplies  Directing process (leading)  Controlling: Quality management  Program Evaluation Review Technique (PERT), Bench marking, Activity Plan (Gantt Chart)		
III	8	2	Describe the management of nursing services in the hospital and community	<ul> <li>Management of nursing services in the hospital and community</li> <li>Planning:</li> <li>Hospital and patient care units including ward management.</li> <li>Emergency and disaster</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Demonstration</li> <li>Stimulated Exercises</li> <li>Case studies</li> <li>Supervised practice in ward-writing indents, preparing duty roaster, ward supervision</li> </ul>	<ul> <li>Essay type</li> <li>Short answers</li> <li>Assessment of problem solving exercise</li> <li>Assessment</li> </ul>

775			management  Human resource management  Recruiting, selecting, deployment, retaining, promoting, superannuation etc.  Categories of nursing personnel including job description of all levels  Patient / population classification systems.  Patients / Population assignment and nursing care responsibilities  Staff development and welfare  Budgeting: proposal, projecting requirements for staff, equipments and supplies for  Hospital and patient care units  Emergency and disaster management  Material Management: procurement, inventory control, auditing and maintenance in	<ul> <li>Assignment on duties and responsibilities of ward sister</li> <li>Writing report</li> </ul>	of the assignments • Performance evaluation by ward sister with rating scale.
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276				units  Emergency and disaster management  Directing and leading delegation, participatory management  Assignments, rotations, delegations  Supervision & guidance  Implement standards, policies, procedures and practices  Staff development and welfare  Maintenance of discipline  Controlling / Evaluation:  Nursing rounds / visits, Nursing protocols, manuals  Quality Assurance model  Records and reports  Performance appraisal			
	IV	5	Describe the concepts, theories and techniques of Organizational behaviors and human relation	<ul> <li>Organizational behaviors and human relations</li> <li>Concepts and theories of organizational behaviors</li> <li>Review of channels of communication</li> </ul>	<ul> <li>Self assessment</li> </ul>	<ul> <li>Essay type</li> <li>Short         <ul> <li>answers</li> </ul> </li> <li>Assessment         <ul> <li>of problem</li> <li>solving</li> </ul> </li> </ul>	

• Hospital and patient care

777					Leadership styles     Review of motivation: concepts and theories     Group dynamics     Techniques of     Communication and     Interpersonal relationship     Human relations     Public relations in context of nursing     Relations with professional associations and employee unions and collective bargaining		
7	V	5	5	Participate in planning and organizing in service education program	<ul> <li>In service education</li> <li>Nature &amp; scope of service education program</li> <li>Organization of inservice education</li> <li>Principles of adult learning</li> <li>Planning for in service education program, techniques, methods &amp; evaluation of staff education program</li> <li>Preparation of report</li> </ul>	<ul> <li>Lecture Discussion</li> <li>Plan &amp; conduct an educational session for in service nursing personnel</li> </ul>	<ul> <li>Short answer</li> <li>Objective type</li> <li>Assess the planning &amp; conduct of the educational session</li> </ul>

<u> </u>	VI	10	Describe manage of nursing education institutions	ement • Management of nursing educational institutions • Establishment of nursing educational institution – INC norms and guidelines • Co-ordination with • Regulatory bodies • Accreditation • Affiliation • Philosophy / objectives • Organization • Structure • Committees • Physical facilities • College / school • Hostel • Students • Selection • Admission • Guidance and counseling • Maintaining discipline • Faculty and staff • Selection • Recruitment • Job description • Placement • Performance appraisal • Development and welfare	Lecture Discussion     Role plays     Counseling session     Group Exercises	Essay type     Short     answers
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				<ul> <li>Budgeting</li> <li>Equipments and supplied: audio visual equipments; laboratory equipment, books, journals etc.</li> <li>Curriculum, planning, implementation and evaluation</li> <li>Clinical facilities.</li> <li>Transport facilities</li> <li>Institutional records and reports administrative, faculty, staff and students</li> </ul>			
279	VII	10	<ul> <li>Describe the ethical and legal responsibilities of a professional nurse.</li> <li>Explain the nursing practice standards</li> </ul>	Nursing as a profession  Nursing as a profession  Philosophy; nursing practice  Aims & objectives  Characteristics of a professional nurse  Regulatory bodies; INC, SNC Acts:- constitution, functions  Current trends and issues in nursing  Professional ethics  Code of ethics; INC, ICN  Code of professional conduct, INC, ICN	<ul> <li>Lecture discussion</li> <li>Case discussion</li> <li>Panel discussion</li> <li>Role plays</li> <li>Critical incident</li> <li>Visit to INC/ SNRCs</li> </ul>	Short answ     Assessmen     of critical     incidents	

			<ul> <li>Practice standards of nursing: INC</li> <li>Consumer protection act</li> <li>Legal aspects in nursing</li> <li>Legal terms related registration and licensing</li> <li>Laws related to nursing practice breach and penalties</li> <li>Malpractice and negligence</li> </ul>	
VIII	3	Explain the various opportunities for professional advancement	Professional advancement:  Continuing education  Career opportunities  Collective bargaining  Membership with professional organization, national and international  Participation in research activities  Publications: Journals, newspapers etc.	Short answers

# Fourth Basic B.Sc. (Nursing) MAN. NURS. SERV. EDUC .- IV

### MANAGEMENT OF NURSING SERVICES AND Fourth Year Basic B.Sc Nursing (Main) **Examination Month Year EDUCATION**

**Maximum Marks: 75** Time: Three Hours Paper III

Q.No2 Q.No.3 Q.No.1 Short Essay type (Attempt any seven out of nine) 5x7=35Short Answer type (10) Long Essay type (Attempt any two out of three) 10x2=20 2x10=20

### MODEL PAPER

# Fourth Basic B.Sc. (Nursing) MAN. NURS. SERV. EDU.-IV

Fourth Year Basic B.sc Nursing (Main) Examination Month Year

### MANAGEMENT OF NURSING SERVICES AND **EDUCATION** Paper III

**Maximum Marks: 75** Time: Three Hours

# Long essays (Attempt any Two)

(a) Define administration and management Describe principles of management.

(b) Define in-service education. Discuss about method and techniques of in-service education

(c) Define nursing as a profession. Discuss about the regulatory bodies in nursing.

### Q.No.2. Short essays (Attempt any Seven)

5x7 = 35

(a) Staff development and welfare

(b) Performance and appraisal

© Leadership

(d) Role of nurse as a manager

(e) Recruitment process

(f) Public relation in nursing

(g) Collective bargaining

(h) Organisational behaviour

Group dynamics

### Q.No.3. **Short answers**

2x10=20

(a) Continuing education

(b) Job responsibilities of staff nurse

(c) Scientific management theory

(d) Concepts of management

(e) Decision making

Delegation

(g) Co ordination

Disaster management

Discipline in nursing

Records and reports

# RULES FOR THE AWARD OF GRACE MARKS FOR Basic B.Sc. NURSING EXAMINATIONS.

1. A students who obtains the required minimum pass marks in the total aggregate but fails to obtain the minimum pass marks in one subject in theory and / or practical as the case may be, will be awarded the grace marks upto a maximum of 05 marks according to the following scale, provided the candidate passes the examination by award of such grace marks:

For 1 to 6 marks above the minimum aggregate = 2 grace marks
For 7 to 12 marks above the minimum aggregate = 3 grace marks
For 13 to 18 marks above the minimum aggregate = 4 grace
marks
For 19 and above the minimum aggregate = 5 grace marks

2. No grace marks would be awarded to a candidate who appears in part /supplementary/remanded examination.

- 3. A candidate who passes in a paper /practical or the aggregate by the award of grace marks will be deemed to have obtained the necessary minimum for a pass in that paper/practical or in the aggregate and shown in the marks sheet to have passed by grace. Grace marks will not be added to the marks obtained by a candidate from the examiners.
- 4. If a candidate passes the examination but misses First or Second Division by one mark, his aggregate will be raised by one marks so as to entitle him for the first or second division, as the case may be. This one mark will be added to the paper in which he gets the least marks and also in the aggregate by showing +1 in the tabulation register below the marks actually obtained by the candidate. The marks entered in the marks-sheet will be inclusive of one grace mark and it will not be shown separately.
- 5. Non appearance of a candidate in any paper will make him ineligible for grace marks. The place of a passed candidate in the examination list will, however, be determined by the aggregate marks he secures from the examiners.
- 6. Distinction won in any subject at the examination is not to be forfeited on the score that a candidate has secured grace marks to pass the examination.

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